

Self-Insured Healthcare Trust Board

Goodyear City Hall, Room 117

190 North Litchfield Road

Goodyear, AZ 85338

**Thursday, March 4, 2021****3:00 p.m.****Meeting Agenda**

This meeting will be held in conference room 230 at Goodyear City Hall, but will be set-up via Microsoft Teams for anyone who would like to attend virtually.

CALL TO ORDER**ROLL CALL****PUBLIC COMMENTS**

Before you begin to speak, identify yourself by clearly stating for the record, your name and address. This is the time for citizens who would like to address the Board on any non-agenda item within the jurisdiction of the Board. The Board will listen to comments, and may take any one of the following:

- Respond to criticism.
- Request that staff investigate and report on the matter.
- Request that the matter be scheduled on a future agenda.

OLD BUSINESS**NEW BUSINESS**

1. Approve minutes- Approve draft minutes of the Self-Insured Healthcare Trust board meeting held on January 28, 2021.
2. FY21 Claims Experience
3. Medical and Dental PPO Plan Changes
4. Setting of FY22 Healthcare Premiums
5. Setting of FY22 Dental PPO Premiums

INFORMATION ITEMS

Comments, Commendations, Report on Current Events and Presentations by Board, Commission or Committee Members, staff or members of the public. The members may not propose, discuss, deliberate or take any legal action on the information presented pursuant to A.R.S. § 38-431.02.

NEXT MEETING

ADJOURNMENT

Pursuant to A.R.S. § 38-431.02, notice is hereby given to the members of the Board and to the general public that the Board will hold a meeting open to the public. Public body members of the city of Goodyear will attend either in person or by telephone conference call and/or video communication.

THE CITY OF GOODYEAR ENDEAVORS TO MAKE ALL PUBLIC MEETINGS ACCESSIBLE TO PERSONS WITH DISABILITIES. With 48-hour advance notice, special assistance can be provided for sight and/or hearing-impaired persons at this meeting. Reasonable accommodations will be made upon request for persons with disabilities or non-English speaking residents. Please call the City Clerk (623) 882-7830 or Arizona Relay (TDD) 7-1-1 to request an accommodation to participate in this public meeting.

LA CIUDAD DE GOODYEAR PROCURA HACER TODA JUNTA PUBLICA ACCESIBLE A PERSONAS CON DISCAPACIDADES. Con un aviso de 48 horas por adelantado se puede proveer asistencia especial a personas con discapacidades visuales o auditivas durante la junta. Se harán adaptaciones razonables con previa solicitud para personas con discapacidades o para residentes que no hablan inglés. Favor de llamar a la Secretaria Municipal al (623) 882-7830 o Retransmisión de Arizona (TDD) 7-1-1 para solicitar adaptaciones para participar en la junta pública.

AGENDA ITEM #: 1.
DATE: 03/04/2021



Self-Insured Healthcare Trust Board

SUBJECT

Approve minutes- Approve draft minutes of the Self-Insured Healthcare Trust board meeting held on January 28, 2021.

Recommendation:

Attachments

1-28-21 Draft Meeting Minutes



City of Goodyear

See meeting location
below

Meeting Minutes

Self-Insured Healthcare Trust Board

Thursday, January 28, 2021

3:00 PM

City Hall, Room 117
190 N. Litchfield Rd.
Goodyear, AZ 85338

This meeting will be held in conference room 117 at Goodyear City Hall, but will be set-up via Microsoft Teams for anyone who would like to attend virtually.

CALL TO ORDER

Chairman Balsan called the meeting called to order 3:01 p.m.

ROLL CALL

Present: 5 - Chairman Balsan, Vice Chairman Foster, Secretary Preyer-Bonton, Boardmember Sandstrom and Boardmember Newcomer

Staff Present: Lyman Locket, Jeanni Ruddy, Chanda Washington, Jared Askelson

Others Present: Rick Shuckerow, Erica Emmons, Samuel Gish, Kristin Zipprich

APPROVE MINUTES

1. [MINUTES](#) Approve draft minutes of the Self-Insured Healthcare Trust Board meeting held on
[2020-220](#) October 29, 2020.

