

ORIGINAL

# CWC Scoring App #7

(Do Not Write ...)

Grant Amount Requested: \$ 5,000

## 2018-2018 PUBLIC SERVICE GRANT APPLICATION

RECEIVED  
TIME: 1:45P  
JAN 18 2018  
City of Fort Pierce  
SAN REDEVELOPMENT

Organization Legal Name: **Roundtable of St. Lucie County**

Mailing Address: **546 NW University Blvd. Suite 204**

Physical Address: **546 NW University Blvd. Suite 204**

**Contact Person:** **Teresa Bishop** Title: **Executive Director**

BEST CONTACT Phone Number: (772) 871-5880

Email Address: **tbishop@roundtableslc.org**

Website Address: **www.roundtableslc.com**

### LEGAL STATUS OF ORGANIZATION:

(X) Incorporated, Not-for-Profit - Month and Year of incorporation/creation: **August 7, 2006<sup>1</sup>**

- INCLUDE COPY OF CURRENT BUSINESS TAX RECEIPT (BTR) FROM CITY OF FORT PIERCE
- INCLUDE COPY OF CURRENT 501(c)(3) DOCUMENTATION FROM INTERNAL REVENUE SERVICE.
- INCLUDE COPY OF NONPROFIT REGISTRATION FROM SUNBIZ.ORG.

### Person Authorized to Sign on Behalf of this Organization. Signature Must Be Notarized.

*Teresa Bishop*  
Signature

Today's Date: **January 18, 2018**

Print Name: **Teresa Bishop** Title: **Executive Director**

Telephone Number: **(772) 871-5880** Email: **tbishop@roundtableslc.org**

<sup>1</sup> Articles of incorporation enclosed.

**NOTARY** STATE OF FLORIDA, COUNTY OF ST. LUCIE

BEFORE ME, an officer duly authorized by law to administer oaths and take acknowledgements, personally appeared Teresa Bishop, who is personally known to me or produced FL Drivers License, as identification, and acknowledged he/she executed the forgoing Agreement for the use and purposes mentioned in it and that the instrument is his/her act and deed.

IN WITNESS OF THE FORGOING, I have set my hand and official seal in the State and County aforesaid in this 18<sup>th</sup> day of January, 2018.

NOTARY PUBLIC Rachel A Hough  
My Commission Expires: 08/04/2019



# **PLEASE SUBMIT AN ORIGINAL APPLICATION AND 7 COPIES**

**Attach additional pages as necessary.**

**PLEASE PRINT NEATLY OR TYPE YOUR ANSWERS TO THE QUESTIONS IN THIS APPLICATION.**

## **1. Describe your organization and list your Mission Statement.**

The Roundtable of St. Lucie County, a 501(c)(3) organization, is a group of St. Lucie County leaders who work together to accomplish system change that results in improved outcomes for youth throughout St. Lucie County. We envision a community of opportunity where every child succeeds, and our mission is to build a community that supports the success of children.

The Roundtable does not focus on "quick fixes." Instead, it identifies and implements research-based, comprehensive solutions to achieve and sustain long-term success for St. Lucie County youth. We envision a community of opportunity where every child succeeds. Our mission is to build a community that supports the success of children.

## **2. Describe your organization's history and prior experience, including a description of programs/projects similar to the one you are applying for in this application.**

The Roundtable of St. Lucie County was created in 1995 by five Chief Executive Officers from the Fort Pierce Police Department, Department of Juvenile Justice, Department of Children & Families, the Children's Services Council, and the City of Port St. Lucie. Their goal was to develop a comprehensive plan to better the lives of children in St. Lucie County. Since 1995, the board has grown to include chief or executive level officers from more than 25 community organizations.

In 1999, the Roundtable of St. Lucie County was one of six sites in the State of Florida to secure a grant from the national Office of Juvenile Justice and Delinquency Prevention (OJJDP). Under the grant, the Roundtable conducted a county wide assessment of data relating to St. Lucie County's children, and developed a comprehensive plan called St. Lucie Hand in Hand to reduce risk factors and problem behaviors facing St. Lucie County youth. The comprehensive St. Lucie Hand in Hand plan is centered on a "risk-focused" prevention model, supported by 30 years of adolescent problem behavior research by Dr. David Hawkins and Dr. Richard Catalano. For the past fifteen years, St. Lucie Hand in Hand has served as the foundation for all of the Roundtable's activities and, working together, Roundtable partners have achieved significant success:

- Teen pregnancies decreased 11.6%;
- Delinquency decreased 41%;
- Underage drinking in middle and high school decreased 24%;
- School expulsions decreased 88%;
- Out of school suspensions decreased 53%;
- Unexcused absences decreased 11% in elementary, 22% in middle school and 4% in high school;
- Misdemeanor assault and battery decreased 18%.

Today's Roundtable consists of six (6) Networks (or Subcommittees) that concentrate on the following key areas: Academic Success, Delinquency Prevention, Economic Sufficiency, Substance Abuse Prevention, Child Welfare, and Teen Health. The singular focus of each network allows it to develop a strategic plan of action

around its specific risk factors through education, system and policy change, and comprehensive environmental strategies.

In August 2014, the Safe Neighborhood Network was tasked by the Roundtable to take the lead in implementing the Restoring the Village Youth Initiative (RTVYI), an anti-violence strategy for reaching St. Lucie County youth who are involved in, or at risk of becoming involved in, street violence. The Youth Initiative is based on the federal comprehensive gang model developed by the Office of Juvenile Justice and Delinquency Prevention (OJJDP) and supported by the National Gang Center. The national model is a multi-strategy, multidisciplinary approach to youth violence that has proven to be effective in reducing gang activity.

