

*Office of the Mayor  
City of El Mirage*

*Proclamation*

**Men's Health Month  
June 2022**

**WHEREAS**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**WHEREAS**, men who are educated about the value that preventive health care can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

**WHEREAS**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS**, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS**, the citizens of El Mirage are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups; and

**NOW, THEREFORE**, I, Alexis Hermosillo, Mayor of the City of El Mirage, do hereby proclaim June 2022 as Men's Health Month and encourage all our citizens to pursue preventative health practices and early detection efforts.

**IN WITNESS THEREOF**, I, Alexis Hermosillo, have hereunto set my hand and cause the Seal of the City of El Mirage to be affixed this 7<sup>th</sup> day of June 2022.

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Alexis Hermosillo, Mayor

