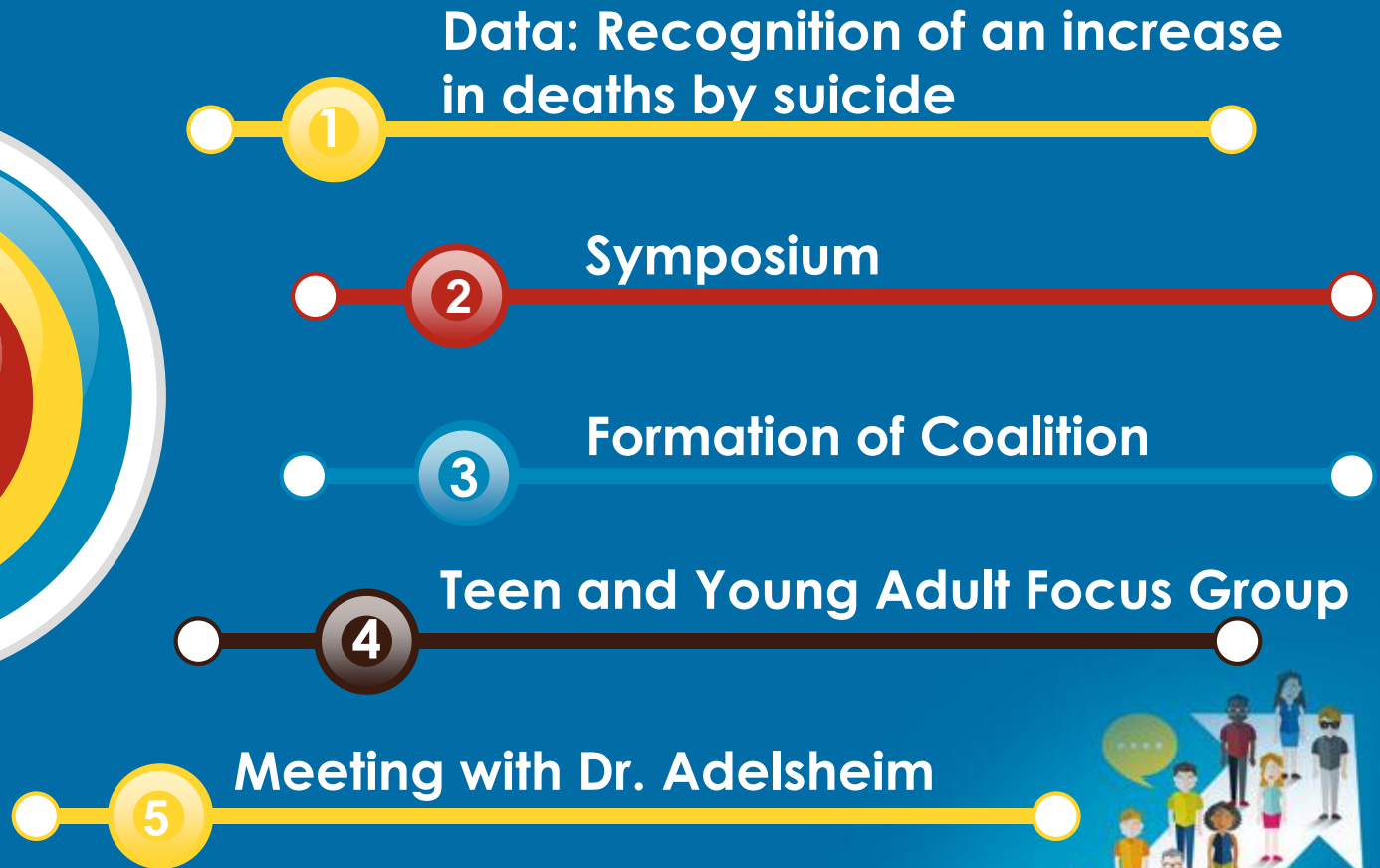


Stronger as One Coalition

Increasing knowledge, empathy, and action related to mental health and wellbeing



History of the Coalition



Stronger as One Symposium

Mental Wellbeing for All

Stronger as One

Make your voice part of the collaborative conversation on mental well-being at the STRONGER AS ONE Symposium.