Working together, SNN members developed a Memorandum of Understanding signed by 22 key stakeholders agreeing to partner to reduce gang violence in the Lincoln Park area of Fort Pierce through RTVYI. RTVYI works closely with a variety of community partners through its intervention team. Members of the Intervention Team consist of representatives from the following agencies: Fort Pierce Police Department, St. Lucie County Sheriff's Office, Port St. Lucie Police Department, Department of Juvenile Justice, St. Lucie County Public Schools, CareerSource Research Coast, Drug Abuse Treatment Center, New Horizons of the Treasure Coast, Florida Department of Children and Families, Devereux Community Based Care, and the Florida Department of Health. The team meets twice monthly to work collaboratively and link gang members to social, educational, employment and health services using a wraparound case management approach. Intervention team members remove barriers and support access to needed services such as physical and mental healthcare, substance abuse treatment, education assistance, child care, housing, transportation, employment resources, counseling, and prosocial recreation for gang-involved youth and families.

Through the joint efforts of the community partners, RTVYI has been able to identify and connect with a key cohort of members from all the major gangs in Fort Pierce, and have enrolled over 100 young men to the program since its inception. Over the past 12 months, RTVYI's outreach workers have spent over 4,500 hours with 65 clients providing pro-social mentoring time and linking them to services through its multi-agency intervention team. This team consists of fifteen agencies which provide access to and delivery of a wide range of services including substance abuse treatment, mental and behavioral health counseling, job training, and employment opportunities, youth leadership programs, aggression replacement training, sports, recreational, and cultural enrichment activities (e.g. ropes courses, deep sea fishing, bowling, beach trips, attending college sports games, skateboarding, and water sports). The team also assists with fulfilling a range of other essential needs (e.g. assistance with light bills, rent, furniture, and clothing for school and job interviews) for the clients and their families. The following are measurable results for the youth in the RTVYI over the past 12 months:

### **Employment & Job Training**

- 35 youth re-enrolled in high school (including Acceleration Academy)
- 11 youth was promoted to next grade level
- 9 clients successfully completed YESS program (2-week job training)
- 7 clients successfully completed 6 weeks of summer employment
- 5 adult clients gained full-time employment
- 3 youth enrolled in GED programs
- 2 clients completed a Pre-Apprenticeship program
- 1 youth successfully completed GED program
- 6 youth enrolled in Building Fort Pierce.

RTVYI collaborates with Career Source Research Coast and the St. Lucie County School Board the St. Lucie County, to place youth in the *Summer of Success Youth Employment Program*, which is a two-week work-readiness training followed by six weeks of job placement at local businesses in St. Lucie County. Another opportunity RTVYI clients were linked to, is a Pre-Apprenticeship program, developed by CareerSource Research Coast, Green Collar Task Force and Florida Training Academy. During this 8-month program participants complete all core requirements for a real apprenticeship program, and is offered an opportunity

to build critical job skills for a career in the construction fields. Upon completion of the apprenticeship, a successful graduate has an opportunity for employment (\$20-\$30/hours is common) with benefits through a union business.

In January 2018, 6 youth from the Restoring the Village Youth Initiative enrolled in "Building Fort Pierce", a collaborative project between Indian River State College, CareerSource Research Coast Youth Connections, Treasure Coast Builders Association and Habitat for Humanity to assist high school drop-outs work toward a GED while gaining valuable construction experience along the way.

### **Mental Health and Substance Abuse**

- 14 youth receiving individual counseling (all in progress)
- 8 youth completed Aggression Replacement Therapy (11 other in progress through DJJ)
- 4 clients receiving family counseling (all in progress)
- 2 clients successfully completed residential substance abuse treatment
- 2 clients successfully completed outpatient substance abuse treatment (15 other in progress)

RTVYI currently provides mental health and substance abuse services (individual and family counseling, anger management, out-patient and residential substance abuse treatment) for 56 clients. To offer these services the program collaborates with several providers in the area. RTVYI has also developed a signature anger management program for program youth in partnership with Sequel Care of Florida: *Cool It! Deal with It!* Key components of this program include *Social Skills Training*, that teaches participants what to do, helping them replace antisocial behaviors with positive alternatives; *Anger Control*, which teaches participants what not to do, helping them respond to anger in a nonaggressive manner and rethink anger-provoking situations; and *Moral Reasoning*, which helps raise participants' level of fairness, justice, and concern for the needs and rights of others. RTVYI has trained Sequel Care staff and facilitators in cultural competency, and local gang structure and activities, in order to properly connect with clients and have an understanding of how they live and exist in the community. Furthermore, outreach workers participate in the sessions to help manage and model behavior, facilitate difficult conversations, and impart personal experiences and life lessons to the clients.

### **Pro-Social Opportunities**

- 12 youth have been linked to adult mentors in the community
- 12 youth attended one-day deep sea fishing trip
- 12 youth successfully completed a team-building ropes course
- 2 youth successfully completed Youth Leadership St. Lucie

A signature pro-social opportunity developed by RTVYI is *Transparent Tuesdays*, a monthly dialogue program designed to engage and mentor the young men involved in RTVYI, and to help redirect their focus of self-awareness, self-development, and self-initiative. Men of stature in our community (city managers, county commissioners, ministers, and more) volunteer to present on a specific topic and facilitate a transparent conversation around that topic.

### **Violent Crime**

- 80% of (currently active) clients were **not** adjudicated for violent crimes (battery, aggravated assault, homicide).

3. List all previous grants awarded by the City of Fort Pierce to **YOU or any organization(s) you were previously or are currently associated with.** If None, write N/A below:

Program Year	Amount	Purpose
2016-17:	\$5,000	Anger Management, Basketball & Deep Sea Fishing
2015-16:	\$4,000	Anger Management & Team Building
2014-15:	NA	NA

**Please Note:** Organizations/Applicants that have received funding for three consecutive years may be deferred in order to provide funding for newer activities.

