

American Heart Association West Valley Heart Walk

Presented by:

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September 11, 2023



American Heart Association®
Heart Walk





Inaugural West Valley Heart Walk

- American Heart Association Mission
- The Heart Walk in the Heart of Goodyear
- Recommendation for In-Kind Support

American Heart Association
West Valley Heart Walk





SAVE THE DATE

West Valley Heart Walk

02 DECEMBER 2023 | 9:00 AM | GOODYEAR CIVIC SQUARE

WWW.WESTVALLEYHEARTWALK.ORG | (602) 414-5323

LOCALLY PRESENTED BY  Abrazo Health





DRIVING EQUITABLE HEALTH FOR THE WEST VALLEY



The American Heart Association is committed to driving equitable health impact in the West Valley through key priority areas: **reducing risk in women, addressing community need, ending tobacco & vape use, controlling blood pressure and improving nutrition security and building health & well-being.** Equity is always at the center of our work, and it will continue to guide all that we do.

Through our focus on these key impact areas, we can improve the health and well-being of the West Valley while saving and improving countless lives.

People are counting on us as never before. The American Heart Association, along with our supporters, will drive change, and will be relentless. Thank you for your continued support.



Controlling high blood pressure

Approximately 1 in 3 adults in the West Valley have been diagnosed with high blood pressure.



Improving nutrition security

1 in 4 children in Maricopa County live in poverty, the 5th highest rate in the country.



Increase bystander CPR

Only 1 in 10 people survive cardiac arrest outside of the hospital, which equates to 350,000 deaths nationally per year



Ending e-cigarette and tobacco use

1 in 5 Arizona teens report current smoking, with the majority using e-cigarettes. 1 in 2 Arizona teens report trying vaping.



