

Texas Healthy Communities Program

Spring 2019

CONGRATULATIONS! We are pleased to inform you that Hidalgo County has achieved the Gold recognition level in the Texas Healthy Communities Program for Spring 2019.

Hidalgo County was assessed during the observation period to determine the current policies and environments that promote health and reduce risk factors for chronic diseases. Participating communities were assessed on nine health indicators that impact chronic disease, including: physical activity, healthy food access, mother-friendly environments, healthy schools, healthy worksites, comprehensive tobacco control, cardiac and stroke events, healthcare quality improvement, and healthy aging. The healthy aging indicator is developmental and is not scored at this time.

An objective review panel assessed the information collected and assigned points for each indicator. Participating communities could receive up to 100 points using scoring criteria outlined in the assessment toolkit.

Recognition Criteria Levels

Gold	90 – 100 points
Silver	80 – 89 points
Bronze	70 – 79 points
Honorable Mention	1 – 69 points

At the completion of the assessment, **Hidalgo County** achieved a score of **97.5** points out of a possible 100, earning a recognition level of **Gold**.

The DSHS Texas Healthy Communities Program will be available to continue assisting in developing plans and locating resources to maintain a healthy community.

We encourage your city to promote this award! Again, CONGRATULATIONS!

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TXHC Indicators	Spring 2019 Score
1. Physical activity areas and opportunities are designated, safe, accessible, and promoted throughout the community.	13\14
2. Healthy food options are accessible and promoted to all members of the community.	11\11
3. Mother-friendly worksites, birthing facilities, and hospitals are in place in the communities.	12\12
4. Public schools comply with all legislated components of a coordinated school health program.	11\11
5. Worksite wellness programs are in place for the majority of employees.	11.5\12
6. A comprehensive tobacco control program is in place that includes a 100% smoke-free city smoking ordinance.	14\14
7. Advanced life support (ALS) vehicles have 12 Lead ECG capability available to first responders, and the emergency system of care maintains a rapid response time for cardiac events. Stroke is treated as a medical emergency in the community and appropriate acute stroke treatment protocols are in place.	13\14
8. Health care sites in the community promote primary and secondary prevention of CVD and Stroke.	12\12
Summary Score:	97.5
Recognition Level:	Gold

Texas Healthy Communities Program

2019 SUMMARY:

Congratulations! Hidalgo County has implemented environmental and policy changes that have created a healthy Texas community. Hidalgo County has earned a **Gold** recognition.

Recognized achievements

There were collaborative efforts of a work group coordinated by local liaison, Rick Salinas of Hidalgo County Health and Human Services. This work group worked diligently to collect information on specific criteria for each health indicator. Hidalgo County reported many achievements in the 2019 assessment. Below is a summary of recommendations for each indicator where Hidalgo County did not receive all allowable points.

Scored Indicator	Recommendation(s)
1: Physical Activity	We encourage continued work with local stakeholders to establish policies placing biking trails in new developments.
2: Nutrition	We commend your efforts in this area. <u>This indicator was fully met!</u>
3: Mother-Friendly	We commend your efforts in this area. <u>This indicator was fully met!</u>
4: Healthy Schools	We commend your efforts in this area. <u>This indicator was fully met!</u>
5: Healthy Worksites	It is highly recommended that you continue your efforts in supporting the five largest worksites in utilizing Value - Based Benefits Design.
6: Tobacco	We commend your efforts in this area. <u>This indicator was fully met!</u>
7: Cardiac & Stroke Response	We recommend utilizing a variety of media formats when increasing the awareness of the signs and symptoms of heart attack and the importance of calling 911.
8: Healthcare Quality	We commend your efforts in this area. <u>This indicator was fully met!</u>

The Texas Healthy Communities Program at the Texas Department of State Health Services will continue to assist in developing plans and providing resources to maintain a healthy Texas community. For more information on resources that are available to assist you in developing appropriate activities to meet the indicators, and to increase recognition level in the next assessment in the Texas Healthy Communities Program, you may contact the TXHC Program.