October 11, 2018

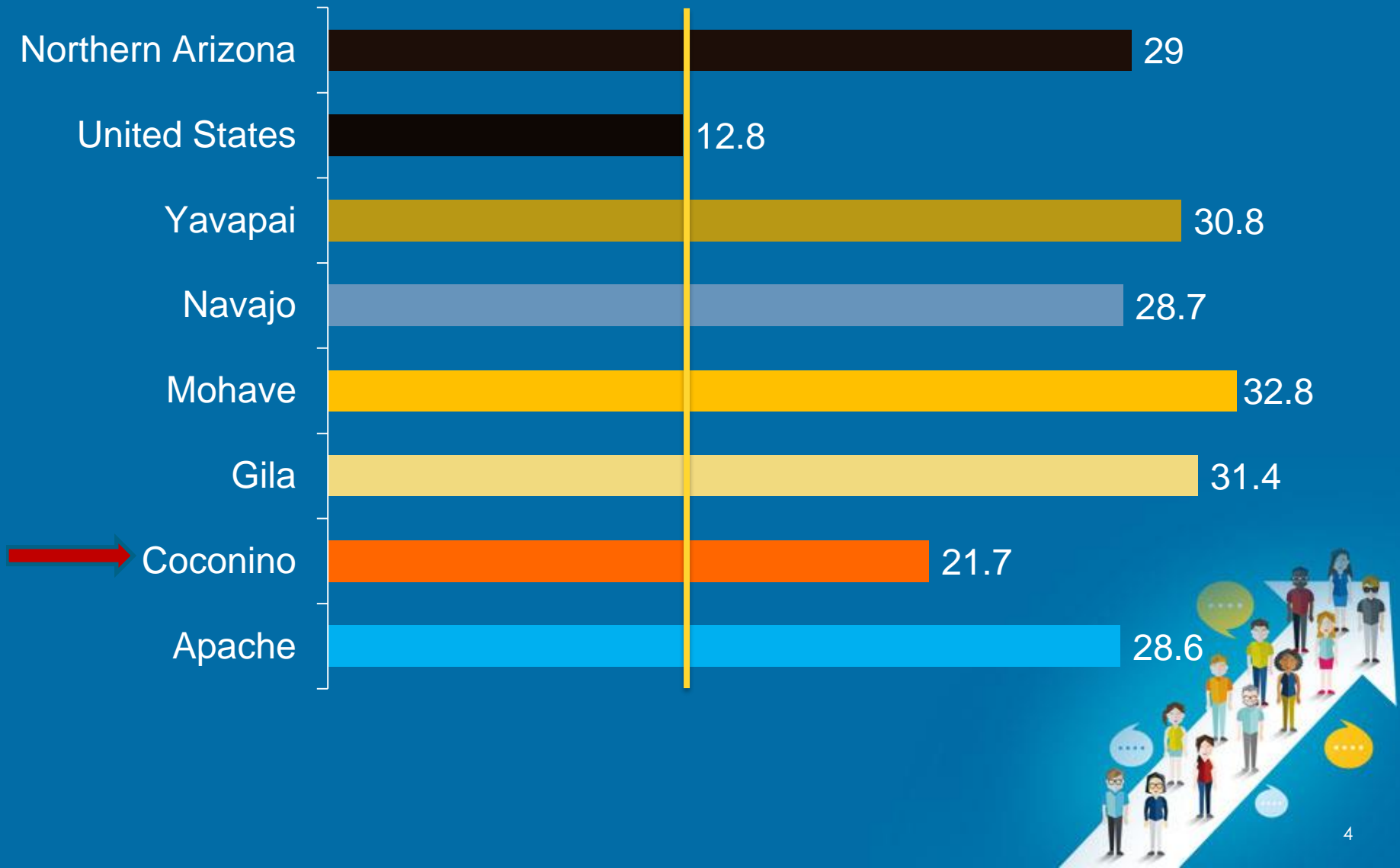
9 a.m. – 2:30 p.m.

