

3D AROUND TOWN

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THURSDAY, AUGUST 1, 2013

MISSION APPLAUSE

Mission Fresenius Medical Care Facility recognized for high standard of patient care

Fresenius Medical Care North America (FMCNA), the nation's leading network of dialysis facilities, today awarded its Fresenius Medical Care South Texas facility, located at 1615 E Expressway 83 in Mission, the Center of Excellence designation for achieving the highest standards in patient care in 2012. These annual awards recognize the best-performing FMCNA dialysis facilities nationwide, based on multiple objective measures of clinical quality. All Fresenius Medical Care dialysis clinics share the company's UltraCare mission of delivering excellent, patient-centered care through innovative programs, the latest technology, continuous quality improvement and a focus on superior customer service. Fresenius Medical Care has established high standards of clinical quality company wide, based on those recommended by the Kidney Disease Outcomes Quality Initiative (KDOQI) of the National Kidney Foundation. Fresenius Medical Care evaluates facilities for Center of Excellence recognition by reviewing key patient outcome measures such as dialysis adequacy, control of anemia, nutritional status, patient satisfaction and transplant education. For more information about this and other Fresenius Medical Care dialysis clinics, visit www.ultracare-dialysis.com (in English and Spanish) or call (866) 4DIALYSIS (1-866-434-2597).

American Sewing Guild invites public

The American Sewing Guild will be working on bandannas for the Cancer Society at 9 a.m. Aug. 24 at St. Peter & St. Paul Episcopal Church, located at 2310 N. Stewart Road in Palmview. Please bring your sewing machine. Everyone is invited to

help with this wonderful community project. For additional information, call Cindi Ellis at (956) 821-8077. Please remember to like our Facebook page: American Sewing Guild in the Rio Grande.

TOPS group meets weekly

TOPS No. 415 meets

Monday evenings at the Mission Historical Museum, 900 Doherty St. Weigh-in is from 3 to 3:30 p.m. with a meeting to follow from 3:45 to 4:45 p.m. Come join us for group support to eat healthy and exercise wisely to reach your goal weight. For more information, call (218) 643-4228.

AROUND THE VALLEY

Donate a fan to Salvation Army

Due to rising temperatures these summer months, the Salvation Army is asking for fan donations to be dropped off at their front office, located at 1600 N. 23rd St. and Pecan Blvd. Contributions will be greatly appreciated.

Animal sanctuary seeks aid

The Oasis Animal Sanctuary is in great need of donations of all kinds. Some donation programs include a \$25 monthly sponsorship and a \$100 single donation. Contact The Oasis at (956) 240-0701 or animaloasis@hotmail.com.

hotmail.com.

Newcomers Club meets monthly

Ladies, the Rio Grande Valley Newcomers Club meets new friends through fun outings the first Monday of every month. For more information, contact Andrea at (956) 630-2161.

Bentsen state park programs

Interpretive programs are available at Bentsen RGV State Park, 2800 S. Bentsen Palm Drive, from June through August. Tours run from 9 to 11 a.m. Thursdays. Fridays on Foot is held from 6:30 to 8 p.m. Creatures of the Night is held from 8 to 10 p.m. Saturdays. Bird walks are held from 8:30 to 10:30 a.m.

Sundays. A Wonders of Bird Migration program is planned for 2 to 4 p.m. Aug. 24. For more information, call (956) 584-9156 or visit www.theworldbirdingcenter.com.

Perseid Party set for Aug. 10

The seventh annual Perseid Party will be held from 8 p.m. to midnight Aug. 10 at

Bentsen State Park, featuring live animals, nature-themed family activities, stargazing, food vendors and live entertainment. Doors open at 7 p.m. Admission is \$5 for adults and free for children. For more information or to learn about the park's other programs, call (956) 584-9156 or visit www.theworldbirdingcenter.com.

DATE CORRECTION

Hidalgo County WIC "Big Latch" Celebration

On Friday August 2nd and Saturday August 3rd, 2013 at 10:30am thousands of breastfeeding women and their babies/children across the world will gather in their own communities to take part in the Big Latch On, a synchronized breastfeeding event in multiple locations.

