

DTA Calendar June 2021



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Additional information on Barnes Family Services Activity Options:

Activity Name	Activity Description
 ABILITY360 	Exercise/ Swimming (Heated Pool) Fee \$4.50 <i>Please ensure waiver is signed if participant wishes to attend)</i> Barnes Family Services now offer participants the opportunity to attend Ability360 Sports & Fitness universally-designed (accessible) Center. The Sports Center is one of two centers in the U.S. that is specifically designed for individuals with disabilities, and the only center of its kind in the Western United States. It features two full-size sport courts, an indoor suspended track, 35-foot rock climbing wall, fitness center/weight room, group fitness room and <u>an aquatic center</u>. The sport courts can accommodate basketball; sit volleyball, power soccer, quad rugby, wheelchair lacrosse and other team sports. The spacious fitness center features accessible equipment which allows users to simply pull up to the machine to utilize its benefits.
 TOP GOLF	Top Golf is located at 1689 S San Tan Village Pkwy, Gilbert, AZ 85298. (480)240-1285. Fun for All Skill Levels No golf experience required When it comes to the game itself, players hit micro-chipped golf balls that track each shot's accuracy and distance while awarding points for hitting targets on the outfield. Whether you're an aspiring golf pro or picking up a club for the first time, Top golf is everyone's game. It's fun. It's competitive. And it's a unique way to entertain corporate clients and colleagues in a very non-corporate setting. Top Golf has roof top decks for golfing, arcade, music and food.
ALAMO THEATER	Movie/Arcade/Bowl Tuesday Movie Fee \$6.50 Alamo of Chandler is located at 4955 S Arizona Avenue, Chandler AZ 85248. (520)213-8139. The Alamo of Chandler is a new modern movie theater that is handicapped accessible. They have leather recliner chairs and a full service restaurant service.

If you require further information, please do not hesitate to call the DTA Supervisor Miss Q at 480-258-3562

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Please circle all preferred daily activities on June calendar & return one copy of calendar to the DTA Supervisor.

