

## **PROCLAMATION DECLARING NOVEMBER 14, 2018 WORLD DIABETES DAY**

**WHEREAS**, the International Diabetes Federation and the World Health Organization started World Diabetes Day in 1991 in response to the escalating health threat posed by diabetes. It has since become the world's largest diabetes awareness campaign; and

**WHEREAS**, the theme for World Diabetes Day focuses on the family and diabetes to raise awareness of the impact that diabetes has on the family and to promote the role of family in the management, care, prevention, and education of the condition; and

**WHEREAS**, diabetes is a leading cause of heart disease, stroke, blindness, kidney failure, and lower limb amputation. One in two people with diabetes are undiagnosed, that equals 212 million people worldwide who do not know they are diabetic; and

**WHEREAS**, many cases of type 2 diabetes can be prevented by adopting a healthy lifestyle. When a family eats healthy meals and exercises together, all family members benefit. Eighty percent of type 2 diabetes is preventable through the adoption of a healthy lifestyle and 70 percent of premature deaths among adults are largely due to behavior initiated during adolescence; and

**WHEREAS**, all health professionals should have the knowledge and skills to help individuals and families manage diabetes. Education and ongoing support should be accessible to all individuals to help manage diabetes; and

**WHEREAS**, Hidalgo County has adopted several employee and community healthy living initiatives. The Rio Grande Valley Diabetes Association offers various resources and programs to prevent and control diabetes and to improve the lives of all people affected by diabetes.

**NOW, THEREFORE, BE IT RESOLVED** that the Hidalgo County Commissioners Court does hereby proclaim November 14, 2018 as World Diabetes Day and encourages all residents to help fight this disease and its deadly complications by increasing awareness of the risk factors for diabetes, and providing support to those suffering from diabetes.

**Approved this 6<sup>th</sup> day of November, 2018.**

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**RAMON GARCIA**  
County Judge

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**DAVID L. FUENTES**  
County Commissioner, Pct. 1

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**EDUARDO "EDDIE" CANTU**  
County Commissioner, Pct. 2

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**JOE M. FLORES**  
County Commissioner, Pct. 3

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**JOSEPH PALACIOS**  
County Commissioner, Pct. 4

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**Attest: ARTURO GUAJARDO, JR.**  
County Clerk