

STATE OF TEXAS ()

PROCLAMATION

COUNTY OF HIDALGO ()

Proclaiming March 2014 as National Nutrition Month

WHEREAS food is the substance by which life is sustained; and

WHEREAS the type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

WHEREAS there is a need for continuing nutrition education and a wide-scale effort to enhance good eating practices;

NOW, THEREFORE Hidalgo County Commissioners' Court **HEREBY PROCLAIMS** the month of March as **NATIONAL NUTRITION MONTH®** in Hidalgo County and we encourage all citizens to join the campaign and become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow.

IN WITNESS WHEREOF I have hereto set my hand and caused the Great Seal of the Hidalgo County to be affixed.

PASSED AND APPROVED on this the 11th day of March, Two thousand and fourteen.

By:

Title: Ramon Garcia, County Judge

Attest:

Title: Arturo Guajardo Jr., County Clerk

STATE OF TEXAS ()

COUNTY OF HIDALGO ()

PROCLAMATION

Proclaiming March 12, 2014 as Registered Dietitian Day

WHEREAS Registered Dietitians are the food and nutrition experts who can translate the science of nutrition into practical solutions for healthy living; and

WHEREAS Registered Dietitians have degrees in nutrition, dietetics, public health or a related field from well-respected, accredited colleges and universities, completed an internship and passed an examination; and

WHEREAS Registered Dietitians use their nutrition expertise to help individuals make unique, positive lifestyle changes; and

WHEREAS Registered Dietitians work throughout the community in hospitals, schools, public health clinics, nursing homes, fitness centers, food management, food industry, universities, research and private practice; and

WHEREAS Registered Dietitians are advocates for advancing the nutritional status of Americans and people around the world;

NOW, THEREFORE, Hidalgo County Commissioners' Court HEREBY PROCLAIMS Wednesday, March 12, 2014 as Registered Dietitian Day in Hidalgo County, we encourage all citizens to recognize the contributions of Registered Dietitians and express appreciation for their commitment to promoting science-based nutrition in the hope of achieving optimum health for both today and tomorrow.

IN WITNESS WHEREOF I have hereto set my hand and caused the Great Seal of the Hidalgo County to be affixed.

PASSED AND APPROVED on this the 11th day of March, Two thousand and fourteen.

By:

Title: Ramon Garcia, County Judge

Attest:

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