

CONTRACT NO. 2011-037938-
PROGRAM ATTACHMENT NO. 001
PURCHASE ORDER NO. 0000372459

CONTRACTOR: HIDALGO COUNTY

DSHS PROGRAM: CHRONIC HIGH BLOOD PRESSURE CONTROL

TERM: 04/01/2011

THRU: 06/29/2011

SECTION I. STATEMENT OF WORK:

Contractor will work to improve blood pressure control and increase awareness of signs and symptoms of heart attack by implementing a community education and assessment campaign that will use clinic staff, including Community Health Workers (Promotoras), to educate underserved populations in Hidalgo County about the prevention and control of high blood pressure and the signs and symptoms of heart attack, including symptoms specific to women.

Contractor will utilize Promotoras and other clinic staff to educate low income and medically underserved populations about risks associated with high blood pressure and actions they can take to control high blood pressure, including: increasing physical activity, healthy eating, smoking cessation, reduced alcohol consumption, reduced salt intake, and taking blood pressure medications as prescribed.

Hidalgo County Health and Human Services (HCHHS) will use the *Community Health Worker's Sourcebook: A Training Manual for Preventing Heart Disease and Stroke* (Sourcebook) provided to the Contractor by DSHS in providing health education. Training for Promotoras on the use of the Sourcebook will be provided by DSHS in collaboration with a local promotora association, and will be made available in both English and Spanish.

Promotoras and other clinic staff will assess residents risk for high blood pressure as part of the community outreach. Members of the population assessed and identified with high blood pressure will be referred to a physician and information will be provided about community health centers that will accept low income residents. Information will also be provided about ways to access blood pressure medications that are free or low cost.

DSHS reserves the right, where allowed by legal authority, to redirect funds in the event of financial shortfalls. DSHS Program will monitor Contractor's expenditures on a quarterly basis. If expenditures are below that projected in Contractor's total contract amount as shown in SECTION VIII. BUDGET, Contractor's budget may be subject to a decrease for the remainder of the Program Attachment term. Vacant positions existing after ninety (90) days may result in a decrease in funds.

SECTION II. PERFORMANCE MEASURES:

By April 30, 2011, Contractor shall:

- Ensure clinic staff, including Promotoras, have been trained to use the Community Health Worker Sourcebook chapters on high blood pressure, actions to control high blood pressure, and signs and symptoms of heart attack, with emphasis on unique symptoms occurring in women. Obtain Sourcebooks in English and Spanish and distribute to clinic staff providing health education and outreach.

By June 29, 2011, Contractor shall:

- Provide education and blood pressure assessment for a minimum of 150 clients from underserved populations that includes education about prevention and control of high blood pressure (>140/90) and education about the signs and symptoms of heart attack, including symptoms commonly seen in women;
- Provide clients found to have high blood pressure (>140/90) with education about actions to control high blood pressure, including: increasing physical activity, eating a healthy diet, reducing sodium intake, smoking cessation, using alcohol only in moderation, stress reduction, and taking medications as prescribed;
- Provide clients found to have high blood pressure with a blood pressure control plan. Include information on the number of clients provided with a HBP control plan in the monthly reports; and
- In a final report, summarize the number of clients assessed, number found to have high blood pressure, number educated, average blood pressure among those with high blood pressure (>140/90), number provided with control plans, and number referred for further evaluation by a physician.

Track and provide monthly reports on April 29, 2011, and May 31, 2011, to DSHS of the number of clients assessed, found to have high blood pressure, and educated to include all client education and results as noted in bullets above.

By June 29, 2011, submit the final report to the Cardiovascular Disease and Stroke Program, Adult Health and Chronic Disease Branch, Department of State Health Services, Attention Jane Osmond, PO Box 149347, MC 1945, Austin, TX 78714 or cvdandstroke@dshs.state.tx.us.

SECTION III. SOLICITATION DOCUMENT:

Exempt- Governmental Entity

SECTION IV. RENEWALS:

N/A

SECTION V. PAYMENT METHOD:

Cost Reimbursement

SECTION VI. BILLING INSTRUCTIONS:

Contractor shall request payment using the State of Texas Purchase Voucher (Form B-13) and acceptable supporting documentation for reimbursement of the required services/deliverables. The B-13 can be found at the following link <http://www.dshs.state.tx.us/grants/forms.shtm>. Vouchers and supporting documentation should be mailed or submitted by fax or electronic mail to the address/number below.

**Department of State Health Services
Claims Processing Unit, MC1940
1100 West 49th Street
P.O. Box 149347
Austin, Texas 78714-9347**

The fax number for submitting State of Texas Purchase Voucher (Form B-13) to the Claims Processing Unit is (512) 458-7442. The email address is invoices@dshs.state.tx.us.

SECTION VII. BUDGET

SOURCE OF FUNDS:

CFDA NUMBER: 93.283

SECTION VIII. SPECIAL PROVISIONS:

General Provisions, **ARTICLE XIII, GENERAL TERMS, Section 13.15, Amendment**, is amended to include the following:

Contractor must submit all amendment and revision requests in writing to the Division Contract Management Unit at least 90 days prior to the end of the term of this Program Attachment.