

Teresa R. Farnell
ZDOD Chief Executive
Officer and Founder

Richard Farnell Sr
Executive Director of
Youth Program

Patricia (Patti) Johnson
Chairman of Board
Health Department

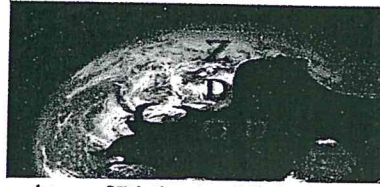
Wyman Pittman
Asst. Board Chairman
Community Liaison

Quinton Johnson
Board Member
Community Liaison

Donna (Dee) Coe
Board Member
Banking
Community Liaison

Letitia (Tish) Hart
Board Member
Education
Community Liaison

Albert Dodd
Board Member
Community Liaison



Zion's Daughters of Distinction Ministries, Inc. (ZDOD)

October 8, 2014

To Chief Frank Amandro:

Richard Farnell Sr. is the Executive Director of the Juvenile Program called "J-E-W-E-L-S. This program is an prevention, intervention and diversion program in the Saint Lucie County Low – social economic area. Our mission is to transform the minds of the youth into a positive mind set. We have seen substantial results in the community since the three years this program has been into existence. Our main goal is to continue this program, because our community is in such a need for a change in our youth due to gang volience, bullying and other deliquent behaviors. This county has had over 60 violent shootings this year and has ranked number 21 by the FBI in the United States among high crime cities. Attach is a proposal of our present and future needs and also news articles, references, and testimonties..

We are asking that you consider to provide funding for this program, especially with our director, who is volunteering full time without any reservation.
Thank you for your time and consideration.

Sincerely,

Teresa R. Farnell
Chief Executive Officer

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Zion's Daughters of Distinction Ministries Inc.
SWAN Program (Sisters With A Need)

J-E-W-E-L-S
Proposal

The Outreach Ministry

Zion's Daughters of Distinction Ministries, Inc. (ZDOD) is an outreach ministry which was established in 2007 supporting the restoration of youth, elderly, women and their families. We know that we are in an era where families are very important. In order for our society to exemplify a positive and secure atmosphere, a change must come about. Because of the changes in our society, women have been forced to take on roles that challenges them to become strong and committed to improving our future generations. Therefore Zion's Daughters of Distinction Ministries is taking a stand to support women in developing their full potential as persons (spiritually, mentally, physically, emotionally, and socially). We have a SWAN Program (Sisters With A Need) which has a youth component called J-E-W-E-L-S (juveniles entering wellness, education, leadership and success). We are funded through community donations and grants. We are currently requesting funding for our J-E-W-E-L-S. J-E-W-E-L-S serves juveniles ages 9- 18 belonging to a culturally diverse community and designed to prepare offenders to re-enter society and preventative measures for at-risk youth. J-E-W-E-L-S also, connects individuals who have left the supervision of the justice system with network work of social services and community based organizations to provide ongoing services through mentor relationships.

Juveniles and Community Needs/Risk Factors

For the purpose of this grant request, ZDOD obtained data on juveniles/community "Needs/Factors" from the existing annual state and federal statistics reports. Additional supporting documents were also acquired: these are the most recent statistics of the local level reports from local, state and national reports.

ZDOD's J-E-W-E-L-S - Juveniles Community Problem Areas

- According to St. Lucie County Children Indicators of Wellbeing 2012 year to year comparison chart, in 2010 U.S Census Poverty Thresholds shows 27.2% of juveniles living below poverty.
- According to St. Lucie County Children Indicators of Wellbeing 2012 year to year comparison chart, in 2011, 62 out of 1000 of juveniles from ages 10-17 have delinquency referrals.
- According to St. Lucie County Children Indicators of Wellbeing 2012 year to year comparison chart, in 2010 juveniles using substance abuse past 30 day, 29.5% of Alcohol, 13.4% of Marijuana which is regressing from prior year, Binge drinking 12.9%, Cigarettes 8.8%.

- According to St. Lucie County Children Indicators of Wellbeing 2012 year to year comparison chart, in 2010 38.5% of juveniles from age 10-14 experience bullying in the past 30 days.
- According to St. Lucie County Children Indicators of Wellbeing 2012 year to year comparison chart, in 2011 School Readiness & School Success, 14 % of juveniles are absent from school at least 21 days and more and the dropout rate is 2.2% and regressing.

J-E-W-E-L-S Goals and Objectives

Goal

J-E-W-E-L-S (Juveniles entering wellness, education, leadership and success) is structured and designed to prepare, restore, support and sustain the positive mind set in juveniles through, wellness, education, leadership and success. JEWELS are a twenty-first century success program. Through J-E-W-E-L-S we exemplify motivational skills and mentoring activities through trained community mentors and professionals to release a positive mind set through transformation. The youth are also trained through an evidence based curriculum called “Life Skills Training: Promoting Health and Personal Development” by Gilbert J. Botvin, Ph.D.

Objectives

80% of youth who complete the Jewels Program will not be referred to the District Juvenile Justice (DJJ) during and for one year following services, which includes the following components:

1. Increase the at-risk youth self-esteem by 70% through healthy self-concept classes. Pre- Posttest is given for measurement of success.
2. Increase the at-risk positive concept about life and day to day decision making through consistent individual mentoring and counseling.
3. Increase the integrity and moral values of the at-risk youth through faith base teaching (by parental or guardian request only).
4. At-risk youth will be assessed and evaluated for needs through an Individual Personal Development Plan (Parent or guardian will assist with this plan).
5. At-risk youth will be trained by mentors and professionals through life and occupational skills, which is needed for survival and the work industry. Also, on site GED classes to complete high school requirements.
6. Weekly professional guest speakers are provided to bring partnership from the community.

