



Resolution to Promote County Employee Health

A RESOLUTION OF THE BURNET COUNTY COMMISSIONERS COURT SUPPORTING A HEALTHIER COUNTY WORKFORCE

WHEREAS:

- The health and well-being of county employees directly affect the quality, efficiency, and continuity of public services;
- Healthy employees experience fewer illnesses, lower absenteeism, improved morale, and increased productivity;
- Chronic diseases such as heart disease, diabetes, obesity, and mental health conditions are among the leading drivers of healthcare costs;
- The Commissioners Court recognizes that promoting wellness benefits employees, their families, and the residents of Burnet County;
- Investing in prevention and healthy lifestyles can reduce long-term healthcare expenditures while improving quality of life.

NOW, THEREFORE, BE IT RESOLVED THAT:

The Commissioners Court of Burnet County hereby commits to promoting a culture of health by:

1. Encouraging physical activity through workplace wellness opportunities.
2. Supporting preventive healthcare, including annual wellness exams and recommended screenings.
3. Promoting mental health awareness and access to available employee assistance resources.
4. Encouraging healthy food options at county meetings and facilities when practical.
5. Supporting tobacco-free and smoke-free county workplaces in accordance with applicable laws.
6. Encouraging departments to participate in wellness challenges and educational programs.
7. Working with the county's health insurance provider to identify wellness initiatives that may improve employee health and reduce healthcare costs.
8. Reviewing wellness program outcomes annually and considering opportunities for continued improvement.

BE IT FURTHER RESOLVED:

That the Commissioners Court encourages collaboration among county departments, local healthcare providers, schools, businesses, and community organizations to improve the overall health of county residents.

BE IT FURTHER RESOLVED:

That this resolution becomes effective immediately upon adoption. Adopted this 25th day of August, 2026.

Bryan Wilson
Burnet County Judge

Jim Luther, Jr.
Commissioner Precinct 1

Damon Beierle
Commissioner Precinct 2

Chad Collier
Commissioner Precinct 3

Joe Don Dockery
Commissioner Precinct 4