Monday	Tuesday	Wednesday	Thursday	Friday
JUNE 5 NATIONAL EVENTS DAYS 6/1/21 National Day of Parents 6/4/21 National Doughnut Day 6/12/21 Flag Day 6/16/21 National Fudge Day 6/20/21 Father's Day 6/20/21 National Ugly Dog Day 2/26/21 National Chocolate Pudding	1. Morning Exercise Class YOGA CLASS/U-TUBE VIDEO Afternoon Activities VETERANS OASIS PARK STAY BACK GRP/CARD GAMES Late Afternoon Activities Activities of Daily Living Skills/Goals	2. Morning Exercise Class ZUMBA DANCE CLASS/U-TUBE VIDEO Afternoon Activities Pictionary GAME/TEAMS WITH LEADERS COBBLE STONE/ARBY'S ROOTBEER FLOAT \$1 Late Afternoon Activities Activities of Daily Living Skills/Goals	3. Morning Exercise Class SPEED WALK 15 LAPS AT DTA Afternoon Activities CHANDLER MALL/SHOP/LUNCH \$12.00 STAY BACK GRP/ARTS & CRAFTS Late Afternoon Activities Activities of Daily Living Skills/Goals	4. Morning Exercise Class NATURE WALK OUTDOORS 20 MINUTES Afternoon Activities PAMPER ME DAY AT DTA (NAILS, HAIR, MAKE-UP, FACIALS, MESSAGE) Shopping at COSTCO Hot Dogs or Pizza Plus Drink & Desert \$5.00
7. Morning Exercise Class DISNEY TUNE EXERCISE/UTUBE VIDEO Afternoon Activities BASIC MATH CURRENCY SKILLS (IDENTIFY/SORT/ADD - COINS/BILLS) Food Activity at DTA FRESH FRUIT/GRANOLA/YOGURT \$4.00	8. Morning Exercise Class WALKING AWAY THE POUNDS VIDEO Afternoon Activities CHANDLER ALAMO THEATER FEE \$8.50 CRUELLA 11:15AM (134 MIN) PG 13 STAY BACK GROUP/BOARD GAMES Late Afternoon Activities Activities of Daily Living Skills/Goals	9. Morning Exercise Class TAE KWON DO VIDEO/U-TUBE Afternoon Activities COBBLE STONE WASH/DQ ICE CREAM \$5 STAY BACK GROUP/PICTIONARY GAME Late Afternoon Activities Activities of Daily Living Skills/Goals	10. Morning Exercise Class 20 MINUTE NATURE WALK OUTSIDE Afternoon Activities CHANDLER LIBRARY/BOOKS/CAFE STAY BACK/LEGOS OR PUZZLES Late Afternoon Activities Activities of Daily Living Skills/Goals	11. Morning Exercise Class ZUMBA 101 DANCE MOVES DVD Afternoon Activities REDBOX MOVIE RENTAL/POPCORN/DRINK \$2.00 Cooking Class at DTA GROUND BEEF & CHEESE TACO SALAD \$7.00 Small Group will go grocery shopping at FRY'S
14. Morning Exercise Class 20 MINUTE NATURE WALK OUTSIDE Afternoon Activities SPELLING BEE/REPTILE WORDS Food Activity at DTA MAKE ICE CREAM SANDWICHES \$3.00 2 COOKIES/VANILLA ICE CREAM	15. Morning Exercise Class OBSTACLE COURSE AT DTA Afternoon Activities TIE DYE SOAP MAKING KITS \$4.00 STAY BACK GROUP/PET THERAPY MAZEY Late Afternoon Activities Activities of Daily Living Skills/Goals	16. Morning Exercise Class BASIC YOGA STRETCHES/MEDITATION Afternoon Activities CRYSTAL SPRINGS WASH/CIRCLE K DRINK \$2 STAY BACK/DRAW, COLOR or PAINT Late Afternoon Activities Activities of Daily Living Skills/Goals	17. Morning Exercise Class DISNEY MUSIC MOVES/U-TUBE VIDEO Afternoon Activities BOOKMANS & DOLLAR TREE STORE STAY BACK GROUP/KAREOKE DAY! Late Afternoon Activities Activities of Daily Living Skills/Goals	18. Morning Exercise Class COUNTRY ZUMBA DANCE CLASS/DVD VIDEO Afternoon Activities FATHERS DAY GIFT/ART PROJECT FEE \$10.00 MICHAELS STORE/PERLER MELTY BEADS CRAFT KIT Cooking Class at DTA SUB SANDWICHE/POTATO SALAD \$7.00 Small Group will go grocery shopping at FRY'S
21. Morning Exercise Class BASIC YOGA STRETCHES CLASS/MATS Afternoon Activities BASIC MATH SKILLS (ADD, SUB, DIV, MULT) Food Activity at DTA BAKED PRETZLE WITH CHEESE \$4.00	22. Morning Exercise Class SPEED WALK 15 LAPS AROUND DTA Afternoon Activities RUBIO'S LUNCH SPECIAL \$7.50+TAX (INCLUDES BURRITO/CHIPS/DRINK) Late Afternoon Activities Activities of Daily Living Skills/Goals	23. Morning Exercise Class 30 MINUTE NATURE WALK OUTDOORS Afternoon Activities COBBLE STONE/WENDYS FROSTY \$3 STAY BACK GROUP/MUSICAL CHAIRS GAME Late Afternoon Activities Activities of Daily Living Skills/Goals	24. Morning Exercise Class BILLY BLANKS DANCE MOVES Afternoon Activity SCOTSDALE MUSEUM CONTEMPORARY ART STAY BACK GROUP/BINGO GAMES Late Afternoon Activities Activities of Daily Living Skills/Goals	25. Morning Exercise Class CHICKEN DANCE/MARCARENA/ELECTRIC SLIDE Afternoon Activities REDBOX MOVIE RENTAL/POPCORN/DRINK FEE \$2.00 Cooking Class at DTA PORK STIR FRY WITH VEGGIES FEE \$7.00 Small Group will go grocery shopping at FRY'S
28. Morning Exercise Class POWER WALK 15 LAPS AROUND DTA Afternoon Activities SPELLING BEE/MAMMAL WORDS Food Activity at DTA A & W ROOTBEER FLOAT \$3.00	29. Morning Exercise Class NATURE WALK OUTDOORS 20 MINUTES Afternoon Activities GILBERT BOWLERA SHOES/GAME \$11.00 STAY BACK GROUP/BOARD GAMES Late Afternoon Activities Activities of Daily Living Skills/Goals	30. Morning Exercise Class ZUMBA DANCE CLASS/U-TUBE VIDEO Afternoon Activities COBBLE STONE/MCDONALDS SUNDAE \$4 STAY BACK GROUP/FACT OR CRAP GAME Late Afternoon Activities Activities of Daily Living Skills/Goals	JUNE BIRTHDAY'S MICHAEL G 6/29/2021 GEMINI- JUNE 1 st - JUNE 20 th 2021. CANCER-JUNE 21 st - JUNE 30 th , 2021.	At BFS DTA Program, Staff's and Members who did not get vaccinated will continue to wear face masks. Everyone will continue to social distance and wash hands throughout the course of the day. We will maintain a clean and safe work environment to prevent and control the spread of Covid-19 Virus. Three times a week, members can venture out into community or choose to stay back at day program. Members and Staff's have met, discussed and agreed upon all of these fun activities on June Calendar.

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