

## NOTICE AND AGENDA

COMMISSION ON INCLUSION AND ADAPTIVE LIVING  
WEDNESDAY  
JUNE 26, 2024

HYBRID MEETING  
COUNCIL CHAMBERS  
211 WEST ASPEN AVENUE  
11:00 A.M.

To participate in the meeting virtually use the following link:

[Join the Meeting Online](#)

1. **Call to Order**

2. **Roll Call**

*NOTE: One or more Commission Members may be in attendance telephonically or by other technological means.*

Keith Becker  
Sarah Dorman  
Michele Eisenberg  
Susan Purrington

Russel Randall  
Rachael Simukonda  
Laura Smith

3. **Recommended Protocol for Members and Other Participants**

All commissioners should have their microphones on mute to keep the background noise out of the chat room. The chair of the meeting should ensure everyone has an opportunity to speak if they would like. Commissioners should use the chat function to inform the Chair they would like to make a statement and the Chair will announce the Commissioners to speak in the order they appear in the chat.

4. **Public Participation**

*The Commission cannot act upon items presented during the Public Participation portion of the Agenda. Individual Commission members may ask questions of the public but are prohibited by the Open Meeting Law from discussion or considering the item among themselves until the item is officially placed on the Agenda. Each public comment or presentation will be limited to five (5) minutes.*

5. **Code Compliance Update**

6. **ACTION ITEMS**

A. **Consideration and Possible Approval:** Letter to Council Regarding Therapeutic Recreation

A. **Discussion and Direction:** Therapeutic Recreation Survey

B. **Consideration and Possible Approval:** Letter to Council Regarding Grandview and Other Projects

7. **DISCUSSION ITEMS**

A. East Flagstaff Library Concerns

C. Sidewalk Working Group Update

- D. Therapeutic Recreation Working Group Update
  - E. City Proclamation of July as Disability Pride Month - Scheduled for the July 2, 2024 Council Meeting
  - F. Commission Special "Planning" Meeting
8. **LIAISON REPORTS/UPDATES**
- A. Update from Council Liaison - Mayor Daggett
  - B. Transportation Liaison - LaReina Reyes - Mountain Line
  - C. Update from Youth Liaison - Joseph Spence - NACoPTT
  - D. Update from Sidewalk Liaison - Jamie Martinez
  - F. Update from Parking Liaison - Rachael Simukonda
9. **Staff Participation**
10. **Information Items To/From Inclusion and Adaptive Living Commission Members**
11. **Agenda Items for Next Meeting - July 24, 2024**
12. **Adjournment**

CERTIFICATE OF POSTING OF NOTICE

The undersigned hereby certifies that a copy of the foregoing notice was duly posted at Flagstaff City Hall on \_\_\_\_\_, at \_\_\_\_\_ a.m./p.m. This notice has been posted on the City's website and can be downloaded at [www.flagstaff.az.gov](http://www.flagstaff.az.gov).

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 2024.

\_\_\_\_\_  
Stacy Saltzburg, City Clerk



**Commission on Inclusion and Adaptive Living**

7. D.

**From:** Stacy Saltzburg, City Clerk

**DATE:** 06/26/2024

**SUBJECT:** Therapeutic Recreation Working Group Update

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**STAFF RECOMMENDED ACTION:**

**Executive Summary:**

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**Attachments**

Summary of Meetings

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# CIAL Informal Working Group on Therapeutic Recreation

## Summary of Meetings:

The three meetings focused on information gathering related to therapeutic recreation (TR) services in Flagstaff. The group included representatives from the City of Flagstaff PROSE, Coconino County, other commission chairs, nonprofit organizations, and Northern Arizona University (NAU).

The discussions covered the history of TR services in Flagstaff, existing PROSE facilities and programs that could be leveraged, partnership opportunities with organizations like HCAS (High Country Adaptive Sports), potential funding sources, professional development needs for PROSE staff, and the long-term goal of reopening the previously dedicated TR building (McPherson House).

## Recommendations:

Based on the priority items discussed, the following recommendations can be made to the Commission on Inclusion and Adaptive Living for further discussion and action:

### 1. Short-term:

- Provide a CIAL table with information and to collect insights from the disabled community at PROSE events throughout the summer – particularly the Concerts in the Park series since it rotates locations.
- Provide training and professional development for PROSE staff on inclusive programming, sensory-friendly events, and accommodating individuals with disabilities. Partner with organizations like Kaibab Behavioral Services, NAU, and welcomed here for training.
- Adapt existing PROSE programs and facilities (e.g., Aquaplex, Jay Lively, Montoya Center, Youth Center) to be more inclusive and accessible.

### 2. Medium-term:

- Increase funding for TR services through partnerships with organizations that can apply for grants such as AZ Community Foundation, United Way, and exploring Arizona waiver programs.
- Facilitate professional development opportunities for PROSE staff to obtain the qualified provider credential of Certified Therapeutic Recreation Specialist (CTRS) through partnerships with NAU's Parks and Recreation Management – Graduate Certificate in Recreational Therapy program.
- Expand TR programming by leveraging existing and new partnerships with organizations like HCAS, Ability360, and Arizona Disabled Sports.

### 3. Long-term:

- Allocate resources to update and reopen the previously dedicated TR building (McPherson House) to provide a centralized hub for TR services.
- Explore synergistic relationships with the planned Indigenous Center at Thorpe Park for shared use of spaces.
- Consider creating a grant-writing position within PROSE to better pursue funding opportunities for TR services.

Additionally, the commission could recommend conducting a community survey (as suggested by HCAS) to better understand the needs and preferences of individuals with disabilities and their families regarding TR services in Flagstaff. This could be a joint survey with HCAS (currently designing one) or expanded questions on the PROSE survey about facilities (to be designed).