

JOHN AUSTIN PENA MEMORIAL CENTER

2024 Summary Report

Presented By: UTRGV School of Medicine
Primary and Community Care Integrated Service Unit

PROGRAM OVERVIEW

The purpose of the UTRGV SOM Adolescent Mental/Behavioral Health program at the Hidalgo County John Austin Pena Memorial Center is to provide ongoing alcohol and substance use/abuse education, prevention, and intervention services to adolescents and families in Hidalgo County.

ACTIVITIES AND METRICS

- I. **358 sessions for Behavioral Health Individual Counseling were provided (to date) for clients ages 10-19.**
 - a. Includes walk-in, appointment, medical referral, juvenile justice referral, school-based referral, and parent/self-referral.
 - b. Sessions include Rapid Assessment for Adolescent Preventive Services (RAAPS) administration. This tool measures risky behavior scores. Our Social Worker analyzes these scores over time to customize treatment plans.
 - c. Each client receives a personal hygiene kit at each individual session.
- II. **119 new clients were referred to our program during 2024. (94.74% of referrals were from Hidalgo County Juvenile Probation Office)**
- III. **Referral Services** include but are not limited to Primary Care delivered by a board-certified Pediatrician, Developmental Health, Behavioral Health interventions, management of chronic condition(s), and child psychiatric care.
- IV. **Centering Parenting Group Well Baby** is available to our teen parents. Substance use/abuse avoidance is always incorporated into these parenting sessions. This article highlights the work and session given: <https://www.utrgv.edu/newsroom/2023/05/10/utrgv-centering-parenting-clinic.htm>
- V. **Community Education** is provided at local health fairs related to our program, as well as substance use/abuse prevention/education information. Our team attended dozens of community events and provided education to attendees.