


City of Hawthorne’s “Community Wellness – Program Overview”

City of Hawthorne Presents: Mental Health for Residents

 **Website:** cityofhawthorne.org/wellness

Overview

Hawthorne Community Wellness is a **citywide initiative** providing **no-cost virtual mental health therapy and wellness services—delivered directly to you.**





This program, **powered by Telehealth Van**, ensures that individuals and families can access **licensed clinical social workers (LCSWs) and master’s-level therapists without ever having to leave their location.** Once you book an appointment, the **Telehealth Van comes to your physical location**, where you can **safely and privately** connect with a therapist inside the van via a secure virtual session.


"Appointments are available exclusively for City of Hawthorne residents."

Our goal is to make **mental health care accessible, convenient, and stigma-free**—because Hawthorne is a **City of Good Neighbors**, and we believe wellness should be available to all.






How It Works – Easy Booking for Free Therapy


Residents can book an appointment in **just a few clicks:**

-  **Step 1:** Visit cityofhawthorne.org/wellness
-  **Step 2:** Click the “Community Wellness” button
-  **Step 3:** Select an available appointment time
-  **Step 4:** The **Telehealth Van arrives at your location**—no travel required!

 **You never have to leave your home, workplace, or community center.** The **Telehealth Van** meets you where you are, ensuring a **private, secure space** for your virtual mental health session.

What’s Included?

-  **No-Cost Virtual Therapy Sessions for City of Hawthorne residents (ID is required)**
-  **One-on-One Counseling from Certified Mental Health Therapists**
-  **Telehealth Van Comes to Your Location for Privacy & Comfort**
-  **Support for Adults, Families, Youth & Seniors**
-  **Scheduling Available Monday – Friday (9-3pm).** *Schedule based on availability.*

 **Need Assistance? Call 310-971-9221**


 **Email:** krystal@telehealthvan.com

Why This Matters

Mental health is a priority for **Hawthorne's residents**, and we are committed to **breaking barriers to access care**. By offering **virtual therapy inside the Telehealth Van**, we ensure that **every resident has an opportunity to receive guidance, resources, and professional help—at no cost and without the need to travel**.

This initiative is made possible through the **City of Hawthorne**, in collaboration with **Telehealth Van**, to bring **Mental Health for All**.

City of Hawthorne Presents: “Mental Health for All”

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This is a draft program designed by the team at TeleHealth Van.