

CITY OF FLAGSTAFF – OFFICE OF THE MAYOR
PROCLAMATION

WHEREAS, mental health is essential to overall well-being, and;

WHEREAS, everyone experiences times of stress and adversity, and;

WHEREAS, one in four adults and one in five youth ages 13-18 experience mental health challenges, and;

WHEREAS, 60 percent of adults and 50 percent of youth do not receive the mental health treatment necessary due to limited knowledge of the need, barriers to care, or stigma, fear, and shame, and;

WHEREAS, adverse childhood experiences (ACEs), including physical, emotional and sexual abuse or neglect; household dysfunction; untreated mental illness; untreated substance misuse; separation or incarceration of a household member; and domestic violence, are traumatic experiences that can have a profound effect on a child’s developing brain and can result in poor physical and mental health through adulthood, and;

WHEREAS, creating safe, stable, nurturing relationships and environments for all children prevent Adverse Childhood Experiences (ACEs) and help all children reach their full potential, and these relationships and environments are essential to creating positive childhood experiences, and;

WHEREAS, isolation, sickness, grief, home instability, change of routines, and community trauma have increased the need for mental health services; and

WHEREAS, mental wellness leads to higher productivity, better educational outcomes, lower crime, stronger economies, lower healthcare costs, and improved quality of life, and;

As the Mayor, I also call upon all City citizens, government agencies, public and private institutions, businesses, and schools to recommit our community to increasing awareness and understanding of mental illnesses, reducing stigma, and discrimination and promoting appropriate and accessible services for all individuals.

NOW, THEREFORE, I, BECKY DAGGETT, MAYOR OF THE CITY OF FLAGSTAFF, do hereby proclaim the month of May as

MENTAL HEALTH AWARENESS MONTH

DATED this 13th day of May 2025

Becky Daggett

MAYOR

ATTEST:

Stacy Salzburg

CITY CLERK