



LEADERS ARE MADE HERE...

FUTURE LEADERS

Hidalgo County 4-H has over 450 youth members and 20 clubs. This year we hosted a Club Manager's training, a Leadership Workshop, multiple county competitions, and saw 2 Hidalgo County 4-Her's win State level competitions for Fashion Show sending them to the National Competition. Our Healthy Texas Youth Ambassadors became the first chartered Healthy Texas 4-H club in the State of Texas with membership over 30! We look forward to another fun and productive 4-H year!

Hidalgo County 4-H



NUTRITION EDUCATION

The Expanded Food & Nutrition Education Program (EFNEP) helps young families and youth with limited resources—those most at risk to suffer from hunger, are disproportionately affected by poor health. EFNEP nutrition educators deliver an interactive lesson series on topics such as stretching food dollars, improving eating habits, increasing physical activity and handling food safely in home. In Hidalgo County, our total EFNEP-Adult enrollment is 1964 with 1512 graduates, and EFNEP-Youth participation is 21,132.

ASSISTING FARMERS

Through the Small Farm Outreach Training and Technical Assistance Program, Prairie View A&M Cooperative Extension assisted 69 farmers apply for \$4,624,820 in requested aid. Successful applicants were able to purchase livestock, farm equipment, land and some re-financed existing debt at a low interest rate.



TEXAS A&M
AGRILIFE
EXTENSION

Hidalgo County



HEALTHY TEXAS

Healthy Texas-Hidalgo County teamed up with the City of McAllen to host over 100 people at the Cinco de Mayo Dinner Tonight Healthy Cooking School. Eighteen (18) City of McAllen employees graduated from the Mobile Cooking School!

63% of Dinner Tonight Participants increased knowledge of how the foods we eat impact our health



HORTICULTURE

The Earth Kind Educational Program still proves most popular with the assistance of the Master Gardeners. Over 30 educational programs were hosted with 374 adult participants and 528 youth participants. Over 3,700 individuals were reached at the Master Gardener's Farmer's Market Booth in 2018.



HELPING KEEP CHILDREN SAFE

This year we conducted 47 car seat inspections and provided 46 car seats to the children and parents of Hidalgo County. With the Childcare Providers Conference, we educated 45 providers on topics such as resources for special needs children and asthma.



AG VARIETY RESEACH TRIALS

Result demonstration data was conducted on sunflower, grain sorghum and cotton fields and shared with producers to assist them in making more economical choices.

We continue to search for grain sorghum varieties that show tolerance to sugarcane aphids and a canola trial was initiated as a potential new crop for Hidalgo County



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