

Current Budget through 12/31/2015		Annual	PEPM	Annual	PEPM
ECA Wellness Consulting Fee (Elite Program)		\$62,418.00	\$4.36		
Dedicated Wellness Consultant					
Marketing Material					
On-Site Early Detection Screening Coordination					
Screening Program Follow-Up					
Wellness Education					
Screening Reminder Campaign					
Lifestyle Modification Challenges					
Individual Wellness Branding					
Integration of Wearables and Online Program Platform					
Incentives Management					
Nurse Consultations and Coaching					
40% Participation					
Basic Screenings (Vendor Charge) - HRA 470 participants		\$6,000.00			
Wearables/FITBIT Portal (Basic Annual Fee)		\$10,000.00			
(Low Risk) FITBIT Incentives (32% or 121 employees)		\$2,662.00			
(Moderate Risk) FITBIT Incentives (52% or 319 employees)		\$17,545.00			
Nurse Consultations (4 telephonic)		\$8,280.00			
(High Risk) FITBIT Incentives (16% or 30 employees)		\$1,650.00			
Nurse Consultations (2 on-site, 2 telephonic)		\$4,675.00			
Healthwaves per diem (hotel, food, mileage)		\$1,695.00			
CCT Average Number of Covered Employees 1180		\$52,507.00	\$3.71		
With Consulting		\$144,547.00	\$10.21		
90% Participation					
Basic Screenings (Vendor Charge) - HRA 1062 participants		\$6,000.00			
Wearables/FITBIT Portal (Basic Annual Fee)		\$10,000.00			
(Low Risk) FITBIT Incentives (32% or 340 employees)		\$18,700.00			
(Moderate Risk) FITBIT Incentives (52% or 552 employees)		\$30,360.00			
Nurse Consultations (4 telephonic)		\$44,160.00			
(High Risk) FITBIT Incentives (16% or 170 employees)		\$9,350.00			
Nurse Consultations (2 on-site, 2 telephonic)		\$22,100.00			
Healthwaves per diem (hotel, food, mileage)		\$1,695.00			
CCT Average Number of Covered Employees 1180		\$142,365.00	\$10.05		
With Consulting		\$234,405.00	\$16.55		

Humana Wellness	Humana Vitality
Web and Telephonic Coaching which includes Weight Management, tobacco Cessation, Stress Management, Health Eating, Physical Activity, Cholesterol Management, Blood Pressure Management, Blood Sugar (Glucose) Management, Back Care and Preventative Care	
Designated Implementation and account manager (including quarterly onsite meetings)	
Health Risk Assessment (HRA)	
Maintenance of the web portal and content	
Incentive design, management and fulfillment (Vitality Rewards)	
Cost of rewards provided by the Humana Vitality Jackpot	
Standard electronic communication materials, including pre-launch materials	
Call center administration and management	
Standard employee and employer reporting	
Support for the Humana Vitality Champ program	
Data feeds accommodating eligibility and partner network fitness center	
Broad suite of online health improvement programs including calculators, campaigns, conversions and courses	
Downloadable self-submitted activity forms available for submission of all preventive activities	
Onsite employee education trainer days to support program launch	
CCT Average Number of employees 1180 & estimated 250 spouses*	
*Dependent children age 18 and under there is no charge. Will need estimate for children above 18 through age 25	
	\$59,373.60
	\$3.46

Humana Optional Services
Biometric Screening Cost \$50 - \$60 per participant or with a vendor of choice
Humana Vitality <u>cannot</u> accommodate customized communications for clients with less than 3,000 employees
Additional fees apply for customized materials, printing and mailing
Custom reporting can be provided for \$150 per hour