



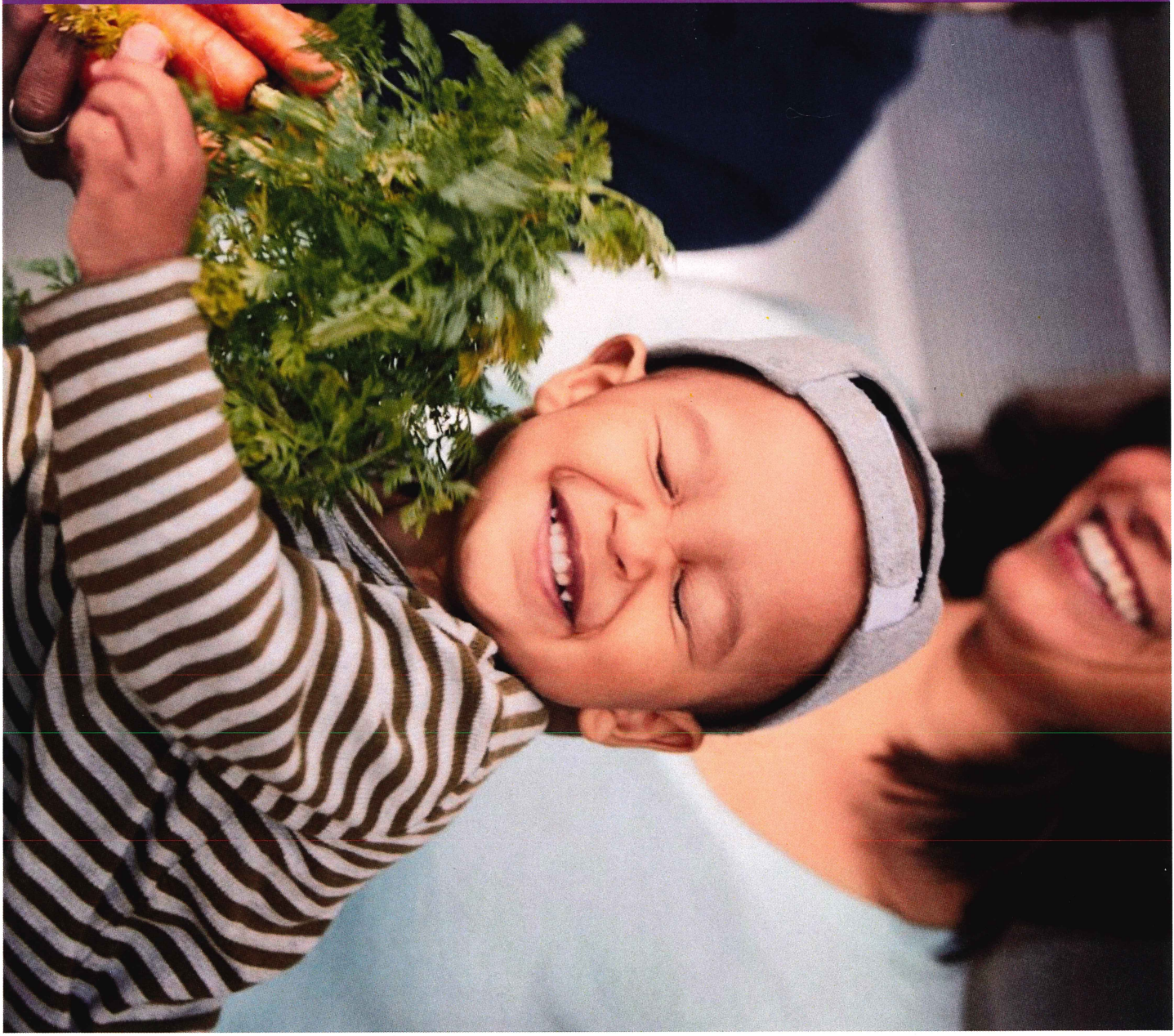
# Next Generation Health

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October 3, 2019



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89.25.106.1 (12/17)



A woman with long dark hair, wearing a green top with a white lace collar, is looking down at a document on a desk. The background shows a bookshelf filled with books and papers.

