



# Services of New Horizons of the Treasure Coast & Okeechobee

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- ▶ Division Director for  
Outpatient & Community  
Services

## Our Mission

New Horizons of the Treasure Coast and Okeechobee delivers accessible behavioral and primary health care services to children, adults and families to achieve mental and physical wellness, thereby improving the quality of life in our community.

Established in 1958, New Horizons offers a wide range of programs at seven facilities across Indian River, Martin, St. Lucie and Okeechobee counties.



# Adult Services



# Adult Outpatient Services

- ▶ Florida Assertive Community Treatment (FACT)
- ▶ Adult Psychiatry
- ▶ Adult Case Management
  - Intensive & Forensic
- ▶ Medicated Assisted Treatment (MAT)
- ▶ Psychosocial Rehabilitation (PSR) & Independent Living Skills Center
- ▶ Injection Clinic
- ▶ Mental Health Court
  - Indian River, Martin & St. Lucie Counties

# Adult Inpatient Services

- ▶ Detox Unit–12 bed unit where adults experiencing acute symptoms from substance abuse receive medication to prevent and manage withdrawal symptoms and also receive medical and psychosocial treatment.
- ▶ Independence Recovery Program–After detox individuals can take part in 28 -day treatment program to help them remain clean and sober. The program follows the 12-Step Model to recovery and resilience.
- ▶ Transitional Group Living–A home for individuals with severe and persistent mental illness who have major skill deficits in activities of daily living and independent living. In this 16-bed supervised setting, they learn to take responsibility for their recovery, practice coping and life skills, gradually gain independence, and eventually transition back to the community. Admission to the home is only through the state hospital system.

# Adult Inpatient Services

## (continued)

- ▶ **Adult Crisis Stabilization Services (ASU)** -At our main campus in Fort Pierce, we have a 30-bed unit that provides adults in crisis a safe place to receive treatment and establish balance in their lives. Admission to the unit is under the supervision of a physician.

# Children's Services



# Children's Services

- ▶ Children Crisis Center–20 bed facility provides services 24 hours a day, 7 days a week for children from ages 6 through 17 who have mental health and/or substance abuse issues and need immediate crisis intervention.
- ▶ Children's Community Action Team (CAT)– The CAT team provides the highest level of care in the community setting. It is considered the last step before residential care. Children ages 11 to 21 years of age with a mental health diagnosis or co-occurring substance abuse diagnosis, at risk for out-of-home placement for whom traditional services have not been adequate.
- ▶ Outpatient Services–Provided to children and their families and includes individual, group or family counseling, case management, psychiatric services including evaluation and medication management.

# Children's Services (continued)

- ▶ Case Management–Case Managers link families with community resources and advocate for the family when needed. Services are provided by utilizing the Wraparound process in the home, community and schools.
- ▶ Student Assistance–A substance abuse prevention program conducted in elementary and middle schools in St. Lucie, Martin, Indian River and Okeechobee counties, to educate youth on the dangers of substance abuse. The educators help students develop greater self- esteem and coping skills individually or in small group sessions.



# Mobile Response Team (MRT)

- ▶ **Our crisis line is available 24/7 for your needs. Call us at 772-468-3909, 211 or 988 and you will be linked directly to our Mobile Response Team who can offer immediate crisis intervention either in-person or by phone. Someone is waiting to help you!**



# Contact Us!

- ▶ **New Horizons – Main Campus**  
4500 West Midway Road  
Fort Pierce, Florida 34981  
(772) 468-560
- ▶ **Adult Outpatient Services**  
(772) 672-8400  
Hours: Mon. – Fri. 8 am – 6 pm
- ▶ **Inpatient Assessment (children & adults )**  
(772) 468-3909  
Open 24 hours
- ▶ **Children’s Outpatient Services G**  
(772) 467-5550  
Hours: Mon. – Fri. 8 am – 6 pm
- ▶ **Mobile Response**  
(772) 468-3909  
Open 24 hours

