



City of El Mirage Proclamation July as Park and Recreation Month



WHEREAS parks and recreation are an integral part of communities throughout this country, including the City of El Mirage; and

WHEREAS parks and recreation promote health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS parks and recreation promote time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and

WHEREAS parks and recreation encourage physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS parks and recreation are a leading provider of healthy meals, nutrition services and education; and

WHEREAS park and recreation programming and education activities, such as out- of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS parks and recreation increase a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS parks and recreation are fundamental to the environmental well-being of our community; and

WHEREAS parks and recreation are essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors,

NOW, THEREFORE, I, Alexis Hermosillo, Mayor of the City of El Mirage do hereby proclaim and recognize the month of July as PARKS AND RECREATION MONTH and encourage all citizens and businesses to participate and promote active and healthy lifestyles through participation in parks and recreation activities and services; and educate themselves on the many and varied benefits of our valuable local parks and recreation system.

Given under my hand and Seal of the City of El Mirage, Arizona this 2nd day of July 2024.

Alexis A. Hermosillo, Mayor