

## SECTION 1: *COCHISE COUNTY* PROJECT NARRATIVE (Limited to 1 page)

**Problem statement:** In spite of support provided through the ADHS Opioid Prevention projects (SOR & OD2A) since the Opioid Epidemic was declared in 2017, Cochise County still has gaps in knowledge, awareness and implementation of a variety of prevention-based strategies and linkages to care. Overdose fatalities in Cochise County have increased steadily since 2017 (25-2018, 30-2019, 45-2020). Many health care professionals, especially in private practice, are not observing the AZ RX Prescribing Practices outlined in the toolkit; the CSPMP is not being used consistently to coordinate prescriptions and/or referral for pain management; local law enforcement, EMS and Emergency Departments have improved in implementing education, training and field use of naloxone but it is still not pervasive; there is no comprehensive plan or program for distributing Narcan kits to the public (only a handful of individuals on a personal mission currently do this in their small communities) and we still do not have a comprehensive single-source venue for dissemination of information about and resources for addressing the harms related to opioid misuse.

Year 3 grant funding will continue to support Cochise County's expanded prevention-based strategies in the professional community and enhanced linkages to care for justice-involved individuals reentering the community, and will also support data collection, analysis, and reporting of localized trends in opioid use disorders in order to sustain alignment with public health best practices after grant funding ends.

1. **Current Capacity:** *Specify the current capacity in this area.*

Cochise County currently has one Public Health Social Worker to provide behavioral health support within the county jail system, as well as linkage to care for discharged individuals with a reentry plan. The Cochise Addiction Recovery Program (CARP), a substance abuse prevention consortium made up of local professionals from a variety of disciplines including hospital health care, primary health care, behavioral health care, law enforcement, the local legal system, public health, and grassroots community efforts, continues active efforts to provide increased access and support for the identification, treatment and recovery of addiction, and to improve the health and safety of our community. There are six behavioral health agencies providing out-patient services in Cochise County, and less than 50 inpatient treatment beds for all mental health issues including substance abuse.

2. **Outcomes:** *Define the expected outcomes that align to resolving the problem or closing the gaps.*

*The outcomes should define what changes or improvements will occur to the public health/healthcare systems or to the community such as awareness, knowledge, attitudes, skills, opinion, behavior, policies, and health improvement. Ideally, outcomes should link to planned activities, quantify the targeted change, and include an estimated timeline for achieving the change.*

Outcomes and start/end dates are outlined below in Section 2: Workplan.

3. **Planned activities:** *List the intermediate activities recipients will undertake, including tasks, estimated start, and end dates that will lead to the associated outcome and contribute to resolving the identified issue or problems. Recipients can insert as many planned activities as needed.*

Activities, tasks and start/end dates are outlined below in Section 2: Workplan.

4. **Proposed outputs:** *List the proposed outputs that will be produced as a result of the planned activities, such as a plan, a training curriculum, or a tracking system database.*

Outputs and start/end dates are outlined below in Section 2: Workplan.

**SECTION 2: WORK PLAN**

**Strategy 5: Integration of State and Local Prevention and Response Efforts**

<b>Activity 5.1: Establishment of MOU's that demonstrate collaboration and yield actionable products for prevention efforts.</b>				
	<b>Description</b>	<b>Responsible Party</b>	<b>Start</b>	<b>End</b>
Sub Act. 5.1.1	Promote the Arizona RX Misuse and Abuse Initiative Toolkit	TBH Program Coordinator	9/1/2021	8/31/2022
Sub Act. 5.1.2	Increase public awareness related to harms associated with opioid misuse through collaboration with CARP and County PIO (videos, social media and educational materials)	TBH Program Coordinator	9/1/2021	8/31/2022
Sub Act. 5.1.3	Participate in C.A.R.P. to facilitate community partnerships and establish MOUs	TBH Program Coordinator	9/1/2021	8/31/2022

**For the above Strategy, list your anticipated short-term, intermediate, and long-term outcomes**

<b>Short-Term Outcomes/Outputs</b>	<b>Intermediate-Term Outcomes</b>	<b>Long-Term Outcomes</b>
MOUs to show provider attention to the AZ RX Toolkit	Increased provider awareness of best provider practices	Reduced overdoses and overdose fatalities
Social media campaign on opioid misuse harms	Increased public awareness of opioid misuse harms	Reduced overdoses and overdose fatalities
CARP agenda items & membership	Increased professional involvement in these strategies & activities	Reduced overdoses and overdose fatalities

