



PRESENTS

TOTAL KNOCKOUT CHALLENGE

Knockout Unhealthy Habits

Are You Ready to Rumble?

HidalGO FIT is Coming to YOU!

FRIENDLY COMPETITION FOR THE HIDALGO FIT CHAMPIONSHIP BELT

CONTENDERS: Precinct 1, Precinct 2, Precinct 3, & Precinct 4

THE PRECINCT THAT HAS THE MOST EMPLOYEE PARTICIPATION WILL WIN!

CHECK YOUR VITALS AT THE NEAREST PRECINCT

Blood Pressure, Pulse, Weight, Body Mass Index, Body Fat %, Wellness Education, & Free Door Prizes

Wellness Education, & Free Door Prizes

PLEASE BRING YOUR INSURANCE CARD!

Precinct 1	1902 Joe Stephens, Weslaco, TX	(956) 968-8733	6-6-14	7:30am-11:30am
Precinct 2	301 E. State St, Pharr, TX	(956) 787-1891	6-19-14	7:30am-11:30am
Precinct 3	724 N. Breyfogle, Mission, TX	(956) 585-4509	6-18-14	7:30am-11:30am
Precinct 4	1051 N. Doolittle Rd, Edinburg, TX	(956) 383-3112	6-12-14	7:00am-11:00am

For more information, contact Brenda Salazar at
(956) 383-6221 or brenda.salazar@hchd.org