

**PROCLAMATION DECLARING NOVEMBER 19, 2015 AS
THE GREAT AMERICAN SMOKE-OUT DAY IN HIDALGO COUNTY**

WHEREAS, cigarette smoking is the major single cause of cancer death in the United States; and

WHEREAS, one in five deaths are caused by cigarette smoking – more people die than HIV, illegal drugs, alcohol, motor vehicle injuries, and firearm-related incidents combined; and

WHEREAS, secondhand smoke is the third leading cause of preventable death in the United States, killing about 42,000 Americans each year. Secondhand smoke is a known cause of lung cancer, heart disease, chronic lung ailments, and other health problems; and

WHEREAS, quitting smoking lowers the risk of chronic illness and death. Within two- to five-years, the risk of stroke can fall to about the same as a nonsmoker, the risk for cancers of the mouth, throat, esophagus, and bladder drop by half within five years, and the risk of lung cancer drops by half after 10 years; and

WHEREAS, The Tobacco Prevention & Control Coalition of Hidalgo County, in conjunction with the American Heart Association and many other community partners support the American Cancer Society's Great American Smoke-out campaign to encourage Americans to quit smoking.

NOW, THEREFORE, BE IT RESOLVED that the Hidalgo County Commissioners Court hereby proclaims Thursday, November 19, 2015 as the Great American Smoke-out Day in Hidalgo County.

Approved this 10th day of November 2015.

RAMON GARCIA
County Judge

A.C. CUELLAR, JR.
County Commissioner, Pct. 1

EDUARDO "EDDIE" CANTU
County Commissioner, Pct. 2

JOE M. FLORES
County Commissioner, Pct. 3

JOSEPH PALACIOS
County Commissioner, Pct. 4

Attest: ARTURO GUAJARDO, JR.
County Clerk