<b>Activity 5.2: Provide support to organizations and individuals in order to enhance opportunities for distributing and destigmatizing naloxone kits to the public.</b>				
	<b>Description</b>	<b>Responsible Party</b>	<b>Start</b>	<b>End</b>
Sub Act. 5.2.1	Identify liaisons who are qualified to provide education to community providers on naloxone use	Program Coordinator	9/1/2021	8/31/2022
Sub Act. 5.2.2	Provide training/education to law enforcement, first responders, and healthcare professionals on how to respond to opioid overdose using naloxone	Program Coordinator	9/1/2021	8/31/2022
Sub Act. 5.2.3	Collaborate with local agencies and organizations to expand distribution of Narcan kits to the public	Program Coordinator	9/1/2021	8/31/2022

**For the above Strategy, list your anticipated short-term, intermediate, and long-term outcomes**

<b>Short-Term Outcomes/Outputs</b>	<b>Intermediate-Term Outcomes</b>	<b>Long-Term Outcomes</b>
MOU with Sonoran Prevention Works for training	Quarterly training for LE, 1 <sup>st</sup> RSP & HCPs re: opioid overdose & narcan	Reduced overdoses and overdose fatalities
Quarterly training for LE, 1 <sup>st</sup> RSP & HCPs re: opioid overdose & Narcan	Increased professional use of Narcan during OD crises	Reduced overdoses and overdose fatalities
Increased # of individual distributors in Cochise County	Increased public/individual distribution of Narcan kits	Reduced overdoses and overdose fatalities

**SOR Activity 5.3: Establish and implement an overdose fatality review team to address all Cochise County overdose fatalities. *SOR FUNDED***

	Description	Responsible Party	Start	End
Sub Act. 5.3.1	Compile cases for review to include requesting all records and creating case narrative summaries for all fatalities	Prevention Services Director	9/30/2021	9/29/2022
Sub Act. 5.3.2	Conduct OFR meetings, with identified members, in a time frame to enable review of all fatalities in the calendar year	Prevention Services Director	9/30/2021	9/29/2022
Sub Act. 5.3.3	Collect and analyze data from OFR reviews and comply with all ADHS OVIP requests and requirements for quarterly/annual reporting of outcomes, trends and prevention recommendations	Prevention Services Director	9/30/2021	9/29/2022

For the above Strategy, list your anticipated short-term, intermediate, and long-term outcomes

Short-Term Outcomes/Outputs	Intermediate-Term Outcomes	Long-Term Outcomes
Prevention recommendations exist for Cochise County	Professionals are able to revise practice policies & interventions	Reduced overdoses and overdose fatalities

**Strategy 6: Establish Linkages to Care**

**Activity 6.1: Provide local lists/information on area service providers and current evidence-based treatment space and capacity.**

	Description	Responsible Party	Start	End
Sub Act. 6.1.1	Update local lists and compile info into one list/flyer/brochure/card/etc	Program Coordinator	9/1/2021	8/31/2022
Sub Act. 6.1.2	Add all info to the dashboard (see Activity 7.2) and publicize to the community	Program Coordinator	9/1/2021	8/31/2022
Sub Act. 6.1.3	Develop a regular process or structure for reporting and updating dashboard information	Program Coordinator	9/1/2021	8/31/2022

For the above Strategy, list your anticipated short-term, intermediate, and long-term outcomes

Short-Term Outcomes/Outputs	Intermediate-Term Outcomes	Long-Term Outcomes
Resources are compiled and located in a central venue (dashboard)	Professionals and public have greater access to resource information	Increased access to services and treatment

**Activity 6.2: Partner with community-based organizations to increase transportation access and availability of peer support and linkages to care services provided to justice-involved individuals.**

	Description	Responsible Party	Start	End
Sub Act. 6.2.1	Create a Scope Of Work for linkage to care access - transportation and peer (navigation) services, create a contract and issue for bidding	Program Coordinator	9/1/2021	8/31/2022

