

STATE OF TEXAS ( )

PROCLAMATION

COUNTY OF HIDALGO ( )

Proclaiming March 2014 as National Nutrition Month

WHEREAS food is the substance by which life is sustained; and

WHEREAS the type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

WHEREAS there is a need for continuing nutrition education and a wide-scale effort to enhance good eating practices;

NOW, THEREFORE Hidalgo County Commissioners' Court HEREBY PROCLAIMS the month of March as NATIONAL NUTRITION MONTH ® in Hidalgo County and we encourage all citizens to join the campaign and become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow.

IN WITNESS WHEREOF I have hereto set my hand and caused the Great Seal of the Hidalgo County to be affixed.

PASSED AND APPROVED on this the 11<sup>th</sup> day of March, Two thousand and fourteen.

By: *Ramon Garcia*  
Title: Ramon Garcia, County Judge

Attest: *Arturo Guajardo Jr.*  
Title: Arturo Guajardo Jr., County Clerk