# Next Generation Health

## Provider Network

Next generation  
health networks

## Clinical

Helping those who  
need it most

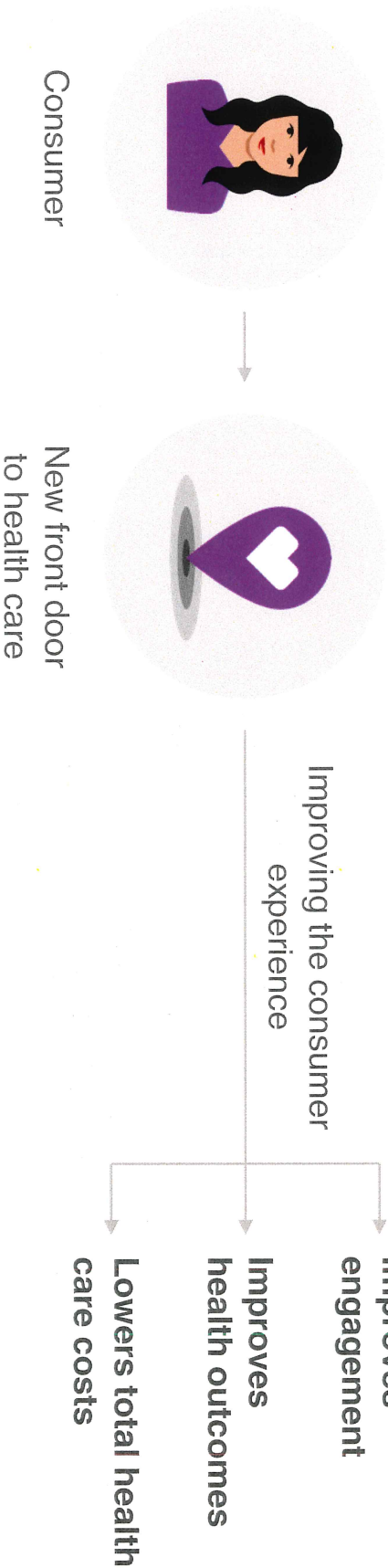
## 360 support

Next generation service,  
tools and technology

# A new front door to health care



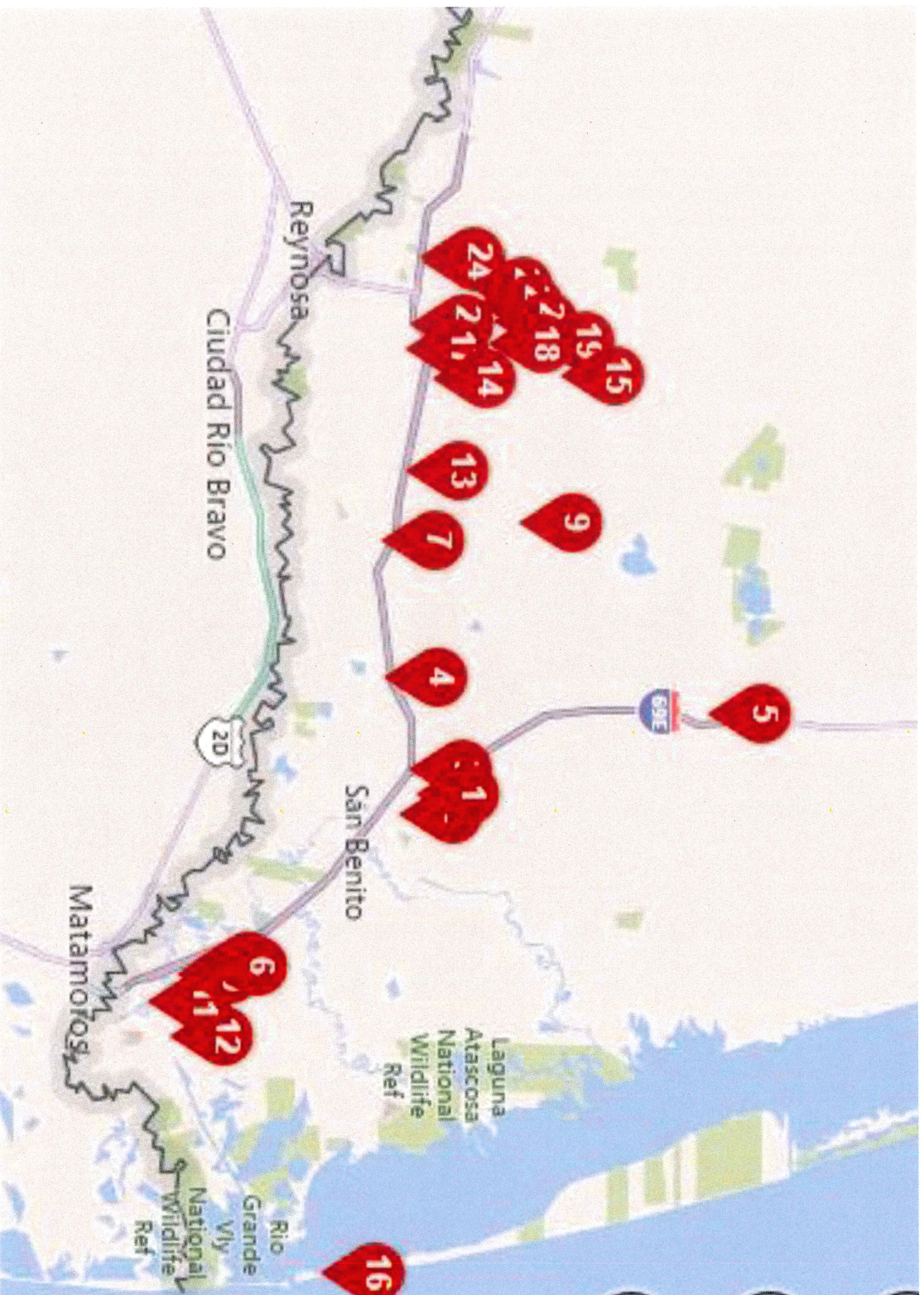
Transforming the consumer experience begins with creating a new front door to health care



System needs to be redesigned with a focus on consumers



# CVS Store Locations in Rio Grande Valley



STHS has offered to reduce their fee schedule by \$10 for 12 Physicians allowing the County to reduce the Office Visit Copay for those Physicians by \$10 from \$35/ \$40 to \$25/\$30

DHR has offered to reduce the contracted reimbursement by \$10 for their 2 Urgent care centers allowing the County to reduce the Urgent Care Copayment from \$40 to \$30

Valley Baptist has offered to reduce their fee schedule by \$25 for 92 physicians ( Valley Baptist Physicians Network ) allowing the County to reduce the Office Visit copay for those Physicians from \$35/\$40 to \$10/ \$15 . Valley Baptist opening a Weslaco Facility

STHS and DHR have both agreed to support the County with Flu Shots, Brown Bag Education lunches , assistance with an annual Health Fair

Vera Whole Health Dedicated Health Center optional proposal for \$0 office visit potential for 1-1-2021

