

*Proclamation declaring June
Posttraumatic Stress Disorder Awareness Month*

Whereas the National Center for PTSD defines Posttraumatic Stress Disorder as something that may develop in people who have experienced a shocking, scary or dangerous event; and

Whereas it is estimated that 6 out of every 10 men and 5 out of every 10 women may experience at least one trauma in their lifetimes; and

Whereas of those who have experienced trauma, the National Center for PTSD estimates that 6 out of every 100 people will develop PTSD sometime in their lives; and

Whereas 12 million adults in the United States have PTSD during a given year; and

Whereas 8 percent of women and 4 percent of men who experience trauma are likely to develop PTSD; and

Whereas as many as 20 percent of U.S. veterans as a whole and 30 percent of Vietnam veterans may develop PTSD; and

Whereas raising awareness about PTSD and anxiety disorders can reduce its stigma and increase the vast number of people who do not get the help they need; and

Whereas PTSD Awareness Month is an opportunity to raise such awareness about PTSD and to address any stigma.

Now therefore, be it proclaimed that the Hidalgo County Commissioners Court hereby declares the month of June as Posttraumatic Stress Awareness Month and encourages the community learn the signs of PTSD and the resources by which to offer help to those suffering from PTSD.

Approved this 28th day of June, 2022.

RICHARD F. CORTEZ
County Judge

DAVID L. FUENTES
County Commissioner, Pct. 1

EDUARDO "EDDIE" CANTU
County Commissioner, Pct. 2

EVERARDO "EVER" VILLARREAL
County Commissioner, Pct. 3

ELLIE TORRES
County Commissioner, Pct. 4

Attest: ARTURO GUAJARDO, JR.
County Clerk