Come and join us and be part of the Hidalgo County WIC Program "Big Latch" on Saturday, August 3 at the North San Juan Community Center located at 509 E. Earling Rd. at 10:00am. Public is invited.



For further information contact:
Diana Cardona, IBCLC, RLC, Breastfeeding Coordinator
(956) 381-4646
• diana.cardona@wic.co.hidalgo.tx.us
• www.biglatchon.org

MCALLEN CRIME STOPPERS PRESENTS VIVA MCALLEN STREETS SATURDAY August 3, 2013

Register: www.vivamcallenstreets.com

"Viva McAllen Streets" targets living a healthy lifestyle with fitness and eating right. McAllen Crime Stoppers, the McAllen Police Department, McPD Cycling Team and the McAllen Transit & Traffic Departments teamed up to host a community event for a safe place to exercise and play!



PEDAL AGAINST CRIME CYCLING RIDE

7:00 am 60-mile ride
8:00 am 40-mile ride
8:30 am 25-mile ride



10K COSTUME RUN AND WALK

7:30 am Start & Finish: Erie Avenue
Behind the McAllen Convention Center

Friday, August 2, 2013 at 8 am to 8 pm • Pick-up packet for Pedal Against Crime & Run for Justice 10k Behind McAllen Convention Center



2 COMMUNITY WOD'S TO BENEFIT MCALLEN CRIME STOPPERS 9:30 & 11:30 AM
RANGER CROSSFIT - IN HOUSE THROW DOWN PART 2 FOR RANGER CROSSFIT MEMBERS ONLY
3 PUBLIC DEMONSTRATIONS
Contact Miguel De La Fuente at Ranger CrossFit www.ranger-crossfit.com

Behind the McAllen Convention Center (north of convention center) plenty of parking



Attention: Parents

Hidalgo County Health & Human Services Department would like to remind you that state law requires students in Texas schools be vaccinated against certain vaccine preventable diseases.

Vaccine requirements for students entering Pre-kindergarten through 12th grade:

- 3 to 5 doses of diphtheria, tetanus, and pertussis (DTaP/DTP/DT/Td)
- 3 to 4 doses of polio
- 2 doses of measles, mumps, and rubella (MMR)
- 3 doses of hepatitis B
- 1 to 2 doses of varicella (chicken pox)
- 2 doses of hepatitis A
- 1 booster dose of tetanus, diphtheria, and pertussis (Tdap) for students entering 7th grade. For 8th - 12th grade, 1 dose of Tdap is required when 10 years have passed since the last dose.
- 1 dose of meningococcal for students entering 7th - 11th grade, booster dose if 5 years have passed since last dose.

The HCHSD is willing to assist you by extending their clinic hours for immunizations on the following days:

August 12 - August 15, 2013 7:30am - 6:30pm
August 19 - August 22, 2013 7:30am - 6:30pm
Fees per sliding scale, Medicaid, and CHIPs ACCEPTED!

Call your nearest public clinic!!!

Edinburg Clinic 3105 E Richardson ph: 956-318-2040	McAllen Clinic 300 E Hackberry ph: 956-682-6155	Mission Clinic 211 5th Schuerbach Rd ph: 956-585-2461	Pharr Clinic 300 W Hall Acres Ph: 956-787-1531	Weslaco Clinic 1901 N Bridge 956-969-8832
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I'm a mother, wife, and student professional. I can do it all with RGV Careers!

Medical Office Specialist/Medical Billing and Coding! available for you!

Classes Start AUGUST 19TH
Monday -Friday • Morning 8 am -12 noon • Afternoon 1 pm -5 pm

This is the time! This is your opportunity! Get back in the workplace with this family-time friendly career! MOS allows you to study, work, and still be able to juggle the daily activities of being a GREAT MOTHER and GREAT WIFE.

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 PAYMENT PLANS AVAILABLE
 JOB PLACEMENT ASSISTANCE
 FINANCIAL AID FOR THOSE WHO QUALIFY

Call us today and find out why RGV Careers is considered the #1 Vocational Institution in the Valley!

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