High Country Conference Center
201 W Butler Avenue – Flagstaff, Arizona



Northern Arizona
Healthcare Foundation

Age-Adjusted Suicide Rate 2011-2015 by County



Suicide is the 4th Leading Cause of Death in Coconino County & 10th in the U.S

United States

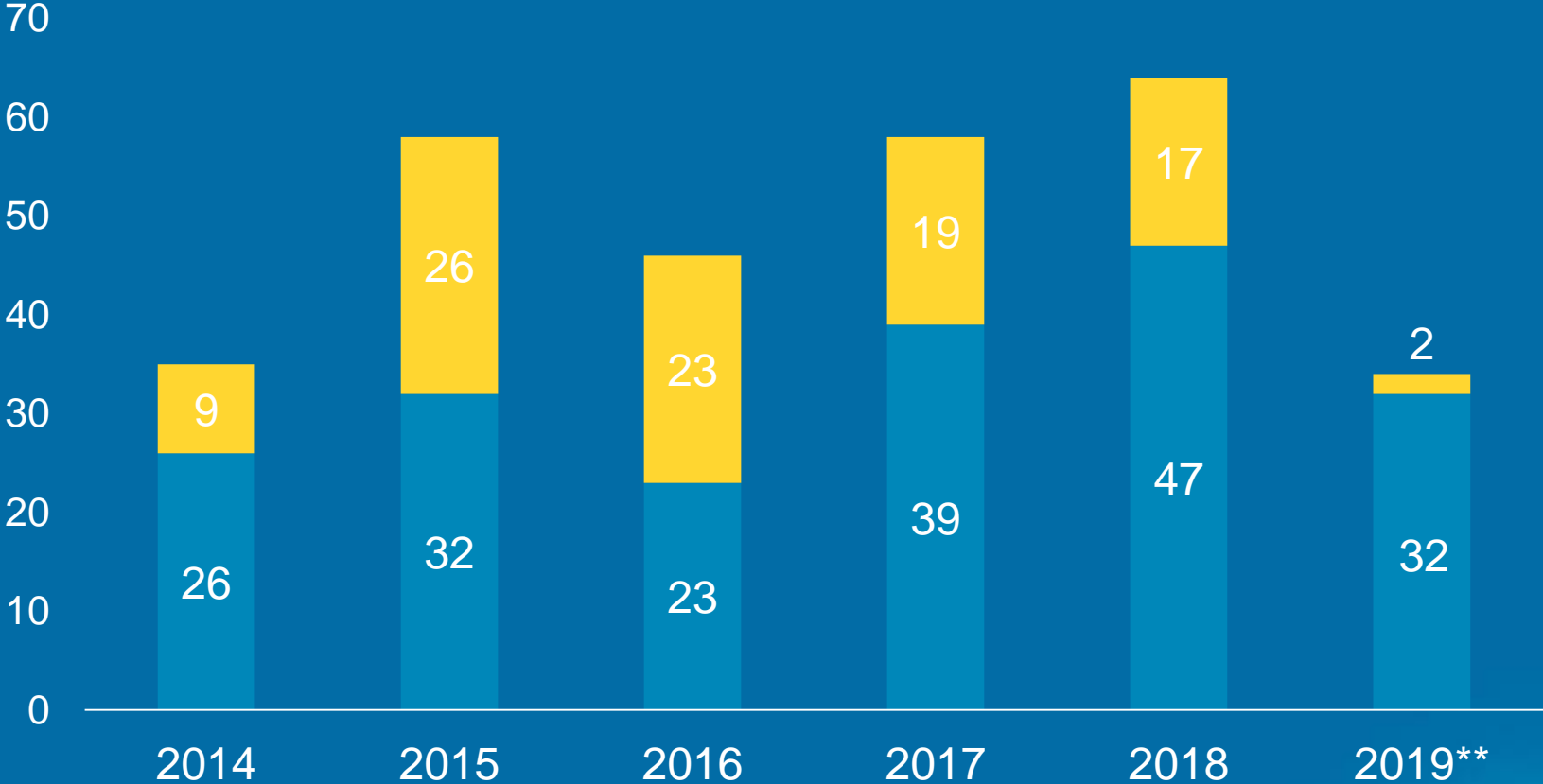
1. Heart Disease
2. Cancer
3. Accidents
4. Chronic Lower Respiratory Disease
5. Stroke
6. Alzheimer's Disease
7. Diabetes
8. Influenza/Pneumonia
9. Kidney Disease
10. **Suicide**

Coconino County

1. Cancer
2. Heart Disease
3. Accidents
4. **Suicide**
5. Liver Disease/Cirrhosis
6. Chronic Lower Respiratory Disease
7. Stroke
8. Alzheimer's Disease
9. Diabetes
10. Influenza/Pneumonia



