

Choosing Safer Activities

Accessible link: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/participate-in-activities.html>

			Unvaccinated People	Examples of Activities	Fully Vaccinated People
				Outdoor	
Safest				Walk, run, wheelchair roll, or bike outdoors with members of your household	
				Attend a small, outdoor gathering with fully vaccinated family and friends	
				Attend a small, outdoor gathering with fully vaccinated and unvaccinated people	
Less Safe				Dine at an outdoor restaurant with friends from multiple households	
Least Safe				Attend a crowded, outdoor event, like a live performance, parade, or sports event	
				Indoor	
Less Safe				Visit a barber or hair salon	
				Go to an uncrowded, indoor shopping center or museum	
				Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households	
Least Safe				Go to an indoor movie theater	
				Attend a full-capacity worship service	
				Sing in an indoor chorus	
				Eat at an indoor restaurant or bar	
				Participate in an indoor, high intensity exercise class	

Get a COVID-19 vaccine



Prevention measures not needed



Take prevention measures

Wear a mask, stay 6 feet apart, and wash your hands.

- Safety levels assume the recommended prevention measures are followed, both by the individual and the venue (if applicable).
- CDC cannot provide the specific risk level for every activity in every community. It is important to consider your own personal situation and the risk to you, your family, and your community before venturing out.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)