



Help on the Road to Recovery  
From Mental Illness and  
Substance Abuse

## HEALTH OF MIND AND BODY

The innovative Primary Care Clinic gives New Horizon's clients ready access to basic medical care, often neglected when individuals are coping with mental health issues.

## A COMMUNITY RESOURCE

New Horizons was created in 1958 by community members who passionately believed that quality mental health services should be available to all in need on the Treasure Coast.

After more than 50 years, New Horizons continues to work hard to fulfill their vision.

## AN ONGOING NEED

The need for mental health and substance abuse services continues to grow.

As a non-profit organization, New Horizons needs the help of the community it serves. Learn more about our programs and how you can help at [www.nhtcinc.org](http://www.nhtcinc.org). Call us for a tour.

**Always believe that with a community like ours and a quality provider like New Horizons, individuals coping with mental health or substance abuse issues have reason for hope.**

**New Horizons of the Treasure Coast  
4500 W. Midway Road, Ft. Pierce, FL  
772-468-5600 • 1-888-468-5600**

*New Horizons is licensed and regulated by the Florida Department of Children and Families and the Agency for Health Care Administration. It is fully accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).*



New Horizons is the community's non-profit provider of behavioral health services for adults and children of the Treasure Coast and Okeechobee.

What if you feel  
you can't go on for  
another day or  
another inch?

Life is a challenge, and all of us can name someone in our circle of friends or family who are coping with issues of mental health or substance abuse.

The highly skilled and compassionate staff at New Horizons is here to give care and hope to all in need, regardless of ability to pay.

## OUR MISSION

New Horizons of the Treasure Coast and Okeechobee delivers accessible behavioral and primary health care services to children, adults and families to achieve mental and physical wellness, thereby improving the quality of life in our community.

## A TEAM APPROACH

Psychiatrists, clinical psychologists, mental health nurses, licensed therapists and social workers come together as a team to help both individuals and their families face the future with dignity and resilience.



## THE RIGHT PLACE, THE RIGHT PROGRAM

**New Horizons** offers a range of programs throughout the Treasure Coast, each built around the needs of the individual.

An attractive main campus in Fort Pierce is the setting for the **Adult Crisis Unit, short term rehabilitation and recovery programs,** and **The Frances Langford Children's Crisis Unit** for children and adolescents.

**Outpatient programs** reach out into the communities of St. Lucie, Indian River, Martin and Okeechobee counties to help individuals manage their care and build productive lives.

Through the **Mobile Crisis Unit,** New Horizons staff can come to the aid of an individual in crisis, provide a safety net and help to resolve a difficult situation.

## PROGRAMS AND SERVICES INCLUDE:

- Short Term Residential Treatment
- Independent Recovery Program
- Children's Crisis Stabilization
- Adult Crisis Stabilization
- Detox Unit
- Outpatient Services
- Independent Living Skills
- Case Management
- Family Support and Counseling
- Individual and Group Therapy
- Mobile Crisis Unit
- Primary Care Clinic
- Collaboration with Schools and Law Enforcement Agencies