4. If you have received funding from the City of Fort Pierce for Public Service projects in the past, please explain **HOW** the program/project described in this grant application is **NEW OR EXPANDED:**

The proposed programming in this grant application is **expanded** in that it will be offered to new and additional clients who have not yet participated in this program. Like described in previous grant proposals, gangs in Fort Pierce are what can be called "turf gangs" that define themselves by the territory that they "control" or live within. If members of other gangs stray into their territory, it often sparks conflicts and/or violence between members of rival groups of youth. Restoring the Village Youth Initiative works with youth from different gangs in Fort Pierce, which makes it challenging to include participants from rival groups in the same program. Thus, by continuing to offer this program, RTVYI are able to train additional youth representing different territories in a safe and responsible manner. *The proposed Aggression Replacement Training will be offered to between 10 to 15 new RTVYI clients in the spring and early summer of 2018.*

In addition to expanding our program to new participants, we also propose to add two **new components** to our 2018 program that offer meaningful cultural and social enrichment designed to enhance clients' social skills and reduce juvenile delinquent activity in Fort Pierce. The new program components are a college tour of Bethune-Cookman University in Daytona Beach, and day of pro-social activities at Universal Studios in Orlando for 10-12 youth in th program.

5. **What is your organization's annual budget? Describe how your organization is currently funded.**

The Roundtable's annual budget for 2018 is \$798,286. The organization is grant funded and receives membership fees and in-kind contributions by member agencies. Financial statements, budgets and copy of latest audit are enclosed.

6. **Does the City of Fort Pierce and/other local organizations in Fort Pierce provide services similar to your agency?**

No. RTVYI is the only program that offers programs specifically designed for gang-involved youth to reduce gang-related violence in Fort Pierce.

**If you answered Yes, how do your services compliment their offerings? If yes, explain.** NA

**How are your services different?** NA

**7. Project Name (please keep it short):**

Cool it. Deal with it. & Dream it. Think it. Do it! College Tour & A Day at Universal Studio's

**8. U.S. Dept. of Housing & Urban Development (HUD) National Objective Activities: (check one)**

- Area benefit** activity (the activity benefits/is open to everyone in a particular low income neighborhood or geography)
- Limited Clientele** activity (particular individuals or households receive a benefit, and the majority of them qualify as low income)
- Presumed Benefit** activity (the activity benefits a group of individuals presumed by HUD to qualify for a benefit: battered spouses, homeless, elderly, severely disabled adults, abused children, illiterate adults, persons with HIV/AIDS, or migrant farm workers)

**9. Which National Objective(s) shown below does your project/program(s) meet?**

- Benefit low to moderate-income persons;
- Help in the prevention of slums or blight; and/or
- Meet other community needs having a particular urgency because other financial resources are not available to meet such needs.

**10. Beneficiaries from National Objective Activities (#8 Above)**

**A. Who are the intended beneficiaries of this program/project? Describe how the project will ensure that the intended beneficiaries are being served and the target population will be reached, including how beneficiaries are identified, and any outreach performed:**

The beneficiaries of this programming are participants in the Restoring the Village Youth Initiative. This program employs street outreach workers that reach out to gang-involved youth and families and link them with needed services and mainstream institutions. The outreach workers' specific goals are to connect with gang-involved youth in Lincoln Park, and recruit and retain them as clients in the *Restoring the Village Youth Initiative (RTVYI)* by providing access to resources, pro-social role modeling and encouragement.

When a youth is referred, a referral team (consisting of the project coordinator and law enforcement partners) reviews background information to make sure the youth meets program criteria and is not currently incarcerated. If the youth qualifies, the next step is for outreach workers to make initial contact to explain the program to the youth and to gauge the youth's interest in participating. If the youth is not ready to join the program, outreach workers continue to build trust, and reach out to the youth on a regular basis. If the youth agrees to participate, he and his parent/guardian (as appropriate) meet with the program coordinator and outreach team.

An assessment is conducted, and the outreach team discusses goals, needs and expectations with the client and parent. The team gathers assessment information using a strength-based assessment tool that identifies a youths' strengths, abilities and interests. During the intake interview the team also explores the needs of the youth's siblings, spouse/girlfriend and/or parents/guardians in order to facilitate service delivery for the whole family unit. Based on this information, an intervention plan is developed, which sets the stage for service provision through the intervention team.

Participants for these projects will be carefully selected among our current clients by outreach supervisor and project coordinator.

**B. If the project will provide an “Area Benefit”, please define clearly the geographic area to be served by the proposed activity. Include a map, if necessary.**

The geographic area to be served includes Census Tracts 3802 and 3803 (hereafter identified as Lincoln Park) in Fort Pierce.

**C. If the project will benefit “Limited Clientele”, list the approximate number and percentage of total persons assisted through this project/program who will be Low to Moderate Income (LMI) and how their income level will be determined.**

100% of youth assisted through this proposed program are low to very low income. Income level is determined through data collected in RTVYI’s program criteria referral process.

Department of Housing and Urban Development (HUD) 2017 Income Limits								
Number of People Living in Household	1	2	3	4	5	6	7	8
Extremely Low Income	\$12,650	\$16,240	\$20,420	\$24,600	\$28,780	\$32,960	\$37,140	\$39,750
Very Low Income	\$21,100	\$24,100	\$27,100	\$30,100	\$32,550	\$34,950	\$37,350	\$39,750
Low Income	\$33,750	\$38,550	\$43,350	\$48,150	\$52,050	\$55,900	\$59,750	\$63,600

**D. If the project will provide a “Presumed Benefit”, please identify the group(s):**

- Abused Children
- Illiterate Adults
- Lower Income Senior Citizens
- Migrant Farm Workers
- Elderly
- Persons with HIV/AIDS
- Homeless
- Severely Disabled Adults
- Lower Income Youth
- Severely Disabled Children/Youth
- Other \_\_\_\_\_

**11. Describe the existing problems or needs to be addressed by this program/project.**

Though overall crime in Fort Pierce has decreased greatly over the last two years (22% reduction in 2016), Fort Pierce has a significant youth-gang problem that drives much of the violence in the target area, Lincoln Park.