Residence of Deaths by Suicide

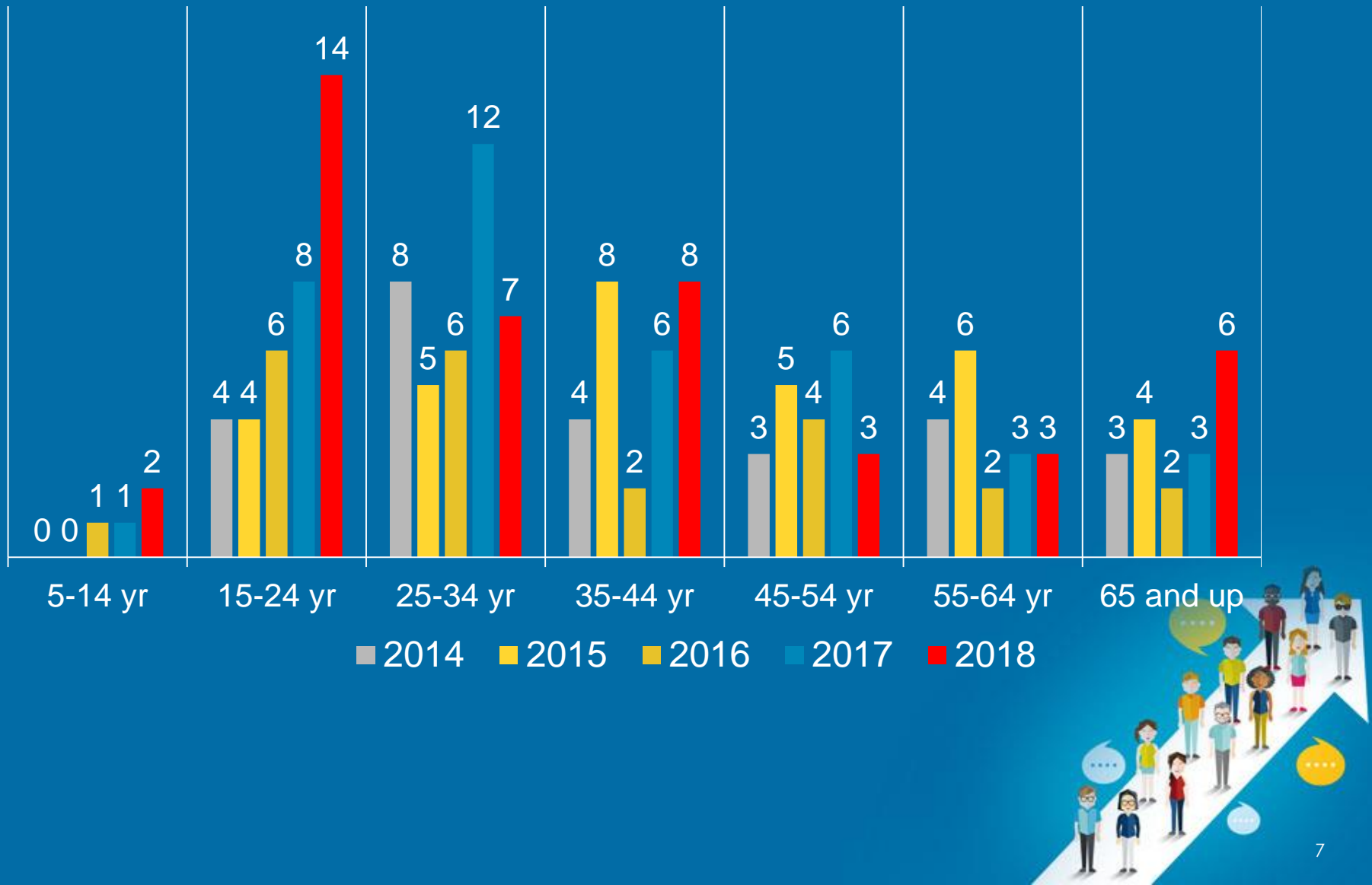


■ Coconino County Resident ■ Other County Resident*



Age Groups of Deaths by Suicide

Coconino County Residents



The Human Factor

- Our community members are more than numbers. The effect of any death by suicide is wide-spread and is spurring community activism.
 - Teens and young adults have expressed a desire to be heard and involved
 - Parents, family, and community want to connect better with young people
 - We have heard a desire from the community to provide resources such as Head Space, peer support, counseling



Our Common Purpose

stronger
as one

“We come together to promote a culture of knowledge, compassion, and action related to mental health and wellbeing. We address our agenda urgently, driven by the awareness that current rates of death by suicide and other pressing mental health data in Coconino County exceed both state and national rates.”



Our Values

stronger
as one

Values are driven by our common interest in the wellbeing of Coconino County residents, with special focus on the mental wellbeing of teens and young adults residing in the County.

Our commitment is to engage honestly, respectfully, and with trust for each other and our service organizations so that our collaborative work may help all Coconino County residents experience optimal mental health and wellbeing. We also realize that, through our work, we can create Best Practice's which can scale for other counties in northern Arizona.



Work Groups



Suicide Prevention Signage



Partnership

Kelli Williams	AZ Healthcare Cost Containment System	Jeff Axtell	Native Americans for Community Action
Colleen Smith	CCC	Paul Kulpinski	LAUNCH
Virginia Watahomigie	CCC&Y	Dr. Ron Tuckman	Mountain View Pediatrics
Tiffany Kerr	CCPHSD	Matt Eckhoff	NAH Foundation
Risha VanderWey	Coconino County Superintendent	Teresa Bertsch	NARBHA
Stacie Zanzucchi	FUSD	Clay McCauslin	Kaff Radio
Kara Kely	FUSD	Carly Banks	NAU
Michael Penca	FUSD	Joanne Keene	NAU
Amanda Beda	Girl Scouts	Josh Floyd	NAU
Bryon Matsuda	Juvenile Court Services	Julie Baldwin	NAU
		Christine Corrie	Northern Arizona Healthcare



The Stronger As One Coalition welcomes anyone committed to building a culture of knowledge, compassion, and action related to mental health and wellbeing.



Thank You!

