



Overview and Update

Presentation for the Hidalgo County Commissioners Court

15 October 2024



Tropical Texas Behavioral Health:

- ▶ Established in 1967
- ▶ Designated Local Authority for Mental Health and Intellectual and Developmental Disability Services for Cameron, Hidalgo and Willacy Counties
- ▶ Governed by nine member locally appointed Board of Trustees
- ▶ Leverage local funds to bring additional state and federal resources to the RGV for MH and IDD needs
- ▶ Help improve understanding and reduce stigma in the community regarding MH and IDD issues

Who We Serve

- ▶ Mental Health Crisis Services provided to ANYONE regardless of eligibility
- ▶ Adult Mental Health
 - ▶ Schizophrenia and related disorders
 - ▶ Bipolar Disorder
 - ▶ Major Depression with Severe Impairments
- ▶ Children's Mental Health
 - ▶ Any MH Diagnosis accompanied by serious functional impairment

Who We Serve (cont)

- ▶ Intellectual and Development Disabilities (IDD) Services
 - ▶ Mental Retardation as defined by Texas Health and Safety Code 591.003;
 - ▶ Pervasive Developmental Disorder, including Autism

Hidalgo County

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- ▶ Children's Mental Health
 - ▶ Adult Mental Health
 - ▶ Integrated Primary Care
 - ▶ Drop In Center
- ▶ Intellectual and Developmental Disability Services
 - ▶ Substance Use Disorder Services

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CRISIS SERVICES

- ▶ Crisis Hotline, Mobile Crisis Response
- ▶ Mental Health Officers
- ▶ Crisis Co-Responders
- ▶ Crisis Hospitalization

Whole Person Care

- ▶ Psychiatry and Medications
- ▶ Case Management
- ▶ Primary Medical Care
- ▶ Substance Abuse Service
- ▶ Other Behavioral Health Specialty Services

Specialty Services

- ▶ Veteran's & Military Family Support
- ▶ Home & Community Services, Texas Home Living
- ▶ Supported Housing & Supported Employment
- ▶ Assertive Community Treatment
- ▶ Homeless outreach
- ▶ Drop In Centers
- ▶ Jail Services

STAFF for FY '24



Budgeted FTE		
	Total	Hidalgo
Employees	1352	809
Mental Health Officers	23	11

SERVICES IN FY2024



Crisis Services		
	Total	Hidalgo
Crisis Line Calls	14,111	8,628
Mobile Crisis Response	5,911	3,266
School On-Campus Responses	424	274
Crisis Hospitalizations	3,171	2,471
Mental Health Officer Contacts	1,666	993
Mental Health Officer Hours of Individuals in Custody (approx.)	4,252	2,702

SERVICES IN FY 2024



General Services		
	Total	Hidalgo
Total Service Contacts	676,650	386,777
Clients Served	31,487	17,661
Jail Assessment Services	2,720	1,578
Jail Crisis Screenings	80	20

Co-Location Partnerships		
	Total	Hidalgo
Co-Responder Teams (w/ Police Departments)	5	3
On-Campus Mental Health (# of Schools)	37	27

COMING IN 2025

Diversion Center

- ▶ Urgent intervention
- ▶ Alternative to Jail
- ▶ Alternative to Psychiatric Hospital
- ▶ 23 Hour observation
- ▶ Linkage to Care



TROPICAL
TEXAS BEHAVIORAL HEALTH

COMING IN 2025

Milestone Transitional Residence

- ▶ 24 Hour Supervision
- ▶ Step-up/Step-down
- ▶ Prepare for independent living
- ▶ Life Skills
- ▶ Employment



TROPICAL
TEXAS BEHAVIORAL HEALTH

Questions

TTBH Leadership Team

- ▶ Chief Executive Officer – Terry Crocker
- ▶ Chief Operating Officer / Deputy CEO – Mike Taylor
- ▶ Chief Financial Officer – Beatriz Trejo
- ▶ Chief Administrative Officer – Coni Diedrich-Aguirre
- ▶ Chief Medical Officer – Dr. Daniel Gutierrez