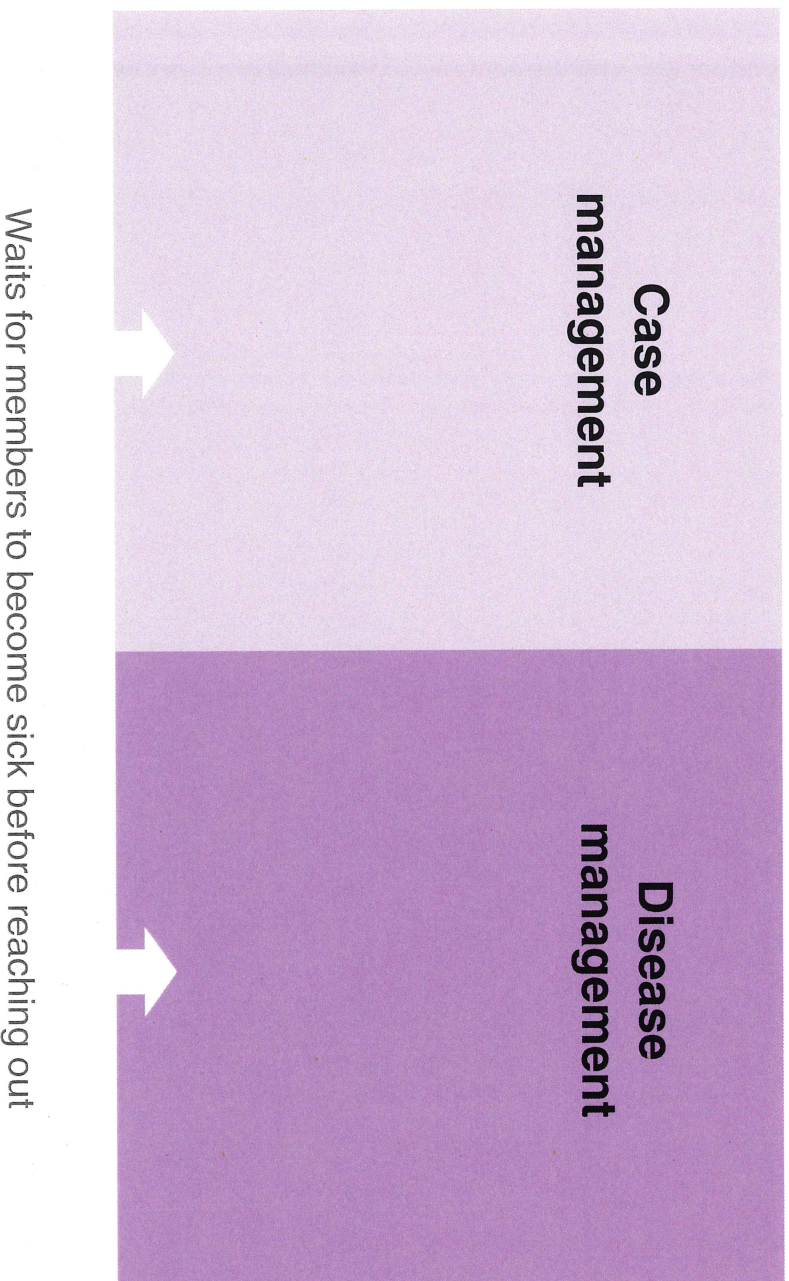
### **Recommendation for Plan Design Changes**

