



RECOVERY-READY COMMUNITY:

A VISION FOR RESILIENCE AND WELL-BEING IN FLAGSTAFF



WHAT IS A RECOVERY-READY COMMUNITY?

A **recovery-ready community** is a community in which systems, services, and environments are intentionally designed to support individuals and families in recovery from mental health and substance use challenges and conditions.

Recovery-ready communities **reduce stigma**, expand access to **recovery supports**, and **foster long-term wellness** in inclusive environments.

RECOVERY-READY COMMUNITY MATTERS FOR FLAGSTAFF



- Even before the COVID-19 pandemic, communities like and including Flagstaff have seen **rising mental health and substance use challenges** across all demographics
- In alignment with Flagstaff's mission, we can recognize that **recovery impacts everyone**, including all sectors of our community
- Strengthening recovery **improves community resilience** in fiscally responsible ways
- Recovery-communities align with Flagstaff's broader goals of social equity, housing stability, environmental resilience, public health, economic development, and more

KEY PILLARS OF RECOVERY-READY COMMUNITIES

- Prevention and early intervention
- Access to treatment and recovery supports
- Community-based resources and supports
- Stable housing and employment pathways
- Inclusive policies and community education
- Compassionate and inclusive community culture
- Creating and sustaining opportunities aligned with the pillars of recovery (health, home, community, and purpose)



CHARACTERISTICS
OF
RECOVERY-READY
COMMUNITIES

- Recovery is **endorsed by local government leadership** as a public priority
- Behavioral health, housing, workforce, and criminal justice systems are **integrated** and **collaborating**
- The community engages in **community-wide education** to reduce stigma and promote seeking support



CHARACTERISTICS
OF
RECOVERY-READY
COMMUNITIES

- Communities provide **safe spaces** and **supportive housing**, including recovery housing, transitional and permanent housing options, peer respites, etc.
- Communities invest in **peer and family support** including peer workforces and lived experience leadership
- Data is tracked to maintain accountability at the community level for **outcomes, gaps, and equity** in recovery access and overall community wellness

COMMUNITY BENEFITS FOR FLAGSTAFF



- Improved public safety
- Increased housing stability
- Reduced strain on emergency services and shelters
- Stronger workforce participation and economic engagement
- Healthier families
- Supported youth and strengthened youth outcomes
- Visible community leadership in one of today's most urgent public concerns

A VISION FOR RECOVERY-READY COMMUNITY IN FLAGSTAFF



**RECOVERY
LIVES HERE**

- A city-supported resolution to express commitment to being a recovery-ready community
- Partnership with local providers, organizations, and service agencies
- Expand housing strategies to support recovery housing options aligned with zoning and affordability goals
- Participation and collaboration on cross-sector roundtables on recovery inclusion in Flagstaff's workforce and housing
- Continued training for city staff on trauma-informed practices

RECOVERY-READY FLAGSTAFF: FIRST STEPS



- Conduct a community assessment or needs scan through a partner organization
- Host a recovery stakeholder roundtable
- Build an interagency/cross-agency think group or workgroup to explore what recovery-readiness means for Flagstaff

RECOVERY-READY FLAGSTAFF: FIRST STEPS (cont.)



- Utilize organization leaders and/or the workgroup to identify current strengths and gaps in recovery housing, workforce supports, and other local collaborations
- Consider engaging a state or national technical assistance partner
- Support a resolution emphasizing Flagstaff's commitment to recovery and community wellness



LET'S CREATE A FLAGSTAFF WHERE RECOVERY LIVES!

*RECOVERY IS POSSIBLE ... AND IT IS POWERFUL. LET'S HELP FLAGSTAFF
LEAD THE WAY IN CREATING PATHWAYS FOR PEOPLE TO THRIVE.*



QUESTIONS?

