

Self-Insured Healthcare Trust Board

Goodyear City Hall, Room 117
190 North Litchfield Road
Goodyear, AZ 85338



Thursday, August 12, 2021

3:00 p.m.

Meeting Minutes

Present: Board Member Wade Foster; Board Member Michael Balsan; Board Member Jennifer Preyer-Bonton; Board Member Richard Newcomer; Ex-Officio Doug Sandstrom

Staff Present: Human Resources Director Lyman Locket; Deputy Finance Director Jared Askelson; Total Compensation & HRIS Manager Jeanni Ruddy; Benefits Analyst Chanda Washington

Attendees: Erica Emmons, Cigna Strategic Account Executive; Samuel Gish, GBS Consultant

CALL TO ORDER

ROLL CALL

PUBLIC COMMENTS

Before you begin to speak, identify yourself by clearly stating for the record, your name and address. This is the time for citizens who would like to address the Board on any non-agenda item within the jurisdiction of the Board. The Board will listen to comments, and may take any one of the following:

- Respond to criticism.
- Request that staff investigate and report on the matter.
- Request that the matter be scheduled on a future agenda.

BUSINESS

1. APPROVE MINUTES

Approve minutes- Approve draft minutes of the Self-Insured Healthcare Trust board meeting held on March 4, 2021.

MOTION BY Chairman Balsan, SECONDED BY Board member Newcomer, to APPROVE the draft minutes of the Self-Insured Healthcare Trust Board meeting held on March 4, 2021. The motion carried by the following vote:

AYE: Board Member Wade Foster, Board Member Michael Balsan, Board Member Jennifer Preyer-Bonton, Board Member Richard Newcomer, Ex-Officio Doug Sandstrom

Passed - Unanimously

2. FY Claims Experience

Rick Shuckerow spoke on medical claims experience. The loss ratio for FY21 is 79.4%, down from 87% in FY20- overall a 9% change in total medical claims from the previous year. Pharmacy claims are down 3.3%, as well as shock claims are down 10%. Annualized group trends are trending well over other groups. Shock claimants discussion Rick shared that the number of members is up 7% to 61 and these claimants account for 60.16% of gross claims. Rick added that the number of shock claims versus dollars spent went down by 15%. There was a discussion on the dental claims experience with the loss ratio at 80% which shows the PPO dental plan is running well.

3. Financial Overview

The financial overview was an unaudited update. Jared Askelson mentioned the data he provided differs from the report discussed by Rick due to the timing of claims processing versus reporting. Jared discussed that the city exceeds the reserve requirement because there was an increase in net assets by approximately \$1.5M.

4. Cigna Updates: COVID Claims, Behavioral Health Network Expansion and Medical Mgmt Programs

Erica Emmons provided details of COVID data based on paid claims covering the last 19 months versus the last month. Notable were testing and vaccination costs, which did not capture services from the wellness center or state-run facilities. During the 19 months, \$10.8K paid out for vaccinations and in July 2021 that number was \$6.6K. Erica shared about the behavioral health network expansion adding four programs and virtual capability. Maroo Health provides virtual therapy for depressive disorders. Talkspace adds additional virtual providers and is accessible via EAP or behavioral health through the medical plan. Happify Health and Ginger are the other two programs that are being added that were discussed. There was a discussion on steerage which happens at the point of authorization; this option lowers cost by steering patients to lower cost facilities for services.

5. Discuss future meeting schedule

Lyman Locket led the discussion on the future meeting schedule and addressed meeting frequency and timing. Currently, there are four required meetings. The plan that was discussed and agreed to have includes standing meetings approximately around October, January and March. Scheduling of additional meetings will occur as needed.

INFORMATION ITEMS

Comments, Commendations, Report on Current Events and Presentations by Board, Commission or Committee Members, staff or members of the public. The members may not propose, discuss, deliberate or take any legal action on the information presented pursuant to A.R.S. § 38-431.02.

None

NEXT MEETING

Review the date, time and location of the next meeting, if applicable.

The next meeting will be scheduled for October.

ADJOURNMENT

Board member Newcomer moved to adjourn the meeting and Board member Sandstrom seconded.

AYE: Board Member Wade Foster, Board Member Jennifer Preyer-Bonton, Board Member Richard Newcomer, Ex-Officio Doug Sandstrom

Other: Board Member Michael Balsan (Excused)

Passed - Unanimously

There being no further business to discuss, the Board adjourned the meeting at 4:32 p.m.

Respectfully Submitted by:

Lyman Locket, Human Resources Director

Michael Balsan, Chairman

Date: _____