



# **CIOSI - Adaptive Recreation Programming**

**June 9, 2026**





# Definition of Adaptive Recreation Programming

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Adaptive recreation programming – is the intentional design and delivery of recreation activities to ensure full and meaningful participation by individuals with physical, cognitive, sensory, or behavioral disabilities.



## Examples of common activities

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- Special Olympics
- Sports & Fitness
- Special Interest Classes
- Cultural Arts
- Special Events



## Analysis to include

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- Overview of existing adaptive recreation programs by Glendale Parks and Recreation and surrounding communities
- Research the demand in the community for adaptive recreation programming (survey, study, etc.)
- Identify any local organizations to potentially partner with to offer adaptive recreation programming



## Resources Needed

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It is estimated to take approximately 40-60 hours staff time to perform the analysis.



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Consensus?