- \$0 copay for diabetic prescriptions
- \$0 copayment for ages 0-18

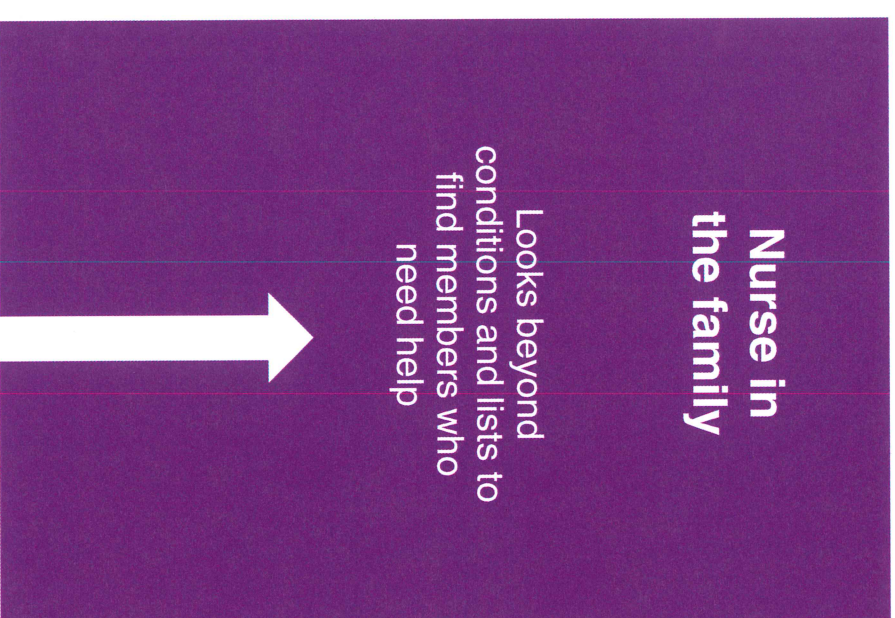


Helping those who  
need it most

# Aetna In-Touch Care Solutions: A “nurse in the family” moves beyond traditional care management



Waits for members to become sick before reaching out



Uses technology to help find members **before** their conditions become acute or chronic



# Jetna

TM

# Legal disclaimer

This material is for information only. Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services.

The CareEngine is a proprietary technology platform developed by ActiveHealth Management, an Aetna company. In conjunction with clinicians, the CareEngine continuously analyzes claims and other data against evidence-based best practices and alerts the members and their physicians about possible care gaps and other inconsistencies. Information is not a substitute for diagnosis or treatment by a physician or other health care professional.

Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional.

Information is believed to be accurate as of the production date; however, it is subject to change.

For more information about Aetna plans, refer to [www.aetna.com](http://www.aetna.com).

McAllen Hospitalist Group, PLLC	65-1255384	1356361976	Garrastegui	Juan	MD	1497814297	Internal Medicine	18360 S FM 493	Suite 1	Edinburg TX	78542-1869
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65-1255384	1356361976	Cano	Martha	MD	1861651598	Family Medicine	2017 W Expressway 83	Unit 1 & 2	Westlaco TX	78596-4304
65-1255384	1356361976	Casso	Chris	MD	1568543866	Family Medicine	4001 S Sugar Road	Suite B	Edinburg TX	78539-4707

