

*Proclamation recognizing March as National Kidney Month*

- Whereas* kidney disease is often referred to as “the silent disease” because there are usually few symptoms during its early stages with more than 90 percent of Americans who have chronic kidney disease are unaware of the disease until advanced stages; and
- Whereas* more than one in seven U.S. adults are estimated to have chronic kidney disease and people over age 60 who have risk factors such as diabetes, high blood pressure or heart disease are encouraged to talk to their doctors about getting tested for kidney disease; and
- Whereas* a simple urine and blood test can check for kidney disease; and
- Whereas* The National Kidney Disease Education Program now encourages people to discuss kidney disease among relatives during family reunions as part of its Family Reunion Initiative; and
- Whereas* Advanced kidney disease may result in two types of treatment: dialysis or transplants, which are available to kidney patients of all ages; and
- Whereas* The Rio Grande Valley has a kidney transplant center located at Doctors Hospital at Renaissance; and
- Whereas* to enlighten those considering a kidney donation, an online course now exists called Becoming a Living Donor: Living Donor Basics.

*Now therefore, be it proclaimed* that the Hidalgo County Commissioners Court recognizes March as National Kidney Month as well as acknowledging March 9 as World Kidney Day and encourages all residents to consider checking for kidney disease if you have any of the risk factors and consider becoming a Living Donor so that others may benefit from one of your two healthy kidneys.

**Approved this 7<sup>th</sup> day of March 2023.**

\_\_\_\_\_  
**RICHARD F. CORTEZ**  
County Judge

\_\_\_\_\_  
**DAVID L. FUENTES**  
County Commissioner, Pct. 1

\_\_\_\_\_  
**EDUARDO “EDDIE” CANTU**  
County Commissioner, Pct. 2

\_\_\_\_\_  
**EVERARDO “EVER” VILLARREAL**  
County Commissioner, Pct. 3

\_\_\_\_\_  
**ELLIE TORRES**  
County Commissioner, Pct. 4

**Attest:** \_\_\_\_\_  
**ARTURO GUAJARDO, JR.**  
County Clerk