

PROCLAMATION

NATIONAL SUICIDE AWARENESS AND PREVENTION MONTH SEPTEMBER 2026

WHEREAS, September is National Suicide Prevention Month, in which mental health advocates, prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness, raise awareness of rising suicide rates, and work together to reduce the stigma surrounding mental health; and

WHEREAS, suicide is one of the leading causes of death in the United States, with more than 49,300 people who died by suicide in 2024, which is 1 death every 11 minutes by suicide; and

WHEREAS, according to the Centers for Disease Control and Prevention (CDC), in 2024, the prevalence of suicide thoughts and attempts across all age groups was highest among adults aged 18-25 years old, demonstrating the importance of mental health services for this age group; and

WHEREAS, suicidal thoughts can affect anyone regardless of age, gender, race, orientation, income level, religion, profession, or background, and it is crucial to recognize that mental health challenges are universal; and

WHEREAS, the City of El Mirage publicly supports those who work in the fields of mental health, crisis services, education, and public safety, recognizing their crucial role in suicide prevention and mental health advocacy; and

WHEREAS, we encourage all residents of El Mirage to educate themselves on mental health awareness and support one another through life's challenges, and to seek help from a friend, trusted adults, or lifeline resources to get help during difficult moments.

NOW, THEREFORE, I, Alexis Hermosillo, Mayor of El Mirage, do hereby proclaim the month of September 2026 as **National Suicide Prevention Month** in the City of El Mirage and encourage all citizens to support the efforts of organizations that provide education, outreach, and support in the fight against suicide.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of El Mirage to be affixed on the 1st day of September 2026.



Alexis A. Hermosillo
Mayor