Gang violence disproportionately impacts 23% of the city’s population (approximately 9,961 residents) residing in a three square mile area in the northwest section of the city known as Lincoln Park (U.S. Census Tracts 3802 and 3803). Lincoln Park has a racial and ethnic composition of 91% African American, 9% White, and 6% Hispanic/Latino. 55% of families and 75% of children living in Lincoln Park are at or below the federal poverty line. 33% of families are single parent homes headed by females, and 95% of these female headed households are at or below the federal poverty level. 40% of residents age 25 and older never graduated high school. Transportation is a barrier to service delivery and stable employment as 27% of households do not own a vehicle.<sup>2</sup> Substandard housing conditions, overcrowding, blight, and lack of affordable housing also plague this neighborhood.<sup>3</sup> 70% of housing units are renter-occupied and 26% are vacant or abandoned.<sup>4</sup> Lincoln Park also suffers from high rates of death due to homicide, diabetes, and HIV/AIDS. Approximately 24% of births are to

<sup>2</sup> U.S. Census Bureau, 2010-2012 American Community Survey.

<sup>3</sup> City of Fort Pierce Amended Consolidated Plan 2011-2015.

<sup>4</sup> U.S. Census Bureau, 2010-2012 American Community Survey.

mothers age 15-19 and the area suffers from the highest infant death rate in the county.<sup>5</sup>

In 2013, 44% of the city's violent crime occurred in Lincoln Park, including 57% of murders, 18% of forcible sex offenses, 34% of robberies, and 49% of aggravated assaults. There are small pockets, or "hot spots" areas, in Lincoln Park where the violence is even more staggering. In 2013, a third of the city's violent crime occurred in an area of Lincoln Park encompassing ten street blocks.<sup>6</sup> These ten street blocks had a violent crime rate that was 1.9 times higher than Fort Pierce as a whole, 6.2 times higher than St. Lucie County, 5.1 times higher than Florida, and 6.5 times higher than the national average.

In May 2016, FPPD crime analysts reported 550 gang members and associates operating in Fort Pierce. Of these, 328 live within Fort Pierce city limits and their residences are clustered around hot spot areas in Lincoln Park. The majority are male (98%), African American (75%), and between 15-24 years old (63%).

Unlike gangs whose organizations are based upon collective criminal enterprises such as drugs, firearms or prostitution, gangs in Lincoln Park are typically loosely organized groups of youth who associate with one another for protection based upon the neighborhood they are born and grew up in. They often commit crimes together, and some have an initiation process while others do not. The violence between these gangs is often sparked by some type of perceived insult followed by retaliation, and the shootings are often to gain "respect" by promoting widespread fear and terror among rival gangs and residents. The shootings are largely the result of "beefs" between rival gang members living in various pockets of Lincoln Park.

Recognizing the need for a comprehensive, long-term approach to violence in Lincoln Park, the Safe Neighborhoods Network is currently implementing a comprehensive plan to address youth and gang violence using multi-disciplinary partnerships and data-driven prevention, intervention and suppression strategies outlined in the OJJDP's Comprehensive Gang Model. The name of this plan is the *Restoring the Village Youth Initiative (RTVYI)*.

The project is implementing a model that is data-driven, evidence based and works to both reduce **risk factors** – characteristics that increase the likelihood of becoming a perpetrator or victim of violence – and increase **protective factors** – characteristics that decrease that same likelihood. The Centers for Disease Control and Prevention report that "youth violence is influenced by the interplay of multiple individual, relationship, community, and societal risk and protective factors that affect youth over the course of their development from early childhood through young adulthood. These factors can interact to increase or reduce the likelihood that youth will become involved in violence."<sup>7</sup>

The model calls for leveraging and integrating existing efforts, enhancing and strengthening programs that are working, and filling gaps with evidence-based strategies and practices. Over the last year, the Roundtable of St. Lucie County, Safe Neighborhoods and its community mobilization subcommittee, the Lincoln Park Advisory Committee (LPAC), has conducted a community-wide assessment where over 1,200 community residents -- youth, teachers, school administrators, community leaders, youth serving and other social services agencies were surveyed about the extent of the gang problem in the neighborhood.

## 12. Describe your proposed project's activities and how they will address the problems/needs you listed in #11 above.

The Comprehensive Gang Model combines five core components that research shows must be present in any successful plan to address gang violence. The core components include:

- **Community Mobilization:** Involvement of local citizens, including youth, residents and community organizations, in addressing gangs and violence;
- **Opportunities Provision:** The development of a variety of specific education, training, and employment programs targeted at gang-involved youth;
- **Social Intervention:** Youth-serving agencies, schools, grassroots groups, faith-based organizations, police and criminal justice organizations reaching out and acting as links to gang-involved youth. This is

<sup>5</sup> Florida Department of Health, Bureau of Vital Statistics; Florida Charts Interactive Community Map.

<sup>6</sup> Fort Pierce Police Department Report: 2013 Verified Shooting Incidents in Fort Pierce.

<sup>7</sup> Corinne David-Ferdon and Thomas R. Simon, "Taking Action to Prevent Youth Violence: A Companion Guide to Preventing Youth Violence: Opportunities for Action" (Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention, 2014).

primarily accomplished through the deployment of Street Outreach Workers, and the use of a multi-agency, multidisciplinary team of providers, called the Intervention Team, that directs targeted services towards gang members;

- **Suppression:** Formal and informal social control procedures, including close supervision or monitoring of gang youth by law enforcement; and
- **Organizational Change and Development:** Development and implementation of policies and procedures within and across agencies to better address gang problems.