McAllen Hospitalist Group PLLC	65-1255384	1356361976	Pollock	Elizabeth	MD	1033665344	Family Medicine	5215 S McColl Road	Edinburg TX	78539-7861
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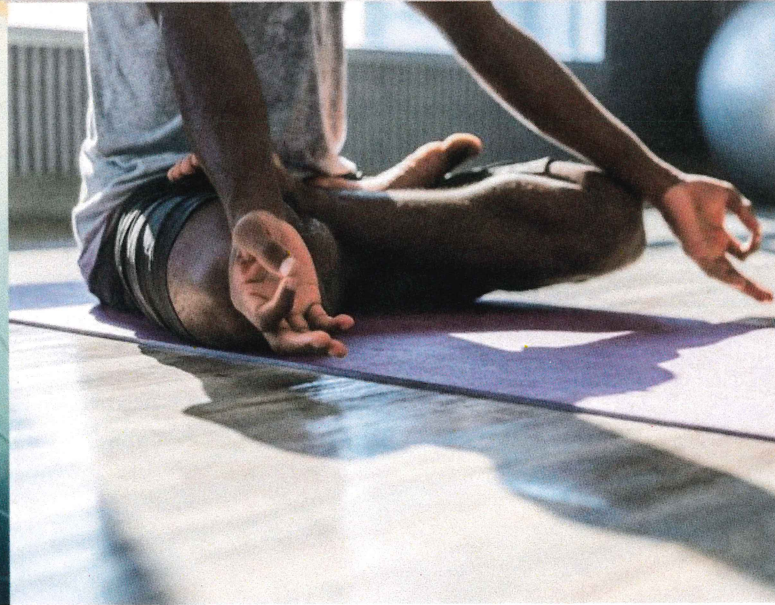
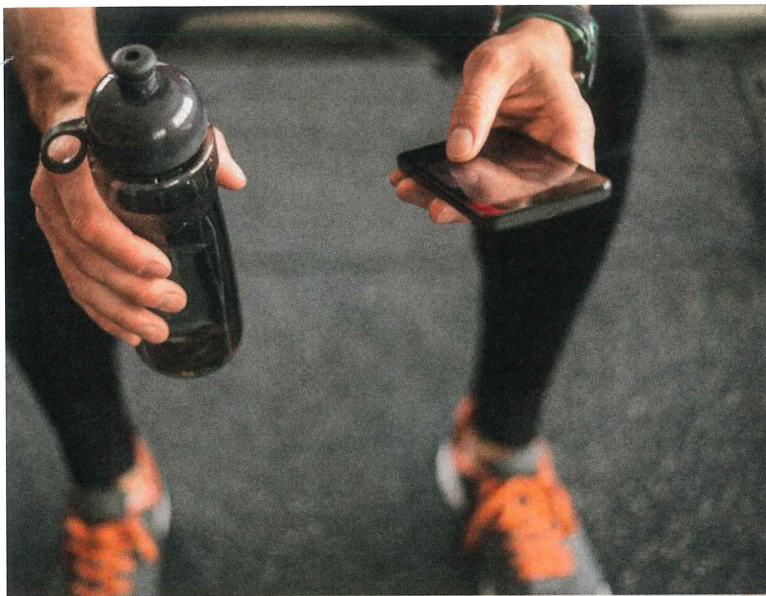
McAllen Hospitalist Group, PLLC	65-1255384	1356361976	Salinas	Brenda	MD	1861436263	Family Medicine	2521 E Griffin Parkway	Suite A	Mission TX	78572-3313
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McAllen Hospitalist Group, PLLC	65-1255384	1356361976	Atencio	Anna	DO	1457791618	Family Medicine	306 E Main Ave	Suite 5 & 6	Alton TX	78573-6955
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McAllen Hospitalist Group, PLLC	65-1255384	1356361976	Yarritu	Rolando	MD	1376659243	Family Medicine	1200 S 10th Ave		Edinburg TX	78539-5516
McAllen Hospitalist Group, PLLC	65-1255384	1356361976	Abantao	Erlinda	FNP	1124535257	Family Nurse Practitioner	1801 S 5th St	Suite 207	McAllen TX	78503-2932

McAllen Hospitalist Group, PLLC	65-1255384	1356361976	Adams	Emily	FNP	1437532330	Family Nurse Practitioner	416 Lindberg Ave	Suite A	McAllen TX	78501-2922
McAllen Hospitalist Group, PLLC	65-1255384	1356361976	Belo	Amparo	FNP	1154876308	Family Nurse Practitioner	416 Lindberg Ave	Suite A	McAllen TX	78501-2922

McAllen Hospitalist Group, PLLC	65-1255384	1356361976	Gonzal ez	Jose	FNP	1568859 551	Family Nurse Practitioner	2017 W Expressway 83	Unit 1 & 2	West aco	TX	78596- 4304	
McAllen Hospitalist Group, PLLC	65-1255384	1356361976	Gonzal ez	Luz	FNP	1518436 468	Family Nurse Practitioner	1801 S 5th St	Suite 209	McCall en	TX	78503- 2932	

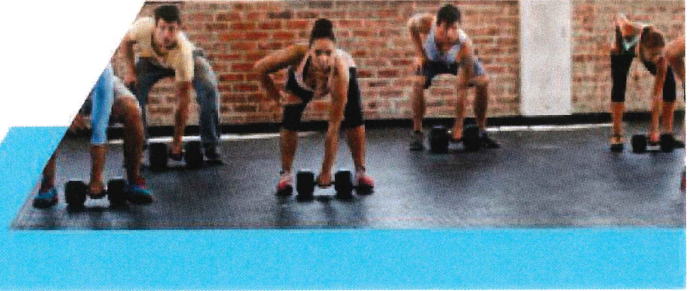


# Personalized Wellness

Introducing **Peerfit**—  
an innovative wellness benefit made available to  
you and your employees through **Aetna**.



