

Recommendation:

Approve Amendment 1 to contract CTR050594 (Health Start Program) between the Arizona Department of Health Services and Cochise Health & Social Services for the period of one year from 7/1/2021 through 7/5/2022 in the annual amount of \$353,000.00. This contract was originally approved by the Cochise County Board of Supervisors on September 29, 2020. This amendment extends the contract to the 2nd of 5 permissible grant extensions

Background (Brief):

CHSS has received the Health Start grant for over 30 years which allows us to promote healthy births and healthy families among Cochise County residents. The Health Start Program serves pregnant women and families with children under age two. The purpose is to reduce pregnancy and post-partum risks through a community health worker model where trained community members act as a guide and mentor using an evidence-based curriculum called “Partners for a Healthy Baby” to support and educate parents about how to raise healthy children. Pregnant women and parents receive guidance and information including what to expect during pregnancy, breastfeeding education and support, nutrition for children and pregnant women, screening for child development, activities to support healthy development and home health and safety. 2020 was the first year Health Start offers expanded programming to include the Maternal Health Innovation project, which provides education on reducing risks for maternal morbidity and mortality to women, families and community organizations serving this population.

According to 2010 Census data there are approximately 3,000 families in Cochise County with children under age two. The Health Start Program, utilizing 6 staff positions, serves approximately 250 families annually, providing an average of 1,500-2,000 intervention visits annually, in large and small communities in every area of Cochise County.

Fiscal Impact & Funding Sources:

This is a grant-funded, fixed-price program from the Arizona Department of Health Services in the annual amount of \$353,000.

This supports salary, ERE’s and expenses for 6 staff positions to provide the above described services for 250 families.

Next Steps/Action Items/Follow-up: Your approvals are respectfully requested.

Impact of Not Approving:

Not approving this grant will cause the cessation of this value-added program to at-risk pregnant women and children under age two in Cochise County.