Sub Act. 6.2.2	Manage the awarded contract for Peer Navigation & Transportation services and integrate with Activity 6.3.3	Program Coordinator	9/1/2021	8/31/2022
Sub Act. 6.2.3	Support PHSW to integrate referral-based peer navigation and transportation services for individuals leaving correctional facilities as part of their reentry plan to support continuum of care	Program Coordinator	9/1/2021	8/31/2022

**For the above Strategy, list your anticipated short-term, intermediate, and long-term outcomes**

Short-Term Outcomes/Outputs	Intermediate-Term Outcomes	Long-Term Outcomes
Reentry navigation services for discharged inmates	Discharged inmates successful completion of reentry plan	Reduced overdoses and overdose fatalities
Transportation services for discharged inmates	Discharged inmates successful completion of reentry plan	Reduced overdoses and overdose fatalities

**SOR Activity 6.3: Partner with local agencies/organizations to establish protocols and procedures guiding the process for linking justice-involved post overdose and/or individuals at risk for overdose to the appropriate follow-up treatment and support services. *SOR FUNDED***

	Description	Responsible Party	Start	End
Sub Act. 6.3.1	PHSW located at County Jail to established protocols to assess and link patients to appropriate treatment and support services	Public Health Social Workr	9/30/2021	9/29/2022
Sub Act. 6.3.2	PHSW to identify barriers and problematic areas impacting linkage with partner agencies and organizations providing treatment and support services	Public Health Social Workr	9/30/2021	9/29/2022
Sub Act. 6.3.3	PHSW to offer/establish a re-entry plan for justice-involved individuals including connection with contracted Peer Navigation and Transportation services	Public Health Social Workr	9/30/2021	9/29/2022
Sub Act. 6.3.4	PHSW to analyze trends and gaps impacting those individuals at risk for overdose and provide monthly reporting and a compile annual report	Public Health Social Workr	9/30/2021	9/29/2022

**For the above Strategy, list your anticipated short-term, intermediate, and long-term outcomes**

Short-Term Outcomes/Outputs	Intermediate-Term Outcomes	Long-Term Outcomes
Assessment and reentry planning is offered to all substance-involved inmates	More substance-involved inmates are connected with assessment and linkages to care for reentry	More substance-involved inmates are released with a reentry plan
Barriers are identified and begin to be addressed	Barriers to care for reentry begin to be modified or eliminated	Discharged inmates' reentry plans are more successful
All reentry-eligible inmates are able to access a smooth transition into the community	Reentry individuals are able to complete more tasks in their reentry plan ongoing	Discharged inmates' reentry plans are more successful
Report of trends/gaps exists and is available to the public	Human services, health care and behavioral health organizations are able to make changes in service provision policies/procedures	Linkages to care for reentry operate more smoothly & efficiently for justice-involved individuals

**Strategy 7: Providers and Health Support System Support**

<b>Activity 7.1: Encourage local EDs to establish protocols and policies to guide referrals and linkages to care for persons who have experienced overdose.</b>				
	<b>Description</b>	<b>Responsible Party</b>	<b>Start</b>	<b>End</b>
Sub Act. 7.1.1	Implement promising overdose reduction strategies in EDs, such as buprenorphine induction	Program Coordinator	9/1/2021	8/31/2022
Sub Act. 7.1.2	Support efforts to reduce barriers to Narcan distribution as part of ED discharge for overdose patients	Program Coordinator	9/1/2021	8/31/2022
Sub Act. 7.1.3	Partner with Sonoran Prevention Works to locate/connect Peer Support with health care and treatment providers in Cochise County	Program Coordinator	9/1/2021	8/31/2022

**For the above Strategy, list your anticipated short-term, intermediate, and long-term outcomes**

<b>Short-Term Outcomes/Outputs</b>	<b>Intermediate-Term Outcomes</b>	<b>Long-Term Outcomes</b>
All EDs complete MOUs to include buprenorphine induction, d/c with Narcan and peer support connection in ED	More overdoses are treated with buprenorphine induction and more Narcan is available for public use in the community	Reduced overdose fatalities