PEERFIT + AETNA



Proposal prepared for

## Hidalgo County

by **Peerfit**, made available through **Aetna**

Proposal valid until:

**12/31/2019**

Your Peerfit Package

**3,500 Eligible Employees**

**All inclusive pricing for Hidalgo County employees.**

All employees will receive an allotment of credits for **4 standard classes per month.**

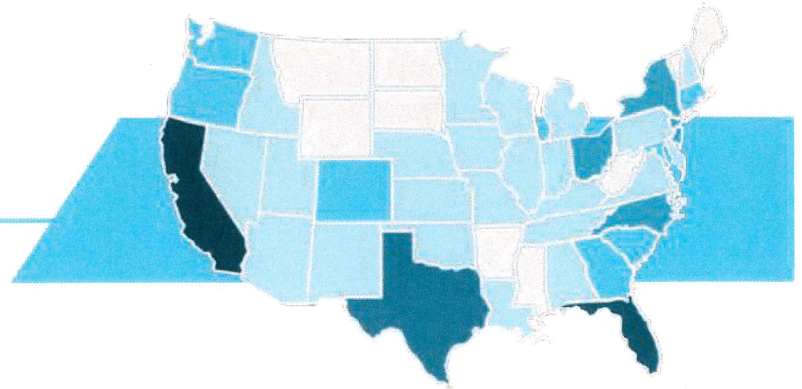
Actual credits will vary from 16-32 per month based on home zip code.

**Steven Vazquez**

Enterprise Health Consultant  
469.408.9525 | [steven@peerfit.com](mailto:steven@peerfit.com)  
[peerfit.com](http://peerfit.com)

# SO MANY PLACES to PEERFIT

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## So Many Places to Peerfit!

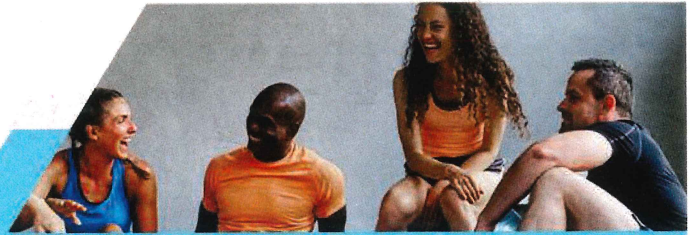
### **Peerfit Studio Network**

Additional Peerfit networks can be built out in up to **8 weeks**, and our network of studios is continuously growing.

**Our internal Wellness Consultant team builds out networks based on:**

- Requests from employees.
- Our partnerships and integrations with studio and gym scheduling software.
- Inbound requests from studios who want to be a part of the network.
- **“Nominate a Studio”** feature powered by employees.

# REDEFINE WELLNESS



## Partner with Peerfit— brought to you by Aetna

- + You pay a flat PEPM fee which includes everything:
  - Your employees' access to the Peerfit network, online platform, account management services, reporting, ongoing studio build out, and client support services.
  - Credits for 4 standard classes per month for all employees.\*

*\* Credit disbursement amount is based on standard class rates for their home geographic area, and may range between 16 and 32 credits per month.*

- + Employees will have credits to spend per month. They can spend these at any of the studio/gym locations in the network.
- + Peerfit users have the option to purchase more credits at any time if they run out in any given month.

## Your Peerfit Package

Cost Breakdown for [insert group name]	<b>\$2.85 PEPM</b>	<b>Based on 3,500 employees</b>
	<b>Monthly Cost</b>	<b>\$9,975</b>
	<b>Annual Cost</b>	<b>\$119,700</b>