

Exhibit A
Participant Release and Waiver

I, the undersigned, hereby release, waive, discharge and covenant not to sue South Texas College, including its officers, trustees, agents, volunteers, and employees, collectively referred to as the "Releasees," from or for all liability to the undersigned for any and all loss, liability damage, or cost, or any claim or demands therefor, on account of injury to the person of the undersigned, whether caused by the negligence of the Releasees or otherwise, while the undersigned is in or upon the property of South Texas College, including the Facilities.

I, the undersigned, hereby agree to indemnify and save and hold harmless the Releasees from any and all loss, liability, damage, or cost that the Releasees, or any one of them, may incur due to or in connection with the presence of the undersigned in or upon the property of South Texas College including the Facilities, regardless of whether such loss, liability, damage, or cost was caused by the negligence of the Releasees.

I, the undersigned, hereby assume full responsibility for and risk of bodily injury due to the negligence of the Releasees or otherwise while in or upon the property of South Texas College including the Facilities.

I, the undersigned, agree that any dispute related to this Participant Release and Waiver will be governed by the laws of the State of Texas and will be adjudicated exclusively in the state courts of Hidalgo County, Texas.

I, the undersigned, acknowledge and agree that the activities that take place on the property of South Texas College, including the Facilities, are very dangerous and involve the risk of serious injury and/or death, and that I have read and signed this Participant Release and Waiver voluntarily.

I have read the above statements and understand the contents.

PRINT NAME _____

SIGNATURE _____

AGENCY (if applicable) _____

DATE ____/____/____