<b>Activity 7.2: Collaborate with community partners to develop dashboards, reports, and other materials for provider and community feedback on local trends related to opioid misuse.</b>				
	<b>Description</b>	<b>Responsible Party</b>	<b>Start</b>	<b>End</b>
Sub Act. 7.2.1	Using MySidewalk, set up a public-facing dashboard focusing on local data on substance use/abuse/overdose, availability of local resources including treatment, access to education and distribution of naloxone and safe, effective prescribing practices.	Program Coordinator	9/1/2021	8/31/2022
Sub Act. 7.2.2	Collect Community data from all sources for 7.2.1 information and create ongoing protocols for continued reporting to keep the dashboard updated	Program Coordinator	9/1/2021	8/31/2022
Sub Act. 7.2.3	Advertise the dashboard to the community - public and professionals - as the premiere site for updated information to support individual, policy and systems changes for overdose prevention	Program Coordinator	9/1/2021	8/31/2022

**For the above Strategy, list your anticipated short-term, intermediate, and long-term outcomes**

<b>Short-Term Outcomes/Outputs</b>	<b>Intermediate-Term Outcomes</b>	<b>Long-Term Outcomes</b>
The Dashboard provides a single, comprehensive venue for information on resources and best practices on opioid misuse harms prevention	The public and professionals alike have increased awareness, education and access to resources to prevent overdoses	Reduced overdoses and overdose fatalities

**SECTION 3: BUDGET NARRATIVE**

<b>FY 19 Itemized Budget</b>	
<b>LINE ITEM</b>	<b>AMOUNT</b>
<b>A. Salaries and Wages</b>	\$45,000.00
<b>B. Fringe Benefits</b>	\$16,000.00
<b>C. Consultant Costs</b>	\$0.00
<b>D. Equipment</b>	\$0.00
<b>E. Supplies</b>	\$4,400.00
<b>F. Travel</b>	\$2,000.00
<b>G. Other Categories</b>	\$3,000.00
<b>H. Contractual</b>	\$200,000.00
<b>I. Total Direct Costs</b>	\$270,400.00
<b>J. Total Indirect Costs</b>	\$3,050.00
<b>TOTAL</b>	<b>\$273,450.00</b>

**JUSTIFICATION**

*Please write a detailed budget narrative justifying estimated program costs by line item. Please explain how the costs associated with each line item relate to the implementation of the project as outlined in the work plan. Please identify the name (if known), position and FTE of each staff member that will be funded through this grant opportunity.*

**STAFFING**

**Program Coordinator** – *To Be Hired* - **100% OD2A** – Grant management, integration with SOR-funded activities 5.3 and 6.3, and implementation of all other OD2A activities

**Prevention Services Director** - *Judith Gilligan* – **35% SOR** – Overdose Fatality Review Team (Activity 5.3)

**Public Health Social Worker** - *Tanya Fennell* – **100% SOR** – Linkages To Care for Reentry (Activity 6.3)

**BUDGET JUSTIFICATION**

A. Salaries/Wages: *100% of 1 FTE Program Coordinator @ \$45,000 annual salary*

B. Fringe: *Calculated at 20.45% of Salary plus \$7,000 annual for health insurance*

C. Consultant: *No consultants will be used*

D. Equipment: *No equipment is needed; equipment was previously purchased in Year 2*

E. Supplies: *Cell phone & office supplies for Program Coordinator, training & education materials for Naloxone distribution, support for distribution of AZ RX Toolkit, etc ...*

F. Travel: *In-county by Program Coordinator for community partner meetings to establish linkages to care, distribution of naloxone and AZ RX Toolkit, connections for peer support, peer navigation and transportation and data collection for the dashboard*

G. Other Categories: *Support for data collection & analysis for Dashboard; support for linkages to care*

H. Contractual: *Peer Navigation/Transportation Contract (funded 80% by OD2A & 20% by SOR)*

**Cochise Health & Social Services  
Arizona State Opioid Response (SOR) II Grant  
Work Plan, Budget Narrative and Justification  
09/30/2021-09/29/2022  
FAIN H79TI083320**

**A. Contractual:**

**COSTS FOR CONTRACTS MUST BE BROKEN DOWN IN DETAIL AND A NARRATIVE JUSTIFICATION PROVIDED.**

**F-1) Short Project Description: Drug Overdose Death Review Teams**

Arizona is building the local capacity for counties to develop drug overdose death review teams. Overdose death review teams bring together community agencies in a formal process to systematically share information on the death event and to identify risk factors in those deaths.