At the core of this model is the mentoring services provided by the community outreach workers to gang-involved youth. The outreach workers' job is to connect with the youth, develop a trusting relationship, and recruit and retain the youth in the program by providing access to resources, prosocial role modeling and encouragement.

Acting as "credible messengers," outreach workers help divert gang-involved youth toward positive alternatives, and prevent retaliation through conflict resolution and mediation. They bond with youth in the program, help clients think through potential and imminent conflicts, and provide guidance and techniques for de-escalation. They help mitigate the short and long-term consequences of community violence by increasing protective factors such as the physical availability of parent figures by serving as role model/paternal figures; protection and physical safety through mediation and conflict resolution; and support in working through traumatic events.

They also facilitate moral development and skill-building (a critical component of successful mentoring programs), by discussing the consequences of violent events, promoting altruism and concern for others, and role modeling positive coping skills. In their interaction with RTVYI clients they also emphasize the risks and costs of involvement in violence – incarceration, injury, death, and societal costs – and attempt to modify client norms by conveying the message that gun violence is not the way to resolve personal conflict. **The proposed programming in this application incorporates this in the following ways:**

### **1. COOL IT! DEAL WITH IT! – AGGRESSION REPLACEMENT TRAINING (ART)**

Most of gang-related shootings in Fort Pierce can be traced back to conflicts between individuals from different pockets of the Lincoln Park neighborhood, many times conflicts that with the appropriate skills could have been resolved without weapons and violence. In other words, lack of skills to deal with anger and conflict leads to fights and shootings in the Lincoln Park neighborhood. In order to address this, the Roundtable of St. Lucie County has made increasing social/emotional competencies for youth (such as anger management and conflict resolution) to strengthen their abilities to avoid delinquency and violence a major goal of their prevention efforts.

To address this, the Roundtable of St. Lucie County has partnered with Sequel Care of Florida and the Department of Juvenile Justice to offer youth in our program Aggression Replacement Training (ART) – an evidence based program methodology that has proven very successful, and was developed specifically for youth involved in the delinquency system. ART features three coordinated and integrated components:

- Social Skills Training that teaches participants what to do, helping them replace antisocial behaviors with positive alternatives;
- Anger Control, which teaches participants what not to do, helping them respond to anger in a nonaggressive manner and rethink anger-provoking situations; and
- Moral Reasoning, which helps raise participants' level of fairness, justice, and concern for the needs and rights of others.

ART sessions are about 90 minutes long and a typical group session includes the following components:

**Modeling and practicing a social skill** (e.g. having difficult conversations, dealing with someone else's anger, helping others, keeping out of fights, dealing with peer pressure, expressing affection, etc.). **Anger Control** (e.g. identifying triggers, cues and how to use anger reducers). **Moral Reasoning** (discussion of real life moral dilemmas and how to deal with them).

In collaboration with Sequel Care of Florida, The Roundtable and Restoring the Village Youth Initiative will engage 10-15 new clients in this program over the spring and summer of 2018.

## **2. DREAM IT. PLAN IT. DO IT! - HISTORICAL BLACK COLLEGE TOUR TO BETHUNE-COOKMAN UNIVERSITY, DAYTONA BEACH**

Many RTVYI clients joined gangs as a result of maltreatment, adversity and abuse they experienced as children, often in order to protect themselves or provide for their families, and youth living in this neighborhood deal with the trauma of shootings and murders happening outside their doors. Research is clear on the many negative effects observing acts of violence or living in fear of neighborhood violence have on children's mental health and psychological development (Wallen et al. 1997, Garbarino, Bradshaw & Vorrasi 2002). Youth exposure to victimization is directly linked to negative outcomes for young people, including increased depression, poor mental and physical health, substance abuse, risky sexual behavior, homelessness, and poor school performance.

Most of our clients lack positive adult role models in their lives whom can encourage them to stay in school, dream big and make plans for the future in terms of career planning or college preparation. Indeed, we often hear the youth say that they do not think they will live to become adults, which negatively impacts their ability to think about and plan for the future. To help our clients build some confidence that they actually can finish school, go to college and be successful, the second (and new) element of our proposed programming is to organize a college tour to Bethune-Cookman University, a Historically Black College/University (HBCU) in Daytona Beach.

A college tour can be a life changing experience for youth, especially to a HBCU where they can observe people that look like themselves in a successful environment. On a college campus students get a sense of the student experience by touching, seeing, tasting, hearing, smelling and feeling the environment. By increasing awareness of the college experience students are encouraged to set long-term college goals early on, so they can begin thinking that we all can and will go to college. More specifically, the objectives of the college tour is to increase their knowledge about options, majors, academic match, social fit, and financial aid. By setting goals and acquiring new information about what it takes to get to college, students gain motivation to take attendance and academic preparation seriously, since it sets the tone for high school and beyond. It also allows students to open their minds to new opportunities. Research shows that students that attends college tours are more likely to enroll in college.

In order to prepare the youth for the college tour, the Restoring the Village Youth Initiative will organize a career planning event in advance of the trip. The youth will complete a survey assessing their knowledge of careers, college options, financial aid, etc. as well participate in an online "scavenger hunt" designed to help them learn about different careers and what it takes to pursue these careers. Upon return from the college tour, participants will be required to complete a post-survey to gauge how much new information about career planning and college options they gained on the trip.

To reinforce the learning outcomes from the college tour in interactions and programs after trip, RTVYI hopes to maintain the momentum by organizing "College T-Shirt Fridays" and continuing to expose clients to sports activities at Indian River State College.