MOTION BY Chairman Balsan, SECONDED BY Boardmember Sandstrom, to APPROVE the draft minutes of the Self-Insured Healthcare Trust Board meeting held on October 29, 2020. The motion carried by the following vote:

Ayes: 5 - Chairman Balsan, Vice Chairman Foster, Secretary Preyer-Bonton, Boardmember Sandstrom and Boardmember Newcomer

CITIZENS COMMENTS/ APPEARANCES FROM THE FLOOR

There were no citizen comments.

OLD BUSINESS

None.

NEW BUSINESS

2. Financial Overview

Jared Askelson provided the financial overview. \$5.3M in sources and contributions and 350K in pharmacy rebates. Change in assets is almost at break-even, but we currently exceed the current reserve requirement.

3. FY21 Q2 Claims Experience

Samuel Gish provided an overview of the Population Health Summit report covering July 2020 to Dec 2020. The report focuses on medical and pharmacy spend, and there has been growth from the period July 2019 - Dec 2019. Medical spending is the same as the last period reviewed, and pharmacy spend increase is on par with the national average. There was a discussion on plan performance, and pharmacy spend and plan paid breakout for generic versus brand script. A summary review of large claimants, risk scores, and costs were briefly discussed. Large claimants accounted for a majority of the costs over the last year. Samuel explained the incurred claims by month chart and how risk scores provide valuable information for predicting how a claim will move going forward. The dental experience report was reviewed, and the dental spend is not an area of concern due to the dental plan showing well funded. Samuel shared the simulation summary with actuarial projections for the next plan year through June 2022. Anything between .5 to 3.5% increase would be sufficient to cover estimated claims. The IBNR estimate was discussed. Lyman asked about unanticipated costs related to COVID. Samuel reiterated that based on the data, he feels we projected the costs related to COVID well even though it is difficult to anticipate future costs.

4. Cigna's Observations and Recommendations

Erica Emmons presented to the Healthcare Benefits Trust providing a recap of possible changes for next year. Overall, the 6-year trend is 4.6%. The medical trend is 6.4% and pharmacy trend of 26.9% is driven by specialty drug utilization. Hence, opportunities to bring costs down and recommended changes to the plan for 2021-2022 were discussed.

5. Overview of Benefits Survey Data

Chanda Washington provided a summary of the benefits survey results to date. Surveys were sent to employees two weeks ago for feedback; employees have until February 2nd to provide a response. Once all responses are in, the city will work with Cigna to look at cost impact of any changes that can be considered for benefits and bring recommendations to the Board at the next meeting. Overall employee satisfaction was high with the city benefits. Preliminary numbers show 80.2% of respondents thus far were satisfied/very satisfied with the medical plan. 74.3% were satisfied/very satisfied with the dental plan. Of those who had no feedback, many did not use the medical and dental plans. 11 respondents were not satisfied with the medical and dental plan. There was a discussion on some of the feedback given from employees on the benefits survey.

6. Discussion of FY22 Healthcare Premiums

There will be further discussion on rates at the next meeting. There was a brief discussion on COVID

costs, and Erica shared that the last COVID update was costs were \$215K and covered the period Jan 2020 to Dec 2020. COVID claims include diagnosis and testing which are covered entirely by the plan.

INFORMATION ITEMS

None.

NEXT MEETING

Jeanni proposed the next meeting for March 4, 3:00 p.m.

ADJOURNMENT

There being no further business to discuss, Chairman Michael Balsan adjourned the meeting at 4:15 p.m.

Respectfully Submitted by:

Chanda Washington, Benefits Analyst

Chairman Michael Balsan, Chairman

Date: _____