

**RESOLUTION IN HONOR OF CITY OF MCALLEN WINNING
IT'S TIME TEXAS COMMUNITY HEALTH CHALLENGE**

WHEREAS, IT'S TIME TEXAS! Community Challenge is a statewide competition that encourages communities of all sizes, including schools, businesses, organizations and mayors, to commit to healthy living and ultimately transform the community's health; and

WHEREAS, the competition pitted cities of similar size against each other. McAllen competed against Garland, Pasadena, Plano, Lewisville and Brownsville; and

WHEREAS, Mayor Darling established the McAllen Mayor's Fitness Council and signed a health pledge. The council included staff and health leaders in the community, including McAllen I.S.D., several of the hospitals, H-E-B, and Mexican Olympian German Medrazo; and

WHEREAS, the City of McAllen Health & Code Enforcement Department also reached out to partnering agencies in the community to get involved, they even signed up former astronaut and McAllen resident Michael Fossum for the challenge; and

WHEREAS, to get the community moving, the City hosted a pair of free, low-impact outdoor exercise sessions of yoga and tai chi, and they organized their staff for walks around the various municipal buildings and also did a stair climb challenge at McAllen City Hall; and

WHEREAS, more than 2,200 members of the McAllen community participated, logging 1,881,750 minutes of activity and 273 pounds lost during the challenge; and

WHEREAS, as the winners in their size category, the City of McAllen won a \$1,800 grant to put toward future community health efforts, an ITT Community Challenge trophy, a winning community banner, a digital banner and a badge for their websites.

NOW, THEREFORE, BE IT RESOLVED that the Hidalgo County Commissioners Court hereby honors the City of McAllen for winning the IT'S TIME TEXAS Community health challenge and encourages all Hidalgo County residents to get fit.

Approved this 29th day of May, 2018.

RAMON GARCIA
County Judge

DAVID L. FUENTES
County Commissioner, Pct. 1

EDUARDO "EDDIE" CANTU
County Commissioner, Pct. 2

JOE M. FLORES
County Commissioner, Pct. 3

JOSEPH PALACIOS
County Commissioner, Pct. 4

Attest: ARTURO GUAJARDO, JR.
County Clerk