## **3. SOCIAL ENRICHMENT/TEAM-BUILDING: A DAY AT UNIVERSAL STUDIOS, ORLANDO**

To complement the formal skill development in the ART and the new information participants gain about college and career options, the third program component focuses on social enrichment and healthy outdoor activities. The goal is to expose youth from the Lincoln Park area to Florida attractions and recreational opportunities, as well as inspire team development, support, trust, leadership and personal goal-setting, and encourage individuals and groups to work together to develop confidence, communication, cooperation and leadership skills. Quality enrichment programming can nurture relationships, feed imaginations and broaden horizons; support educational efforts and foster social and emotional well-being; develop resilience and encourage responsible behaviors. Studies suggest that the benefits may be greatest for students at risk for educational

failure or experiencing disruption in their lives due to circumstances such as homelessness or involvement in the juvenile justice system.

With financial support from the City of Fort Pierce, RTVYI organized a very successful team-building excursion for participants to a ropes course at Tigertail Lake Recreation Center in 2016, and a deep sea fishing trip on the Fort Pierce Lady in 2017. This summer the Roundtable proposes to take the youth on an excursion to Orlando to spend a day at Universal Studios. This trip will be taken in conjunction with the college tour.

Engaging youth in social/cultural activities to increase trust and build relationships between groups in conflict are powerful and evidence-based tools to "promote social integration and foster tolerance, helping to reduce tension and generate dialogue"<sup>8</sup> among groups in conflict.

**13. List the physical addresses where the your proposed project activities (listed in #12 above) will take place, using street addresses within the City limits of Fort Pierce.**

Fort Pierce City Hall, 100 N U.S. Highway 1, Fort Pierce, FL 34950

**14. List this project’s measurable goals and objectives. Date the goals and objectives.**

<b>Cool It! Deal with It!</b>			
<b>Goals and Objectives</b>	<b>Measurement<sup>9</sup></b>	<b>Pre-Test</b>	<b>Post-Test</b>
Reduced Aggression	Aggression Questionnaire	February 2018	May 2018
Reduced Cognitive Distortions	How I Think Questionnaire	February 2018	May 2018
Increased Social Skills	Skills Streaming Checklist	February 2018	May 2018
<b>Dream it. Think it. Do it!</b>			
<b>Goals and Objectives</b>	<b>Measurement</b>	<b>Pre-Test</b>	<b>Post-Test</b>
Expose RTVYI clients to a HBCU	# of youth who attended college tour	May 2018	June 2018
Increase knowledge about college requirements and options	# of students that completes online "college scavenger hunt" Pre/Post College Campus Survey	March - May 2018	June 2018
Promote thinking about career options	# of youth participating in RTVYI career planning session. Pre/Post College Campus Survey	March – May 2018	June 2018
<b>Day at Universal Studios</b>			
<b>Goals and Objectives</b>	<b>Measurement</b>	<b>Pre-Test</b>	<b>Post-Test</b>
Improve relationships between rival gang members	# of RTVYI clients willing to interact with rival gang members	May 2018	July 2018

<sup>8</sup> *Sport as a Tool for Development and Peace: Towards Achieving the United Nations Millennium Development Goals* (2003) Report from the UN Inter-Agency Task Force on Sport for Development and Peace.

<sup>9</sup> The instruments (Aggression Questionnaire, How I Think Questionnaire and the SkillStreaming Checklist) are assessments specifically developed for ART and used to establish baseline data before youth begin the ART curriculum and after the program to determine changes in attitudes, skills, and behaviors.

**15. How will you track the results of these goals and objectives? (This information will be required with your monthly status reports.)**

All testing instruments and measurements mentioned above will be administered to youth before and after the programming activities, and be communicated to the funder in the monthly status reports. Additionally, Restoring the Village Youth Initiative is already tracking client behaviors through documentation of client contacts in our client database.

**16. Briefly describe measurements of outcomes for each of the activities listed in #12. (Examples - number of unduplicated low/moderate income youth served, number of unduplicated senior citizens served, number of unduplicated Veterans served, number of unduplicated adults served, etc.)**

<b>Cool It! Deal with It!</b>			
<b>Goals and Objectives</b>	<b>Measurement<sup>10</sup></b>	<b>Pre-Test</b>	<b>Post-Test</b>
Reduced Aggression	Aggression Questionnaire	February 2018	May 2018
Reduced Cognitive Distortions	How I Think Questionnaire	February 2018	May 2018
Increased Social Skills	Skills Streaming Checklist	February 2018	May 2018
<b>Dream it. Think it. Do it!</b>			
<b>Goals and Objectives</b>	<b>Measurement</b>	<b>Pre-Test</b>	<b>Post-Test</b>
Expose RTVYI clients to a HBCU	# of youth who attended college tour	May 2018	June 2018
Increase knowledge about college requirements and options	# of students that completes online "college scavenger hunt" Pre/Post College Campus Survey	March - May 2018	June 2018
Promote thinking about career options	# of youth participating in RTVYI career planning session. Pre/Post College Campus Survey	March – May 2018	June 2018
<b>Day at Universal Studios</b>			
<b>Goals and Objectives</b>	<b>Measurement</b>	<b>Pre-Test</b>	<b>Post-Test</b>
Improve relationships between rival gang members	# of RTVYI clients willing to interact with rival gang members	May 2018	July 2018

17. Amount of Grant Funds requested in this application: \$5,000  
 Amount of other funds secured for this program/project: \$9,000  
 Amount of other funds earmarked for the program/project: \$2,921  
 Total amount needed to complete this program/project: \$16,921

**18. Describe your contingency plan in the event this grant request is not fully funded, or not funded at all by the City of Fort Pierce:**

<sup>10</sup> The instruments (Aggression Questionnaire, How I Think Questionnaire and the SkillStreaming Checklist) are assessments specifically developed for ART and used to establish baseline data before youth begin the ART curriculum and after the program to determine changes in attitudes, skills, and behaviors.

