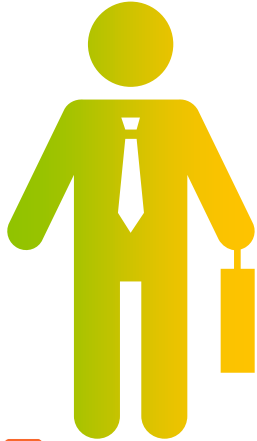


# Employee Health Fair

Employee Benefits Division



June 19<sup>th</sup>, 2019



7:30 A.M. to 1:00 P.M.



Pharr Event Center



Bring your Employee Badge & Medical Insurance Card



**Register online:**

<https://hidalgo-county-employee-health-fair-registration.eventbrite.com>



- Registration for Free Healthy Cooking Classes
- Vaccines
- Glucose Checks
- Blood Pressure Checks
- Information Services about:
  - ✓ Mental health
  - ✓ Chronic Disease Prevention
  - ✓ Nutrition
  - ✓ Fitness
  - ✓ & More!



**Great Door Prizes!**

For more information, please contact the Employee Benefits Division at (956) 292 – 7025 or [hidalgocounty.wellness@co.hidalgo.tx.us](mailto:hidalgocounty.wellness@co.hidalgo.tx.us)

HC4you encourages persons with disabilities to participate in the program and its activities. If you need Special Accommodations, please contact Diana Huallpa at Ext. 4956

