

# Lowry Fitness Center Matthew T. Doyle Natatorium

**409-643-5984**

1900 5th Avenue North  
Texas City, Texas 77590

*Achieving Total Wellness for Life*

## Hours of Operation

### Recreation Center

Monday - Friday: 6:00am - 9:00pm  
Saturday: 9:00am - 6:00pm  
Sunday: 2:00pm - 6:00pm

### Aquatics Center

Monday - Friday: 6:00am - 8:00pm  
Saturday: 9:00am - 5:00pm  
Sunday: 2:00pm - 5:00pm

*(separate youth hours apply)*

City of Texas City  
Recreation & Tourism Department



### General Building Rules & Regulations

- Upon entering the facility, all members are required to scan their membership cards at the front desk for admittance.
- All members must wear or carry their membership card throughout the facility. Proper identification must be produced upon request.
- All Youth members (14 & under) must be accompanied by a parent or guardian (18 & up) at all times throughout the facility, excluding gymnasiums.
- All members under the age of 18 must adhere to the following hours:  
September—May, Monday—Friday, 3:00—9:00pm  
June—August, Monday—Friday, 1:00—9:00pm  
Year Around, Saturday 9:00am—6:00pm, Sunday 2:00—6:00pm
- Staff instructed programs have first priority in facility use. Hours and schedules are subject to change without notice.
- All personal belongings must be kept in a locker. The City of Texas City is not responsible for lost or stolen items.
- Shirts and appropriate footwear (closed toe, rubber sole) must be worn in all areas of the facility, excluding pools and locker rooms.
- Misusing/vandalizing equipment, loud/foul language, and badgering/harassing is strictly prohibited throughout the facility.
- No tobacco products or outside food allowed.
- All members are responsible for following all posted rules, signs and notices.

### Weight & Cardio Room Rules

- All members must be 15 years and older to enter the weight or cardio areas. Youth members are strictly prohibited. Use of equipment is reserved for Adult members only.
- Equipment must be wiped down after each use.
- Slamming the weights is strictly prohibited.
- No sitting on weight equipment between reps.

### Aerobic Class Rules

- Aerobic classes are reserved for Adult Aerobic members only (15 & up).
- Spectators are not allowed.
- Classes are subject to change according to attendance or public response.

### Matthew T. Doyle Natatorium & Lowry Fitness Pool Rules

- The Matthew T. Doyle Natatorium is strictly reserved for competition, lap swim & special instruction. The Lowry Fitness Pool is strictly reserved for water aerobics, lap swim, special instruction and designated family swim time. Family Swim Time takes place in the Lowry Pool Friday 5:00—8:00pm, Saturday 9:00am—5:00pm, and Sunday 2:00—5:00pm.
- Pools will be closed to the public during city sponsored events and programs.
- During thunder and lightning storms, the Lowry Fitness Pool will be closed.

### Gymnasium Rules

- Gyms are reserved for walking only Monday—Friday, 6:00—9:00am
- Rubber soled athletic shoes and shirts are required.
- Dunking or hanging on the basketball rims is strictly prohibited.
- No full court play at any time except during league play.
- No personal basketballs permitted.

### Sauna Rules

- Sauna use is reserved for Adult members only.
- Members should consult a physician before using.
- A towel is required during use for hygiene purposes.
- Use is limited to 15 minutes.

### Racquetball Court Rules

- Court may be reserved for one hour only and no more than one time per day. Reservations can be made through the front desk attendant.
- If players are 15 minutes late, the court may be given to other players.

## Catering to the Community with our Full Service Fitness Facility

### Amenities

- Weight room with Cybex plate-loaded machines, free weight area & cables
- Cardio room equipped with treadmills, ellipticals, recumbent bikes & arc trainers
- Large aerobic room with wood floors, mirrors & additional equipment
- Indoor Cycling room containing 25 new Star Trac Spinner Pros
- An eight lane, 25 yard Natatorium with four additional warm-up lanes and



- a diving well. (depth 3.5—14 feet)
- One 25 yard, three lane heated activity pool (depth 4—5.5 feet)
- Full locker rooms with showers & dressing area located in the fitness center & Natatorium
- Men & Women's Saunas
- Two full court basketball gyms
- Lounge space
- Racquetball court
- Six lighted tennis courts
- Friendly & knowledgeable staff available to assist you within the facility



*We have something for everyone*

## Membership Rates & Fees

Annual Membership Type	Resident	Non Resident
<b>Basic Adult (ages 15-54)</b> <small>*Includes use of weight/cardio, gymnasiums &amp; sauna</small>	<b>\$75.00</b>	<b>\$150.00</b>
Pool Upgrade	+\$25.00	+\$25.00
Aerobic Upgrade	+\$60.00	+\$60.00
Racquetball Upgrade	+\$95.00	+\$105.00
<b>Basic Senior (ages 55+)</b> <small>*Includes use of weight/cardio, gymnasiums &amp; sauna</small>	<b>\$40.00</b>	<b>\$150.00</b>
Pool Upgrade	+\$10.00	+\$25.00
Aerobic Upgrade	+\$30.00	+\$30.00
Racquetball Upgrade	+\$30.00	+\$75.00
<b>Basic Youth (ages 14 &amp; under)</b> <small>*Includes use of Natatorium, Lowry Pool &amp; gymnasiums</small>	<b>\$50.00</b>	<b>\$55.00</b>
Racquetball Upgrade	+\$20.00	+\$60.00
<b>Annual Family Membership</b> (includes two adult memberships ages 15+ and two youth memberships ages 14 and under)		<b>Resident ONLY</b>
<b>Basic/Pool Family</b>	<b>\$250.00</b>	
Racquetball Upgrade	+\$450.00	
Each additional youth member	+\$40.00	
<b>Daily Guest Use</b>		<b>Fees</b>
<b>Basic (rates apply to all ages)</b>	<b>\$6.00</b>	
Pool Upgrade	+\$2.00	
Aerobic Upgrade	+\$6.00	
Racquetball Upgrade	+\$5.75	
<b>Additional</b>		<b>Fees</b>
Annual Locker Rental	\$56.25	
Daily Locker Rental (no personal locks allowed)	\$0.25	
Replacement Membership Cards	\$9.25	

**ALL FEES ARE NON-REFUNDABLE & NON-TRANSFERABLE**