

# TREASURE COAST

## RECOVERY CENTERS

### ***Program Overview***

Treasure Coast Recovery Center, LLC will be 12-step, abstinence-based program specializing in the treatment of chemical dependency, alcoholism and associated disorders. The medical and clinical programs differ in intensity and duration, with each level designed to provide a safe, secure, supportive environment and an array of professional services to assist individuals to achieve and maintain a life of abstinence from mood altering chemicals. Treasure Coast Recovery provides a comprehensive array of substance abuse services, comprised of detoxification, residential and outpatient treatment programs.

### ***OUR MISSION***

*OUR MISSION IS ABSTINENCE-BASED RECOVERY.* We provide the highest quality, individualized, treatment to those suffering from the disease of addiction and the people in their lives who love them. We promote an intimate, caring environment to begin the journey towards sobriety.

### ***OUR VISION***

Treasure Coast Recovery Center's vision is to lead the way in the provision of evidence based, integrated substance abuse, mental health and physical health services, utilizing current and innovative therapies and emerging medical protocols to help individuals enter a life free from addiction.

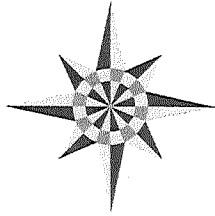
### ***OUR PHILOSOPHY***

Treasure Coast Recovery Center recognizes alcoholism and drug addiction as a primary disease. The disease affects brain-functioning and physiology, mental health, social and behavioral functioning and the totality of personal characteristics. The illness if left untreated is a chronic, progressive and fatal illness. The illness is pervasive and affects not only the individual, but has an impact on all who interact with them. *We believe each individual has the right to be treated with the upmost respect and dignity as they are valued by society.* Treasure Coast Recovery Center believes the Disease of Addiction is diagnosable and treatable and that the addiction progress is on a continuum-ranging from problem use to chronic dependence. *..We believe each individual has the right to treatment, the most appropriate level of treatment, regardless of creed, gender, race, sexual orientation, age or origin and they have the inherent potential for change and growth.*

### ***OUR SERVICES PROPOSED FOR THIS LOCATION***

**Residential Detoxification Services:** Detoxification protocols are designed and implemented involving sub-acute care that is provided on a residential basis to assist clients to withdraw from the physiological and psychological effects of substance abuse. Individuals who enter the Detoxification services are assessed by qualified medical staff and provided medication for the physical stabilization of the chemical withdrawal. Support counselors assess the individual to develop a comprehensive treatment plan focusing on psychological and social stabilization and encouragement for the individual to remain in treatment following the detoxification process. Daily activities include medical monitoring, individual and group therapy and 12 Step meetings.

**Residential Treatment:** Our Residential Treatment services provide both therapy and supported services on-site where the individuals reside. Clinical services provided have a considerable emphasis placed on services that address the client's educational and vocational needs, socially dysfunctional behavior, and



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need for stable housing upon discharge. It also includes services that assist the client in remaining abstinent upon returning to the community.

Daily Schedule: The daily schedule will be comprised of the following modalities: Community Meetings, Lectures, Films/Videos, Step Groups, Process Groups, Case Management/Treatment Planning Groups, Individual Counseling, Family Workshop, Recreation/Fitness/Activities Therapy, Meditation and Introduction to Self-Help Groups. The client schedule begins at 8:00am ending at 10:00pm with evening meditation.