



Memorandum

#12-046

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: May 18, 2012

SUBJECT: FY 2013 Obesity Prevention Mini-Grant Application

Applications are being accepted for funds for the **Obesity Prevention Mini-Grant (OPMG) for FY 2013**. Local agencies (LA) will be awarded grants of up to \$20,000 per agency. To apply for the funds, please complete the application and send it via email to angela.gil@dshs.state.tx.us by close of business on **Friday, June 15, 2012**.

[FY 2013 Obesity Prevention Mini Grant \(OPMG\) Application \(28 kb, Word\)](#)

[FY 2013 Obesity Prevention Grant Budget and Tracking Worksheet \(38 kb, Excel\)](#)

For each OPMG project that needs funding (for example, community gardens, cooking demo, or health fair), a separate application must be completed. The application has a fixed deadline. Local agencies will be notified of approval. The funding must be spent by **September 30, 2013**.

Examples of Projects:

- Implement a series of cooking classes. Use the funding to purchase items for demonstrations, a food demonstration table and/or staff to teach the class.
- Start a gardening class and use the funding to develop a demonstration garden and/or staff to teach the class.
- Begin a walking group or other type of physical activity that encourages family fitness. Use the funding for inexpensive incentives such as water bottles, pedometers or jump ropes.
- A breastfeeding promotion activity that addresses obesity prevention.

Funding will be awarded based on:

- The objectives, activities, evaluation component and timeline for the project.
- Whether the funds requested are likely to be spent by September 30, 2013.
- The dollar amount allocated to each local agency will be determined by the total requests received and the amount of funds available.

Local agencies that are awarded the OPMG funds are required to:

- Write an article for *WIC News* when requested.
- Submit mid-year and end of year reports including budget status and results.
- Participate in quarterly web conferences via Century Link conferencing.

Resources:

To help you plan your project and complete the application we have attached a sample budget worksheet. For additional tools and resources for planning and evaluating your projects, please visit: <http://www.dshs.state.tx.us/wichd/nut/obesity.shtm>.

If you have questions or require additional information, please contact Angela Gil, Nutrition Education Consultant, Nutrition Education/Clinic Services Unit, at (512) 341-4590 or email angela.gil@dshs.state.tx.us.