

## NATIONAL SCHOOL BREAKFAST WEEK PROCLAMATION

**WHEREAS**, the School Breakfast Program has served our nation admirably since it was permanently established in 1975; and

**WHEREAS**, National School Breakfast Week, which has been celebrated since 1989, offers an opportunity to raise awareness of the advantages of starting the day with a healthy and nutritious meal; and

**WHEREAS**, there is evidence that students who eat breakfast have better attention and memory; show improved attendance; score higher on standardized achievement tests; and low-income children who receive school breakfast do better on a variety of indicators than their peers who go without breakfast; and

**WHEREAS**, school breakfast is healthier than ever with fresh fruit, low-fat or fat-free milk, and whole grains on the menu; and

**WHEREAS**, parents, teachers, coaches, healthcare providers, clergy, artists, musicians, and other important people in teens' lives have the power to influence youth in positive ways.

**NOW, THEREFORE, BE IT RESOLVED** that the Hidalgo County Commissioners Court does proclaim March 6<sup>th</sup> through March 10<sup>th</sup> as National School Breakfast Week and encourages all residents to become aware about their children's and their own nutrition habits, to achieve a more healthful citizenry for today and the future.

**Approved this 7<sup>th</sup> day of March 2017.**

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**RAMON GARCIA**  
County Judge

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**DAVID L. FUENTES**  
County Commissioner, Pct. 1

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**EDUARDO "EDDIE" CANTU**  
County Commissioner, Pct. 2

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**JOE M. FLORES**  
County Commissioner, Pct. 3

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**JOSEPH PALACIOS**  
County Commissioner, Pct. 4

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**Attest: ARTURO GUAJARDO, JR.**  
County Clerk