



RESOLUTION

WHEREAS, the first National Nutrition Week was proclaimed in 1973 to serve as a vehicle for delivering nutrition education messages to the public with the theme “Invest in Yourself – Buy Nutrition”, changing to National Nutrition Month in 1980; and

WHEREAS, National Nutrition month has grown dramatically with the support of the American Dietetic Association (ADA) , looking to promote major changes in the perception of nutrition and the importance nutrition plays in a healthy lifetime ; and

WHEREAS, National Nutrition Month and the ADA focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits; and

WHEREAS, : “A Healthier Me” Obesity Awareness Program will empower Hidalgo County employees on the importance of making informed food choices and developing sound eating and physical activity habits.

NOW, THEREFORE, BE IT RESOLVED that the Hidalgo County Commissioners Court hereby proclaim March as “National Nutrition Month” in Hidalgo County and urge the employees to choose proper nutrition for a healthy today and tomorrow.

HIDALGO COUNTY COMMISSIONERS COURT

Ramon Garcia, County Judge

Joel Quintanilla Pct.1 Commissioner

Hector “Tito” Palacios, Pct. 2 Commissioner

Joe Flores Pct. 3 Commissioner

Joseph Palacios, Pct 4 Commissioner

Signed before me this 1st day of March, 2011

Ramon Garcia, Hidalgo County Judge