

WHEREAS, sports keep our children and adults healthy and happy; teach them teamwork, and help them develop the discipline needed to achieve goals; and

WHEREAS, during the National Month of Fitness, Health and Sports, we encourage the City of Fort Pierce to get active together and challenge everyone to join a positive movement towards a happier, healthier, and fitter City; and

WHEREAS, for the past four years, First Lady Michelle Obama's, "Let's Move!" initiative has worked with community and faith leaders, educators, health care professionals, and businesses to give our youth a healthy start and empower the community to build active environments; and

WHEREAS, Trainer Vickk and Project X Fitness place a strong emphasis on strength, health, and team work, as well as encourage all residents of Fort Pierce to commit to eating right, trying a new sport and exercising regularly; and

WHEREAS, by leading more active lifestyles, we can invest in our futures and encourage all residents of this beautiful to do the same.

NOW, THEREFORE, I, Linda Hudson, Mayor of the City of Fort Pierce, Florida, do hereby proclaim that June 2014 be observed as:

*“National Month of Fitness,
Health and Sports”*

and urge all citizens to advocate fitness, health and sports to our family, friends, colleagues and citizens and give all people a chance to find a sport or physical activity they love, boost their energy and confidence and reach their fullest potential.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Official Seal of the City of Fort Pierce, Florida, to be affixed this 16th day of June, 2014.

MAYOR COMMISSIONER