

**PROCLAMATION DECLARING NOVEMBER 14, 2013 AS
"HIDALGO COUNTY DIABETES DAY"**

WHEREAS, November is "National Diabetes Awareness Month" and November 14th of every year is World Diabetes Day; and

WHEREAS, Hidalgo County's diabetes rates are double the statewide average of hospital admissions for long-term diabetes complications and the diabetes prevalence rate in Hidalgo County is 1 in every 3 people; and

WHEREAS, the financial and physical burdens of living with diabetes and its related complications are extremely overwhelming to the diabetic and their families; and

WHEREAS, diabetes is the fifth-leading cause of death by disease in the United States and having diabetes increases a person's risk of nerve damage, amputation, heart disease, stroke, blindness and kidney failure if uncontrolled; and

WHEREAS, Type 2 Diabetes, with proper nutrition, exercise and lifestyle choices, is a preventable disease; and

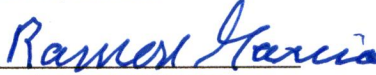
WHEREAS, recent studies indicate early detection and diagnosis can decrease the chance of developing complications and allows for more successful treatment outcome for combating this disease in Hidalgo County; and

NOW, THEREFORE, BE IT RESOLVED that the Hidalgo County Commissioners Court does hereby proclaim November 14th, 2013 as "Hidalgo County Diabetes Day," and encourages all residents and employees to incorporate diabetes awareness, prevention and detection practices into daily family activities.

Approved this 12th day of November, 2013.

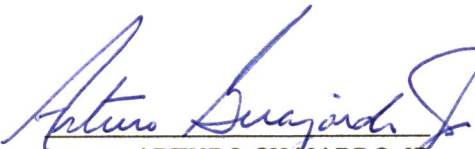

A.C. CUELLAR, JR.
County Commissioner, Pct. 1

JOE M. FLORES
County Commissioner, Pct. 3


RAMON GARCIA
County Judge


HECTOR "TITO" PALACIOS
County Commissioner, Pct. 2


JOSEPH PALACIOS
County Commissioner, Pct. 4


Attest: ARTURO GUAJARDO, JR.
Hidalgo County Clerk