

A Collaboration with the Arizona
Department of Education

Project Arizona Bright Futures Program



Project Arizona Bright Futures

The Project Arizona Bright Futures Program is designed to support states with suicide prevention and early intervention strategies in schools, educational institutions, juvenile justice systems, substance use programs, mental health programs, foster care systems, pediatric health programs, and other child and youth serving organizations. The target demographic is up to age 26.

Program Goals

Increase Recognition & Responses

Expand the number of youth, school staff, organizations, and community partners who can:

- Recognize warning signs of suicide
- Identify at-risk youth
- Safely escort youth to appropriate service providers for further support

Increase Awareness of Suicide in Youth

Raise awareness among schools, parents, and community members that suicidal thoughts can exist in any environment.

- Emphasize that—regardless of intensity—suicide remains a real and prevalent issue among youth and must be addressed openly and proactively.

Improve Continuity of Care

Strengthen systems that ensure consistent care coordination and follow-up for youth identified as at-risk.

- This includes youth who have been discharged from emergency departments or inpatient psychiatric facilities, ensuring they are connected to ongoing support and services.

Arizona Project
Bright Futures
Coordinator

Work in collaboration with Arizona Department of Education and Department of Health to develop Suicide curriculum and protocol for youth in the state of Arizona

Deliver awareness and prevention trainings to county schools and community organizations

Train school staff to deliver programming and ensure sustainability

Develop trainers, collect and report data

Program Accomplishments

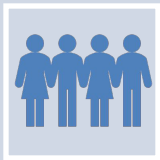


Increased Suicide Alertness

Delivered four suicide prevention trainings across:

- Benson High School (students)
- Valley Union High School (students & staff)
- Elfrida Elementary School (staff)
- Cochise County Sheriff's Office (Detention Health Services)

36 students and 46 adults successfully trained in safeTALK and suicide alertness.



Increased Awareness

Identified a clear need to increase suicide prevention awareness.

Strengthened connections between schools and local service providers to ensure youth have access to appropriate support and resources.



Improved Capacity

Formed the Suicide Prevention Task Force, enhancing local coordination and collaboration.

Developed a dedicated facilitation team currently being trained in:

Columbia-Suicide Severity Rating Scale (C-SSRS), Signs of Suicide (SOS), safeTALK, and Sandy Hook Promise – Reduction of Access to Lethal Means

Upcoming Events

safeTALK
 21 November
 23 January
 25 February
 17 April

ASIST
 18-19 December
 6-7 January Sheriff's Office
 (Detention Health Services)
 5-6 March

