

**PROCLAMATION DECLARING MAY 2016 AS
MENTAL HEALTH MONTH IN HIDALGO COUNTY**

WHEREAS, nearly 44 million American adults, and millions of children, experience mental health conditions each year, including depression, anxiety, bipolar disorder, schizophrenia, and post-traumatic stress; and

WHEREAS, although progress has been made in expanding mental health coverage and elevating the conversation about mental health, too many people still do not get the help they need; and

WHEREAS, there is a strong body of research that supports specific tools that all Americans can use to better handle challenges, and protect their health and well-being; and

WHEREAS, with early and effective treatment, individuals with mental illnesses can recover and lead full productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental illnesses and has a responsibility to promote mental health awareness and prevention efforts.

NOW, THEREFORE, BE IT RESOLVED that the Hidalgo County Commissioners Court does hereby proclaim May 2016 as Mental Health Month in Hidalgo County.

Dated this 10th day of May, 2016.

RAMON GARCIA
County Judge

A.C. CUELLAR, JR.
County Commissioner, Pct. 1

EDUARDO "EDDIE" CANTU
County Commissioner, Pct. 2

JOE M. FLORES
County Commissioner, Pct. 3

JOSEPH PALACIOS
County Commissioner, Pct. 4

Attest: **ARTURO GUAJARDO, JR.**
County Clerk