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February Wellness Program Events

- Health Talk: Diabetes & Pre-Diabetes at Hidalgo County Precinct 3
- 19 Medical Insurance & Employee Assistance Program Presentations
- 12 Body Composition Analysis Sessions



March Wellness Program Events

- 3 Medical Insurance & Employee Assistance Program Presentations
- Health Talk: Stroke: Signs & Prevention at Hidalgo County Precinct 4
- March Community Wellness Expo at Hidalgo County Precinct 2 Indoor Sports Complex
- Wellness Ambassadors Training
- Wellness Ambassadors Work-out
- 4 Body Composition Analysis Sessions

Hidalgo County Community Wellness Expo

**HIDALGO COUNTY
EMPLOYEE WELLNESS**

HIDALGO COUNTY INVITES THE COMMUNITY TO JOIN OUR EFFORT IN PROMOTING HEALTHY LIFESTYLE CHANGES! JOIN US FOR A COMMUNITY WELLNESS EXPO:

Saturday, March 14, 2020
8:30 A.M. - 11:00 A.M.

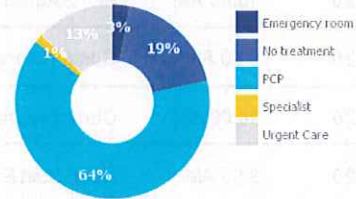
Adult & Children Fitness Classes:
8:30 A.M. & 9:30 A.M.
Yoga Class:
10:15 A.M.

Hidalgo County Pct. 2 Indoor Sports Complex
3600 ATHOL ST, PHARR, TX 78577

Teladoc Health Utilization Summary

- Visits this Period: **139**
- Registrations this Period: **118**
- Registrations since Inception: **645**
- Total Net Claim Savings of this Period: **\$15,029**

Where member would have gone if Teladoc were not available



Annualized Utilization

43.0%

(YTD total consults x 12 / # months accrued) / YTD average subscribers.
The denominator for per member per month annualized utilization is YTD average eligible lives.

*Data & Graphs obtained from the 2020 Teladoc Health, Inc. Report

2020 Employee Wellness Challenge

The duration of the challenge is 12 weeks, from February 7th to May 1st, 2020. Participants will be assessed by the total percentage of body fat loss, and is on an individual basis and entirely voluntary.

Participants with the most percentage of body fat loss will win a prize. Additional prizes will be given to participants who reach at least 2% and 5% body fat loss.

369

Participating Employees

Medical Insurance & Employee Assistance Program Presentations

Medical Carrier Agents and Employee Benefits staff were on-site to present valuable information regarding the benefits that Hidalgo County employees have through the Medical Insurance, the new Employee Assistance Program, and the Wellness Program.

2020 PARTICIPATION

Presentation Date	Time	Location	No. of Attendees
2/19/2020	8:00 AM	Pct. 2 Field Operations	65
2/19/2020	10:00 AM	Pct. 2 Admin. Bldg. Conference Room	16
2/20/2020	9:00 AM	Commissioner's Courtroom	40
2/20/2020	10:00 AM	Commissioner's Courtroom	21
2/21/2020	9:00 AM	Head Start Program Admin. Bldg.	73
2/21/2020	10:00 AM	Health Dept. Conference Room	70
2/21/2020	2:00 PM	Courthouse Auditorium	49
2/21/2020	3:00 PM	Courthouse Auditorium	39
2/24/2020	7:00 AM	Pct. 1 Sunset Park	49
2/24/2020	10:00 AM	Health Dept. Conference Room (Clinicians)	40
2/24/2020	3:00 PM	Pct. 4 "M" Road Bldg. EOC Room	65
2/25/2020	8:00 AM	Pct. 3 Motor Pool	85
2/25/2020	10:30 AM	Pct. 3 Admin. Building Pavilion Room	35
2/26/2020	8:15 AM	Drainage District No. 1	87
2/26/2020	10:00 AM	Sheriff's Office Academy Auditorium	8
2/26/2020	11:00 AM	Sheriff's Office Academy Auditorium	7
2/28/2020	9:00 AM	Appraisal District	23
2/28/2020	10:00 AM	Appraisal District	24
2/28/2020	3:30 PM	Community Service Agency	32
3/7/2020	10:30AM	DA's Office at Commissioner's Courtroom	33
3/11/2020	8:00 AM	Tax Office	20*
3/12/2020	8:00 AM	Tax Office	20*
3/18/2020	10:00 AM	WIC Program	170*

27.9%

Participation Rate

1,071

Total Attendees



*Per Department Registrations as of 3.9.2020