*Less than 10 deaths=\$10,000 11-25 deaths=\$25,000 26-or greater deaths=\$50,000*

<b>Cochise County Budget - OFR</b>	
<b>Proposed Project:</b> Support for team to review overdose deaths in Cochise County and input data into the state database.	
Line Item	Total
Personnel – 35% of 1 FTE Prevention Services Director @ \$65,000 salary	\$22,750
Fringe – 32% of fringe calculated @ 20.45% of salary, plus 32% of \$7,000 HlthIns	\$2,250
<b>Total</b>	<b>\$25,000</b>

**JUSTIFICATION:**

The Arizona Department of Health Services will work with county health departments to build capacity/systems to address drug misuse and abuse within their community by setting up a county drug overdose review team.

**WORKPLAN:**

<b>Activity 5.3: Establish and implement an overdose fatality review team to address all Cochise County overdose fatalities.</b>				
	Description	Responsible Party	Start	End
Sub Act. 5.3.1	Compile cases for review to include requesting all records and creating case narrative summaries for all fatalities	Prevention Services Director	9/30/2021	9/29/2022
Sub Act. 5.3.2	Conduct OFR meetings, with identified members, in a time frame to enable review of all fatalities in the calendar year	Prevention Services Director	9/30/2021	9/29/2022
Sub Act. 5.3.3	Collect and analyze data from OFR reviews and comply with all ADHS OVIP requests and requirements for quarterly/annual reporting of outcomes, trends and prevention recommendations	Prevention Services Director	9/30/2021	9/29/2022

**F-2) Short Project Description: County Case Management Funding**

Support county health department projects that started under a CDC Co-op Agreement (funded December 2018 thru September 1, 2019). Three counties will focus on providing supports using community health workers, case management, first responders and peer navigators to high risk populations in an effort to improve linkages to care. Contractual agreements between ADHS & the Counties will include all federal grant language, allowable language in accordance with SAAM, Uniform Guidance, and specific grant information will be communicated to the Counties. In addition, media & advertising campaigns must end at the end of the grant period.

<b>Cochise County Budget - CM</b>	
<b>Proposed Project:</b> Working with local EMS and Non-profits to provide a link in the community after individuals are discharged from the detention center. Project is still on-going.	
Line Item	Total
<b>Personnel</b> – 100% of 1 FTE Public Health Social Worker @ \$75,000 salary	\$75,000
<b>Fringe Benefits</b> - Calculated at 20.45% of Salary plus \$7,000 annual for health insurance plus 70% of Fringe for OFR position	\$29,440
<b>Travel</b> – In county for PHSW travel to partner meetings to set up linkages to care for reentry plans	\$2,000
<b>Supplies &amp; Materials</b> - Cell phone & office supplies for PHSW; other supplies and materials to support reentry plan activities (ex: bus passes ...)	\$3,358
<b>Equipment</b> - None	\$0
<b>Other</b> - Professional development activities for opioid prevention and public health intervention training for staff working this program	\$6,000
<b>Contractual</b> - Contracted peer navigation for and transportation to / from treatment support and recovery services (funded 20% by SOR and 80% by OD2A)	\$50,000
<b>Indirect</b> – Calculated at 5% of Personnel + Fringe (combined OFR & CM budgets)	\$6,472
<b>Total</b>	<b>\$172,270</b>

**WORKPLAN:**

<b>Activity 6.3: Partner with local agencies/organizations to establish protocols and procedures guiding the process for linking justice-involved post overdose and/or individuals at risk for overdose to the appropriate follow-up treatment and support services.</b>				
	Description	Responsible Party	Start	End
Sub Act. 6.3.1	PHSW located at County Jail to established protocols to assess and link patients to appropriate treatment and support services	Public Health Social Workr	9/30/2021	9/29/2022
Sub Act. 6.3.2	PHSW to identify barriers and problematic areas impacting linkage with partner agencies and organizations providing treatment and support services	Public Health Social Workr	9/30/2021	9/29/2022
Sub Act. 6.3.3	PHSW to offer/establish a re-entry plan for justice-involved individuals including connection with contracted Peer Navigation and Transportation services	Public Health Social Workr	9/30/2021	9/29/2022
Sub Act. 6.3.4	PHSW to analyze trends and gaps impacting those individuals at risk for overdose and provide monthly reporting and a compile annual report	Public Health Social Workr	9/30/2021	9/29/2022