7. At the end of the six week program, the at-risk youth will graduate with a certificate of completion.
8. Parent or guardian will undergo healthy self-concept workshop to enhance their ability in dealing with at-risk youth and part of the active support of the parent or guardian.
9. Mentors and professional staff will follow-up with the at-risk youth once a month for six months, to insure stability and consistency of the individual youth's transformation.
10. Parental education assistance and referrals with family crisis will be available if needed.

ZDOD'S J-E-W-E-L-S Program Description

J-E-W-E-L-S is especially designed to prepare offenders to re-enter society and prevent recidivism. This program is to support a positive mind set by transformation. Juveniles (At-risk youth) will attend an aftercare intervention program for six weeks and every eight weeks the program rotates with new enrollment. Most of the referrals for the J-E-W-E-L-S come from the Juvenile Probation Officers, parents/guardians, Community faith base organizations, and schools.

The sessions in the six weeks classes includes, healthy self-concept classes, occupational skills, leadership skills, educational assistance. There are two sessions: one in the mornings from 9 a.m. to 2 p.m. and 3 p.m. to 6 p.m. Botvin's Life Skills curriculum attendance time is dependent upon the needs of the youth.

Orientation of the youth includes the parent and guardian, and the Executive Director of Youth Programs. This orientation is done individually; therefore the assessment will be more valid for the corrective behavior of the youth.

Some of the classes of activities include substance abuse, tobacco addiction and abuse, child abuse, bullying and anti-gang prevention, self-esteem, leadership skills: problem solving, occupational skills, life skills, dress for success, entrepreneurship, GED classes, computer training and etc. Some of the activities are taught through a national known curriculum; *Life Skills Training, by Gilbert J. Botvin, Ph. D.*, and curriculum written by the Directors. The activities will exemplify promoting healthy and decision making skills.

Executive Director of Youth, mentors and teachers are responsible for the lessons and activities in each session. Volunteer staff will provide administration support. Community professionals partner to provide weekly guest speakers.

Executive Director of Youth will do checking, monitoring and recording progress, and file the same in the student's individual Development Plan.

At the end of the six week program, the youth will graduate with a completion certificate. This graduation ceremony involves parents or guardian participation and also community leaders. After graduation the youth continues to have follow-up by the Executive Director of Youth once a month for six months, to insure the stability and consistency of the youth's transformation.

Resources

Capability Support

ZDOD's J-E-W-E-L-S will provide service to at least 20 youth in the community each six week session. Schedule of the program will be Monday, Tuesday and Thursdays. There will be sessions, one in the morning 9 am to 2 pm for those youth who are not enrolled in school (one hour lunch and mentoring) and another one in the afternoon from 3 pm to 6 pm for those youth enrolled in school.

No Cost Support

Other manpower services for the J-E-W-E-L-S program will be provided by volunteers, mentors and community individuals at free of charge.

Facilities and Equipment

The program's facilities will include the following: 2 class rooms (includes the multi-room), computer lab with six computers with internet connection, a library, digital computer projector, projector screen.

Program Facilitation Procedure

The teachers will initially supervise and facilitate the lessons and activities for the youth. The Executive Director of Youth will take the lead in evaluation and monitoring of the students' progress.

Management Plan

Continuous Program Development

As part of its program development, ZDOD's J-E-W-E-L-S will have the following plan of action:

- Hold regular meetings and conferences with staff for monitoring and progress reports.
- Provide training, workshops and seminars for the staff's professional growth.
- Provide teachers with exposure/training to the different styles of teaching strategies that they can apply to the program.
- Collaborate with core groups and links in the community for a wider opportunity and success.
- Parental involvement with planning and implementing of youth individual evaluation plan.
- Parental involvement with the healthy self-concept classes to inform them of the different strategies used to model outside of the program.
- Distribute evaluation survey forms for feedback from students, parents, and other observers. The feedback will be used to improve on the services in the J-E-W-E-L-S Program.
- Weekly meetings with parents, teachers, volunteers and mentors to address problems and issues for the Chief Executive Director's and Board of Directors' attention and resolution.

Project Evaluation

Overview

The program evaluation will be handled mainly by the Executive Director of Youth with the Chief Executive Officer. Evaluation will be based on the youth's Individual Development Plan, attendance, and performance in the class section.

Measuring Program Objectives

Achieving the J-E-W-E-L-S Program goals and objectives are the bases for the program's success. Student and Parent evaluation surveys, youth Individual Development Plan, Youth class performance and home behavior will all help in determining these.

Proposal Budget to the Fort Pierce Police Department

Zion's Daughters of Distinction Ministries Inc.
J-E-W-E-L-S (Juveniles Entering Wellness, Education, Leadership and Success)
Grant Period: October 2014 – June 2015

EXPENSES:

Stipend for Instructors	4,000.00
Training expenses	600.00
Direct Costs (Purchase of Student materials And computer software, training materials) Training materials for Middle and High School Life Skills evidenced based curriculum By Gilbert J. Botwin, Ph. D.	1000.00
Total Expenses:	5,600
Total Requesting:	5,600