We are constantly researching grant opportunities for our gang intervention program and will continue to identify funding opportunities for this project through other grants or other partners, should the City of Fort Pierce decide not to awards funds to Restoring the Village Youth Initiative.

**19. If this is a multi-year project, how will you continue to implement this project if City grant funds are not available in future years?**

We are constantly researching grant opportunities for our gang intervention program and will continue to identify funding opportunities for this project through other grants or other partners, should the City of Fort Pierce decide not to awards funds to Restoring the Village Youth Initiative.

**20. Select every qualifier below that best describes your project.**

**Improve or enhance education opportunities**

**Improve or enhance job training opportunities**

**Improve or enhance employment opportunities**

Promote cultural diversity

**Promote outdoor activities and a healthy lifestyle**

Spur interest and participation in neighborhood improvement activities

Encourage citizen involvement and leverage resources to revitalize low and moderate-income neighborhoods

**Encourage partnerships between City Hall, residents and other community organizations that will result in projects and activities that benefit a community**

Instill and foster community pride

Promote neighborhood beautification and revitalization

Promote activities that protect the environment

**Discourage adverse activity such as crime, drug use, and vandalism**

**Inspire and support the healthy development of youth**

**21. Write an explanation below of how your project will perform each qualifier you selected above:**

The skills and insights that participants will be exposed to through the ART workshop series will enhance the skills necessary to succeed in school and train for and gain employment. The participation in these workshop also promotes new awareness and learning new skills about how to deal with anger and conflicts, which in turn are expected to discourage criminal activity and aspire healthy development in youth.

Additionally, the college tour is designed to develop aspirations for the future and expose youth to new knowledge and future opportunities, which in turn discourage adverse activity such as crime and drugs. Participation in the trip to Universal Studio with members of youth from different areas of Fort Pierce, promotes outdoors activities and a healthy lifestyle.

Lastly, this project, like all Roundtable programs encourages partnerships between City Hall, residents and other community organizations through the inclusion of and collaboration with many different organizations that result

in projects and activities that benefit the community.

22. **Date project to begin:** February 2018

**Date project to be completed:** August 2018

23. **Describe any participant fees that will be required as part of this project/program. Please see "New for Program Year 2018-2018" on Page 4 of the Grant Guidance.**

The Roundtable will not charge any fees for participants in the proposed programming.

24. **Applicants must demonstrate that the selection of participants is an objective process and Grant Recipient may not limit participation on the basis of race, gender, nationality, ethnicity, religion, creed or disability. How will your project comply with this expectation?**

As RTVYI is targeted toward a specific group of youth involved in youth violence, the selection of participants will be done using the program criteria explained under point 10.

25. **If this project is sponsored by a church or religious group, participation may not be limited to members of the church. What efforts will you make to ensure that the community at-large is aware of this project and the opportunity for participation?**

NA

26. Complete a COMPLETE detailed budget below for **THIS** project. List proposed City grant funds and other *committed funds* and 'in-kind contributions', donated professional services, fees and other resources that will be used to complete the project. List a detailed breakdown of individual items. Use specific descriptions, not broad categories. Remember, committed funds and/or in-kind services **must equal at least 25% of your grant request**.

Be sure to include verification documentation of all funds listed below as 'Committed' or 'In-Kind'. Commitments listed in the budget below that lack documentation **will not be counted as commitments**.

Program/Project Expense/Description	City Grant	Other Committed Funds \$\$ Amount or In-Kind	Source of Other Committed Funds or In-Kind Services (Please provide written verification of Every in-kind service listed here from the "Source")
<b>Cool It! Deal with It! - Aggression Replacement Training</b>			
<b>Customized, evidence-based Aggression Replacement Training (ART) for 10 Clients</b> Cost of materials and facilitator time: \$900 x 10 participants = \$9,000	0	\$9,000	Billed to Medicaid through Sequel Care of Florida. See attached letter of support. <u>Contact Information:</u> Art Kantor, LMHC Executive Director Sequel Care of Florida (413)977-6437 (c) Art.Kantor@sequelyouthservices.com
<b>Food and Refreshments for ART</b> 20 sessions X \$60 = \$1,200	\$1,200	0	
<b>Total Program Cost - ART</b>	<b>\$1,200</b>	<b>\$9,000</b>	
<b>Dream it. Think it. Do it!</b>			
<b>Transportation for 16 people (10 clients, 6 adult chaperones)</b> Roundtrip Fort Pierce – Daytona - Orlando, with Magic carpet Ride Bus Company, Vero Beach.		\$2,325	Funds from Hunt Foundation dedicated to pro-social activities already awarded to the Roundtable of St. Lucie County.
<b>Accommodations for 17 people (10 clients, 6 adult chaperones and 1 driver) for 1 night</b> in Daytona Beach (7 rooms x \$127.99 + tax and service fees \$96 + hotel Fees \$59.70)	\$924	0	
<b>Food/Refreshments</b> Breakfast Friday Morning (16 x \$7 = \$112) + Lunch Friday (at College 16 x \$8 = \$128) + Dinner Friday Evening (16 X \$20 = \$400) + Breakfast Saturday Morning (16 x \$8 = \$128) + Late Lunch/Dinner Saturday (16 X \$20 = \$320) <b>Total \$1,088</b>	\$892	\$196	Funds from Hunt Foundation dedicated to pro-social activities already awarded to the Roundtable of St. Lucie County.
<b>College Apparel</b> (16 X Bethune-Cookman T-Shirts x \$25)		\$400	Funds from Hunt Foundation dedicated to pro-social activities already awarded to the Roundtable of St. Lucie County.
<b>Total Program Cost – Dream it. Think it. Do it!</b>	<b>\$1,816</b>	<b>\$2,921</b>	
<b>Day at Universal Studios</b>			
<b>One day passes to Universal</b> (16 x \$124)	\$1,984	0	
<b>Total Program Cost – Day at Universal Studios</b>	<b>\$1, 984</b>	0	
<b>Total Project Costs is \$16,921</b>	<b>\$5,000</b>	<b>\$11,921</b>	

- **Please provide a quote for each item listed that you will purchase with this grant award** in the above Budget under 'Expense/Description'. Each quote should list vendor/company with contact information.