**What stands in
the way of a
healthier
West Valley?**



22-23 PHOENIX HEART WALK



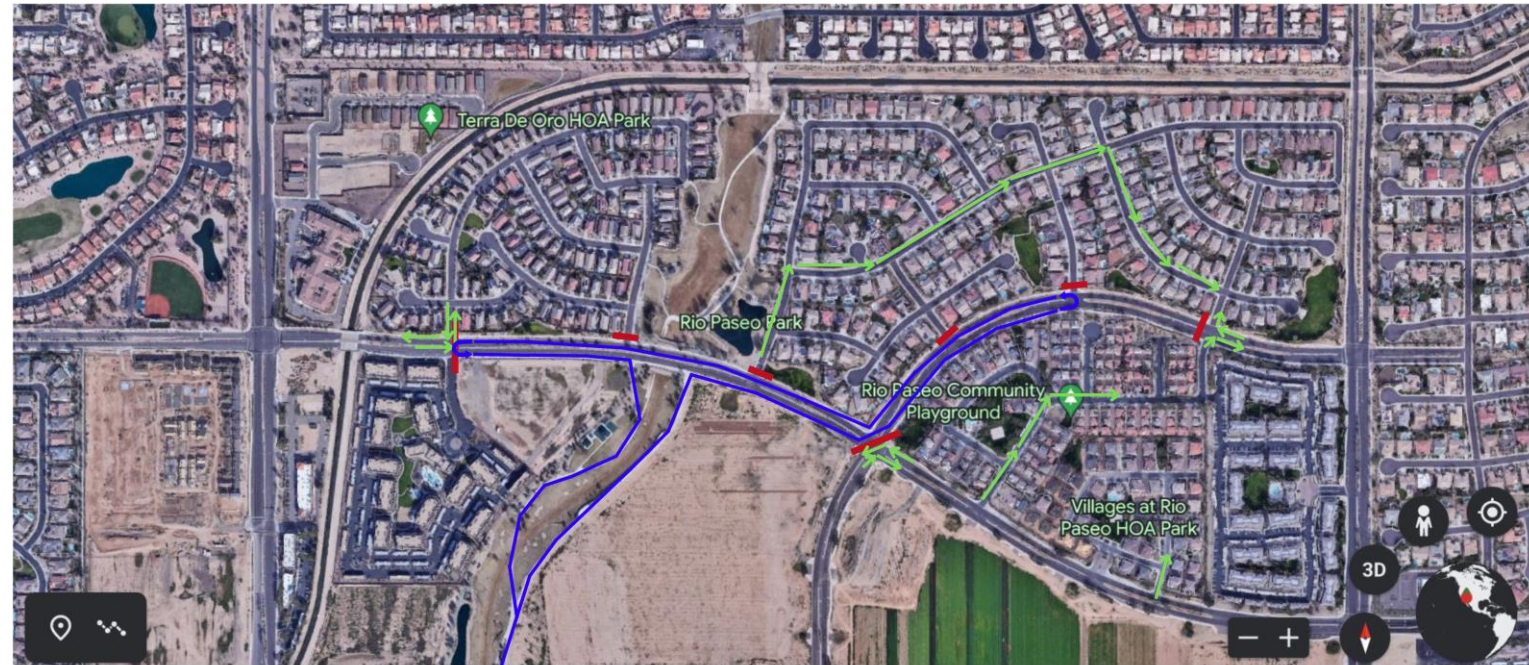
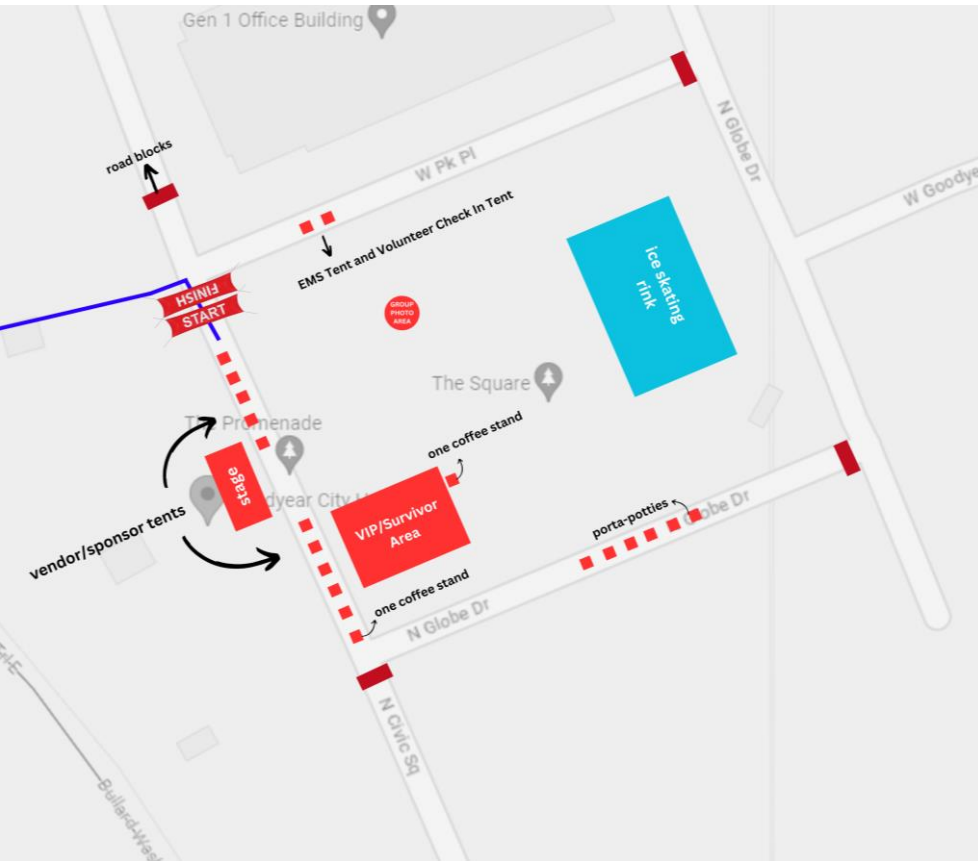
LOCALLY SPONSORED BY



ESTRELLA™



IT'S ALL COMING TOGETHER!



- walking route
- traffic barricades
- traffic



Your in-kind support will help us bring the West Valley community to the Heart of Goodyear on December 2nd!

Register TODAY!



Go to: www.westvalleyheartwalk.org
Click "*Create a Team*" and follow the prompts!



#WestValleyHeartWalk



Goodyear Support

- Event Benefits
- In-Kind Contribution
- Staff Recommendation

Department	Cost
Fire	\$1,400
Police	\$6,100
Parks & Rec	\$800
Public Works	\$2,600
Total	\$10,900

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