

*Proclamation declaring September
National Senior Center Month*

Whereas National Senior Center Month originated as National Senior Center Week in May of 1979, and was proclaimed by President Ronald Reagan in 1985. It was later extended to the full month of September in 2007; and

Whereas the concept of celebrating senior centers nationally gained wide support through organizations like the National Council on Aging, the U.S. Conference of Mayors Aging Task Force, and the full Senate and House Select Committee on Aging; and

Whereas it is encouraged nationally that a theme is followed for National Senior Center Month because senior centers are key resources for older individuals to assist in aging healthily and offers gateways for communities to properly support them; and

Whereas innovative programs hosted at senior centers can change the perception of aging and create community resources for aging expertise; and

Whereas most senior centers offer programming, include lectures, exercise classes, book clubs, card gatherings, events and cooking classes in order to create an engaging and valuable culture of health for local seniors.

Now therefore, be it proclaimed that the Hidalgo County Commissioners Court hereby declares the month of September as National Senior Center Month and encourage constituents to explore Hidalgo County senior centers, or take a step further by volunteering to help with the events they might host in the future.

Approved this 28th day of September 2021.

RICHARD F. CORTEZ
County Judge

DAVID L. FUENTES
County Commissioner, Pct. 1

EDUARDO "EDDIE" CANTU
County Commissioner, Pct. 2

EVERARDO "EVER" VILLARREAL
County Commissioner, Pct. 3

ELLIE TORRES
County Commissioner, Pct. 4

Attest: ARTURO GUAJARDO, JR.
County Clerk