See attached.

## 27. **Organization Staff and Volunteers**

Please complete the information listed below for **each person** in your organization who will work on **THIS** project and the percentage of time they will dedicate to this project, including all volunteers.

**Name:** Teresa Bishop

**Telephone Number:** (772) 871-5880

**Email Address:** tbishop@roundtableslc.org

**Organization Position:** Executive Director, Roundtable of St. Lucie County

**City of Residence:** Port St. Lucie

**Qualifications:**

**Professional Licenses:**

**Role in Project:** Program Coordination

**% of Time Dedicated to Project:** 10%

**Name:** Monica Jakobsen

**Telephone Number:** (772) 448-3120

**Email Address:** mjakobsen@roundtableslc.org

**Organization Position:** Program Coordinator, Restoring the Village Youth Initiative

**City of Residence:** Fort Pierce

**Qualifications:** Ph.D. Candidate and 15 years' experience in conflict resolution

**Professional Licenses:** NA

**Role in Project:** Coordinator/Facilitator

**% of Time Dedicated to Project:** 25%

**Name:** Demetria Williams

**Telephone Number:** (772) 584-1595

**Email Address:** demetria.williams@sequelyouthservices.com

**Organization Position:** Licensed Therapist, Sequel Care of Florida

**City of Residence:** Gifford

**Qualifications:**

**Professional Licenses:**

**Role in Project:** Facilitate ART

**% of Time Dedicated to Project:** 15%

**Name:** Julyne Viau  
**Telephone Number:** (772) 342-2375  
**Email Address:** julyne.viau@sequelyouthservices.com  
**Organization Position:** Licensed Therapist, Sequel Care of Florida  
**City of Residence:** Port St. Lucie, FL  
**Qualifications:**  
**Professional Licenses:**  
**Role in Project:** Facilitate ART  
**% of Time Dedicated to Project:** 15%

**Name:** Darcy McFolley  
**Telephone Number:** (772) 267-7809  
**Email Address:** dmcfolley@roundtableslc.org  
**Organization Position:** Outreach Supervisor, Restoring the Village Youth Initiative  
**City of Residence:** Fort Pierce  
**Qualifications:**  
**Professional Licenses:**  
**Role in Project:** Coordinate/Facilitate  
**% of Time Dedicated to Project:** 15%

**Name:** Michael Robinson  
**Telephone Number:** (772) 828-6553  
**Email Address:** mrobinson@roundtableslc.org  
**Organization Position:** Community Outreach Worker  
**City of Residence:** Fort Pierce  
**Qualifications:**  
**Professional Licenses:**  
**Role in Project:** Coordinate/facilitate  
**% of Time Dedicated to Project:** 5%

**Name:** Kevin Huggins  
**Telephone Number:** (772) 200-6491  
**Email Address:** KHuggins@Roundtableslc.org  
**Organization Position:** Community Outreach Worker  
**City of Residence:** Fort Pierce  
**Qualifications:**  
**Professional Licenses:**  
**Role in Project:** Coordinate/facilitate  
**% of Time Dedicated to Project:** 5%

**Name:** Marcus Mills  
**Telephone Number:** (772) 971-1395  
**Email Address:** [mmills@roundtableslc.org](mailto:mmills@roundtableslc.org)  
**Organization Position:** Community Outreach Worker  
**City of Residence:** Fort Pierce  
**Qualifications:**  
**Professional Licenses:**  
**Role in Project:** Coordinate/facilitate  
**% of Time Dedicated to Project:** 5%

**Name:** Veslu Edwards  
**Telephone Number:** (305) 753-8372  
**Email Address:** [ledwards@roundtableslc.org](mailto:ledwards@roundtableslc.org)  
**Organization Position:** Community Outreach Worker  
**City of Residence:** Fort Pierce  
**Qualifications:**  
**Professional Licenses:**  
**Role in Project:** Coordinate/facilitate  
**% of Time Dedicated to Project:** 5%

**Name:** Dana Stonelake  
**Telephone Number:** (772) 448-3120  
**Email Address:** [stonelakedm@gmail.com](mailto:stonelakedm@gmail.com)  
**Organization Position:** Administrative Support, Roundtable of St. Lucie County & RTVYI  
**City of Residence:** Port St. Lucie  
**Qualifications:**  
**Professional Licenses:**  
**Role in Project:** Administrative support  
**% of Time Dedicated to Project:** 5%

28. Please attach **ALL** of the documents listed below to your application. Please include a written explanation for EACH document not included:

- Articles of Incorporation and By-Laws
- State and Federal Tax Exempt determination letter
- Employee Identification Number
- List of Board of Directors with contact information
- Organizational Chart for your Organization
- Board of Director's authorization to apply for this grant

- \_ Last three month's bank statements
- \_ Annual budgets for 2016 and 2018
- \_ Most recent audit report (if this is not available, provide written explanation)
- \_ Matching funds and In-Kind Services commitment documentation (Budget, page 16)
- \_ Three (3) Letters of Support for this project
- \_ Newspaper articles, and Thank-You letters, etc., as available, for your organization's work within the City of Fort Pierce.